Community Resource Guide

“God's people serving God's people”

Are you in need of Resources?

Start with CARE...

CARE
- COVERAGE
- ASSISTANCE
- RESOURCES
- ELIGIBILITY
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NOTE: Resource manuals are sometimes outdated as soon as they are printed. This information is current as of November, 2013. This brochure is intended to be a compilation of community resources not an endorsement of any specific organization. Organizations’ ability to help may depend on availability of funds.
ADULT DAY CARE

- Area Agency on Aging – For current information on available programs for the elderly including day care – (251) 433-6541
- EA Roberts Alzheimer’s Center – (251) 435-6950
- Grand friends –Senior Center, Dauphin St. – Christina Bailey (251) 470-5222
- LJ Conaway Adult Day Care – (251) 457-4904
- Lily Baptist Adult Day Care – (251) 433-8521
- UJ Robinson Memorial Center – (251) 479-8593
- VIA – (251) 470-5222

ADVOCACY

- Alabama Dept of Mental Health and Mental Retardation, Office of Advocacy Services – 800-367-0955; (334) 242-3454
- Alabama Disabilities Advocacy Program – 800-826-1675
- Area Agency on Aging – Information and Referral, Ombudsman, insurance counseling, nutrition program, power of attorney and living wills, Medicaid Waiver – (251) 433-6541
- 15 Place – Assists the homeless with housing, day shelter and mental health issues –(251) 432-7227
- Independent Living Center – Serving the disabled – (251) 460-0301
- Long Term Care Ombudsman – (334) 242-5743

AIDS

- AIDS Control – Mobile Co. Health Dept – (251) 690-8167
- HIV/AIDS Hotline – 800-228-0469
- South Alabama CARES – (251) 471-5277

ALCOHOL/TOBACCO/SUBSTANCE ABUSE

- Alabama Tobacco Quitline – 800-784-8669
- Alcoholics Anonymous Referral Service and Treatment Program – 24 hour helpline – (251) 479-9994
- Alta Pointe – (251) 450-2211
  - Bay Pointe School (inpatient) – (251) 661-0153
  - Gateway/Oasis - Methadone treatment and Women’s Program – (251) 666-2569
• Bradford Health Services – (251) 633-0900 (outpt.), 800-333-1865 (inpt.)
• Catholic Social Services Adolescent Substance Abuse Program – (251) 434-1550
• Emma Harvest Home for Women – (251) 478-8768
• Family Counseling Center – (251) 602-0909
• Franklin Clinic – (251) 434-8195
• Home of Grace for Women – (251) 456-7807
• Mission of Hope – (251) 649-0830
• Mobile Metro Treatment Center – (251) 476-5733
• Narcotics Anonymous - 800-711-6375
• Salvation Army – (251) 438-1625
• Serenity Care – (251) 635-1942
• United Way - 1-888-421-1266
• VA Outpatient Clinic – (251) 219-3900, (251) 574-8578
• Waterfront Rescue Mission – (251) 433-1847
• WINNERS (Women in Need of Nurturing, Education and Recovery Services) – (251) 458-3604

ALZHEIMER’S
• Alasafe.gov – Secure government website provided free for caregivers to register loved ones with dementia
• Alzheimer’s Association – 800-272-3900
• Alzheimer’s Dementia and Help Line – 251-706-4680 or www.agingsouthalabama.org
• www.alz.org – assists with selection of appropriate facility or caregiver
• Area Agency on Aging – respite services, caregiver counseling. Care team training to form volunteer teams to assist elderly and persons with dementia – ( 251) 433-6541
• Dementia Education and Training Program – 800-457-5679
• E. A. Roberts Alzheimer Center –(251) 435-6950
• Project Lifesaver – Provides wrist band transmitter – www.projectlifesaver.org
• The Long Goodbye – Support Group –(251) 471-1511

ASIAN SERVICES/ADVOCACY
• Boat People SOS – (251) 517-3011
ASSISTED LIVING
- Assisted Living Federation of America – www.alfa.org
- Long-Term Care Ombudsman – www.ltcombudsman.org
- U.S. Department of Health and Human Services – healthfinder.gov
- United Way 211

CANCER
- American Cancer Society – www.cancer.org
  - 1-800-ACS-2345 or (1-800) 227-2345
- Cancer Care Co-Payment Assistance Foundation – 866-552-6729
  (provides financial assistance to individuals with colon, colorectal, gastric, glioblastoma, and pancreatic cancer to cover the costs of co-pays for cancer medications)
- Cancer Hotline - (one on one support re: dx.) – 800-433-0464
- Cleaning for a Reason – provides free housecleaning once a month for 4 months for patients currently receiving chemotherapy - www.cleaningforareason.org
- ConvaTec Customer Interaction Service – 800-422-8811 or www.convatec.com (provides education, information and support re: ostomy care and supplies)
- Leukemia and Lymphoma Society – possible expense reimbursement – Joyce Early, Pt Rep – (205) 989-0098
- Ronald McDonald House – 1626 Springhill Ave – (251) 694-6873

CEREBRAL PALSY
- United Cerebral Palsy of Mobile – (251) 479-4900 (may help any disabled person)

CHILDREN
- Boys/Girls Clubs – (251) 432-1235 – after school and summer programs
- Big Brothers/Sisters of South Alabama – (251) 344-0536
- Child Health Services Providers (Healthy Beginnings) – 800-654-1385
- Child Welfare/Abuse
  - Child Advocacy Center – (251) 432-1101
  - DHR – (251) 450-9100

• The Family Center – (251) 479-5700 – Non-profit organization dedicated to the prevention of child abuse/neglect. Provides parenting classes and a fatherhood program.

CLOTHING
• Catholic Service Center – (251) 434-1500
• Red Cross – (251) 438-2571 – Provides clothing on an emergency basis after a fire or other disaster.

CONSUMER AFFAIRS
• Alabama Dept. of Insurance – (334) 269-3550
• Attorney General, Consumer Assistance and Litigation – 800-392-5658
• Better Business Bureau – (251) 433-5494
• Consumer Credit Counseling of Mobile – (251) 602-0011
• South Alabama Area Regional Planning Commission/Area Agency on Aging – (251) 433-6541

CRISIS INTERVENTION
• Alta Point – (251) 450-2211
• United Way - (251) 433-3624
• Rape Crisis – (251) 473-7273

CROHN’S
• USA Children’s Specialty Clinic -Dr. Karen Crissinger – pediatric gastroenterologist - (251) 405-5147 (Accepts Medicaid)

DENTAL
• Alabama Donated Dental Services – 800-414-9449
• Franklin Primary Health Center – (251) 432-4117- Adults and children. (approx. $30 for evaluation based on proof of income)
• Mobile Co. Health Dept. – (251) 690-8158 – Ages 3 to 20
• Mostellar Medical Clinic – (251) 824-2174
• University of Alabama at Birmingham, School of Dentistry – 205-934-3000 – www.dental.uab.edu
*Note: Alabama Medicaid covers only children under 19
DIABETES

- American Diabetes Association – 800-342-2383
- Diabetes Center at Providence Hospital – (251) 633-1987
- Diabetic Eye Care Program – 800-272-3937 or www.eyecare.america.org
- Lily Cares Free Insulin – 800-545-6962 (4-month supply of free insulin for those who aren’t receiving govt. assistance and have no insurance)

DISABILITY

- ADA Home Page – www.ada.gov – provided information and resources on the Americans with Disabilities Act
- ADA(Americans with Disabilities Act) Information Line – 800-514-0301 (voice), 800-514-0383 (TTY)
- Alabama Department of Rehab Services – (251) 479-8611
- Alabama Disabilities Advocacy Program – 800-826-1675
- Alabama Governor’s Office on Disability – 800-205-9986 (voice), 888-574-2257 (TTY)
- Amputee Coalition of America – 888-267-5669
- Cerebral Palsy – (251) 479-4900
- Children’s Rehab Engineering Team – www.childrensrehabengineeringteam.com – for those with disabilities who are technology challenged
- Goodwill/Easter Seals – (251) 471-1581
- Independent Living Center – (251) 460-0301
- Social Security Administration – 800-772-1213
- Mobile Social Security Office – 866-593-1922

DOMESTIC VIOLENCE

- Penelope House
  - 24 hr Crisis Line – (251) 342-8994
  - Shelter – (251) 342-3144
  - Toll-free 800-650-6522
  - Mobile Office – (251) 342-2809
  - 911
ELDER ABUSE
DHR – (251) 450-9100
Elder Abuse Hotline – 800-458-7214 or (251) 450-1800

EMERGENCY RESPONSE SYSTEMS
- Acadian on Call – 800-259-1234
- CareLink (Providence Hospital) – 1-800-525-6237

FINANCIAL ASSISTANCE
- Area Agency on Aging – 800-243-5463
- Alabama Dept of Human Resources – (251) 450-1900
- Catholic Social Services – (251) 434-1500
- Community Action – (251) 457-5700
- Consumer Credit Counseling –(251) 602-0011
- Foreclosure Hotline – Alabama State Bar – 877-393-2333
- Salvation Army – (251) 479-2389
- St. Vincent De Paul Society – (251) 432-5173
- United Way – 211 or 888-421-1266

FOOD
- 15 Place – Meals for the homeless – (251) 432-7227
- Alabama Elderly Simplified Application project – for those 60 and older with no earned income. Qualifies for food assistance for 3 years. No office appt needed, can qualify over the phone. – 1-800-438-2958
- Area Agency on Aging – (251) 433-6541 – Must be 60 or older
  Meals on Wheels- home delivered
  SAIL – Senior Activities for Independent Living – congregate and home delivered
  SNAP – Senior Farmer’s Market Nutritional Program
- Bay Area Food Bank – to be directed to food banks in a specific area call (251) 653-1617
- Catholic Social Services – (251) 434-1500
- Dauphin Way United Methodist – (251) 479-4827 (Appointment Only)
- Dumas Wesley – Congregate and home delivered – (251) 479-0649
- Food Stamps – 1-800-997-8888- South Mobile Co. residents go to the Prichard Office – (251) 457-1232
- I SHOP-4U – (251) 456-0578
- Larry’s Shop & Drop, Grocery & Errand Deliveries – (251) 454-6171
- Ransom Café – 7845 Airport Blvd., (251) 751-0044 - Meals provided for donation or an hour of volunteered time.
- Red Cross – (251) 438-2571 – Emergency (Fire or disasters)
- Salvation Army – (251) 479-2389
- St. Vincent de Paul Society – (251) 432-5173
- Supplemental Nutrition Assistance Program – Provides a preloaded EBT debit card to pay for food tax-free for older adults, age 60+ who meet income guidelines – 1-899-AGE-LINE or www.MyAlabama.gov.
- Tri-Coastal Community – (251) 865-9731
- United Way of SW AL – 211 or 888-421-1266
- Waterfront Rescue Mission – (251) 433-1847
- WIC – 800-206-5693
- Wings of Life – (251) 432-5245

**GED Preparation**
- Goodwill/Easter Seals – Elizabeth Dominique – (251) 375-9114 ext. 205 – Also offer adult literacy classes
- DESI Career Training Center – (251) 471-4443
- Mobile Community Action – (251) 457-5700

**HEART**
- American Heart Association – 800-242-8721
- Caring Hearts – (251) 631-3553 – Providence Hospital

**HEALTH CLINICS**
- Alabama Free Clinic – (251) 937-8096 – for adult residents of Baldwin County
- Bayou Clinic – (251) 824-4985
- Franklin Primary Health Centers – Includes family practice, internal medicine, pediatrics, OB-GYN, family planning, dental, optometry, pharmacy, nutrition, lab, x-ray, Social Services, transportation, medication assistance, HIV early intervention, substance abuse counseling – (251) 432-4117 (Main number)
o Prichard – (251) 452-1442
o HE Savage Healthcare for the Homeless – (251) 694-1801
o Medical Mall – (251) 432-4117
o Springhill Health Center (251) 694-0070
o University Blvd – (251) 344-1964
- Mobile Co. Health Dept – Includes family practice, women’s services, dental services, immunizations and other services at 7 medical clinics throughout Mobile County (251) 690-8158
- Mostellar Clinic – (251) 824-2174
- Sertoma Club Free Health Screening Mobile Unit – (251) 454-2903
- Stanton Road Clinic – (251) 471-7207
- USA OBGYN – (251) 415-1496 possible assistance with mammograms and pap smears
- VA Outpatient Clinic (Mobile) – (251) 219-3900
- Victory Health Partners – (251) 460-0999

**HEARING IMPAIRED**
- 711 – phone translation services
- AL Institute for the Deaf and Blind – (251) 432-7777
- Hearing Aid Helpline – 800-521-5247
- Hearing Helpline – 202-449-1100; www.betterhearing.org
- National Hearing Aid Bank – 800-648-4327
- Sertoma Club – Free screening – (251) 454-2903
- Starkey Hearing Foundation - Hear Now Program – 800-328-8602
- Veteran’s Hearing Aides – 800-648-HEAR (4327)

**HISPANIC SERVICES**
- Alabama Dept of Mental Health Advocacy – Anna Marie Sawyer 800-367-0955
- Catholic Service Center – 550 Dauphin St. – (251) 434-1500
- Catholic Social Services – Refugee Resettlement – 406 Gov’t Blvd. (251) 434-1550
- East Coast Migrant Head Start – 3810 East Wulff Rd., Semmes – (251) 645-5246
- Guadalupe Center – translations, and social work services – (251) 544-4480 or (251) 554-4481, (251) 554-4480.
• Hispanic Ministry – 712 DIP (Perry Noble, Attorney) – (251) 690-6907
• Mobile Co. Health Dept (medical, dental, WIC)
  o Main office – 251 Bayou St. – (251) 690-8158
  o Semmes Clinic – 3810 East Wulff Rd. Semmes – (251) 445-0582
  o Women’s Center (OB-GYN) – (251) 690-8930
• Mobile County Public School Migrant Program – (251) 221-5190. Includes English as a second language programs.
• Mobile Works (AL Career Center – employment for documented workers) – (251) 461-4146

HOME ASSISTANCE

• healthfinder.gov – for quality comparison of local home health agencies
• Medicaid Waiver Program – (251) 433-6541- may provide homemaker, personal care, adult daycare.
• Senior Companion Program – Volunteers working with the elderly 20 hrs/wk – (251) 574-3232
• VA Aid and Attendance Benefit – may provide income to help the family pay for help in the home or assisted living for eligible veterans and/or their widows. – (251) 574-8578

HOME REPAIR/Maintenance

• Clinton L. Johnson Center for Economic Development – (251) 470-1728
• Independent Living Center – (251) 460-0301
• Mobile Community Action – (251) 457-5700
• Mobile Housing Board – (251) 434-2200
• Tri-Coastal Community – Programs teaching residents how to repair their homes – (251) 865-9731

HOUSING*

• Bayou Plaza Apts. (subsidized) – (251) 436-8773
• Center for Fair Housing – (251) 479-1532
• Family Promise of Coastal Alabama – transitional housing needs – for families with dependent children – Teresa Ramsey, Executive Director – (251) 441-1991

Habitat for Humanity – Selection based on need, willingness to partner and the ability to repay a no-interest mortgage – (251) 476-7171
Housing First, DBA Homeless Coalition of the Gulf Coast- (251) 450-3345
McKemie Place – for homeless women – United Methodist Center Inner City Mission – (251) 432-1122
Mobile Community Action – Transitional program bridges gap from emergency shelters to permanent housing; provides temporary homes for low-income, homeless families. – (251) 457-5700
Mobile Housing Board – (251) 434-2200
Prichard Housing Board – Subsidized Housing Info & Assistance – (251) 456-3324
Red Cross – (251) 438-2571- for emergencies such as fire or disaster
Saraland Boarding House – 24 Beckham Ave, Saraland – $120/wk per person – (251) 675-2206
Sybil Smith Village – For homeless women and children – (251) 473-5526
VOA (Volunteers of America) – (251) 666-4431
  o Pine Trace – For those with disabilities
  o Magnolia – HIV/AIDS clients
  o Onderdonk – for deaf and hearing impaired – (251) 342-7569

* See also Shelters

INFORMATION and REFERRAL

AAA (Area Agency on Aging) – (251) 433-6541, 800-243-5463
Alabama Dept of Public Health – www.adph.org or 800-ALA-1818 (800-252-1818)
Alabama State website – www.alabama.gov – lists state resources including education, social services and job links.
BENEFITSCHECKUP – www.benefitscheckup.org – web site for accessing multiple resources including applications
healthcare.gov – allows individuals to compare health insurance plans and costs specific to their health needs
• OASIS – Older Alabamians System of Info and Services – 800-441-7607
• United Way – 888-421-1266
• VIA – health, fitness, enrichment center – (251) 470-5223 – Justin Skinner

INSURANCE
• Alabama Dept of Insurance – 800-433-3966 or www.aldoi.gov
• America’s Health Insurance Plans (AHIP) – (202) 778-3200 or www.ahip.org
• All-Kids – Insurance for children of low-income families – 888-373-5437 or www.adph.org/allkids/
• CARE – Providence Hospital’s insurance navigation program – Provides personal assistance with enrollment in the Health Insurance Marketplace - (251) 633-1540, 877-733-3260, carenavigator@providencehospital.org
• Health Insurance Marketplace – www.HealthCare.gov – information and application for insurance through the Health Insurance Marketplace

JOB TRAINING/EMPLOYMENT
• 15 Place – assist the homeless with job training – (251) 432-7227 or www.15place.org
• AIDT – Alabama Industrial Development Training – Provides specific job training based on market needs – www.aidt.edu – (334) 242-4158
• AL Dept of Rehab Services – Provides assessment, educational services, counseling, job training, assistive technology, mobility training and job placement for teens and adults with disabilities (251)479-8611 or www.rehab.state.al.us
• Alabama Career Center – 866-234-5382, (251) 461-4146 or www.joblink.alabama.gov
• Bishop State Community College’s Ready To Work Training Program – provides adults who have a limited education and employment experience with free entry-level workplace skills – (251) 405-7000 or 7085; 800-523-7235
• Clinton Johnson Center for Economic Development – offers education, job skills training and micro-loans to assist with small business start-up costs – (251) 470-1728
• Easter Seals Job Placement and Training – (251) 471-1581
• Mature Staffing Service – (251) 652-0585 or www.sarpc.org
• Mobile Works – (251) 432-0909 or www.mobile-works.org
• Ready To Work – Assists with resume building, completing applications and interviewing skills - (251) 405-7085 or www.aidt.edu
• Touching Hearts Senior Care – (251) 445-4204 or www.touchingheartsseniorcare.com
• Volunteers of America – assists the disabled with job training – (251) 300-3500, 800-859-4431 or www.voasoutheast.org

KIDNEY DISEASE
• National Kidney Foundation – 800-622-9010 or www.kidney.org

LEGAL ASSISTANCE
• AAA (Area Agency on Aging) – (251) 433-6541 or www.sarpc.org
• Lawyer Referral Service ($30 for first 30 min) – 153 Gov’t St. – (251) 433-1032 or www.vlpmobile.org
• Legal Services Alabama – 800-403-4872, 888-835-3505 (Spanish speaking), 251-433-6560 or www.legalservicesalabama.org
• Probate Court – Involuntary Commitment – Lu McCall, Judge Davis – (251) 574-6023
• Victim Advocate/DA’s Office – Ms. Greenwall - 574-8400
• South Alabama Volunteer Lawyers Program – free – (251) 438-1102

LITERACY
• Goodwill/Easter Seals – 375-9114 – GED Prep, may cover test fee

LUNG DISEASE
• American Lung Association – 800-LUNGUSA, (800) 586-4872

LUPUS
• Lupus Foundation of American – 800-558-0121 or www.lupus.org

Patient Resource Guide, page 16
MEDICAID

Helps pay medical bills for low-income individuals who meet eligibility requirements*

- To apply:
  - Franklin Primary – 434-8100
  - USA Women and Children’s Hospital – 415-1688/1689
- District office – 800-362-1504 - 3280 Dauphin St., Suite B, Mobile
- Nursing Home Medicaid – income limit $21.30/mo
- SSI application – 800-772-1213 – Income limits; single - $730; couple - $1,086
- QMB – Income limits; single – $978/mo, couple – $1313/mo.

*Income limits as of November, 2013. Go to [www.medicaid.state.al.us/apply](http://www.medicaid.state.al.us/apply) for most current info

MEDICAL EQUIPMENT

- Goodwill Easter Seals – (251) 471-1581

MEDICARE

- 800-MEDICARE or [www.medicare.gov](http://www.medicare.gov)
- Area Agency on Aging – Part D education/information – (251) 706-4617
- Medicare Fraud Hotline – 800-447-8477
- SHIP – Provides assistance re: Medicare benefits – 800-243-5463

MEDICATIONS

- Alabama Aids Drug Reimbursement Program – covers some HIV/AIDS medications – 1-800-344-1153
- Coast2CoastRxCard – [www.coast2coastrx.com/mobilea](http://www.coast2coastrx.com/mobilea)
- Lilly TrueAssist Program – [www.lilytrueassist.com](http://www.lilytrueassist.com) or 1-855-599-8783
- Medicare Extra Help Program – [www.ssa.gov/prescriptionhelp](http://www.ssa.gov/prescriptionhelp) - may assist with monthly premiums, annual deductibles and prescription co-payments
- Medicaid – recipients pay $1-$5 per script
- Mobile Community Action – 957-6722 – May assist with up to $75 for medication costs annually
- NeedyMeds – locates free medications and discounted medication cards for most medications – [www.needymeds.org](http://www.needymeds.org)
• Ozanam Charitable Pharmacy – www.ozanampharmacy.org or (251) 432-4111, 555 Dauphin St, Mobile, 36602
• Partnership for Prescription Assistance – assists the uninsured in locating medication assistance programs - 888-477-2669 or www.pparx.org
• Patient Access Network Foundation – assists underinsured patients with co-pays for their chronic disease or cancer medications - 866-316-7263 or www.panfoundation.org
• Prescription Outreach Program – provides discounted prescription medications to qualified low-income individuals and families - 800-769-3880, www.rxoutreach.com
• Senior Rx – Assist low-income individuals who are 55 and older or disabled with applying for medication assistance – (251) 706-4638
• Target $4 – usually offers the same meds as Wal-Mart – www.target.com
• VA – 219-3900, 800-827-1000
• Wal Mart $4 – Will fill certain generic prescriptions for $4 for 30 day supply, $10 for 90 day supply. Current list can be found at www.walmart.com

MENTAL HEALTH
• 800- SUICIDE (784-2433)
• 800-273-TALK (273-8255)
• Alabama Dept of Mental Health/Mental Retardation- State Advocate – (251) 478-2761 – Zena May
• Alta Point
  o Crisis Line – 473-4423
  o Clinical Director – Margaret Posey – 450-5904
  o Access to Care – 450-2211
• Bay Area Grief Coalition – Grief support services for children ages 4-19 and their families – 432- 6200 or www.dauphinumc.org
• Catholic Social Services – 434-1550
• Mostellar Clinic – Provides counseling services through Alta Pointe. 450-2211
• National Alliance for the Mentally Ill (NAMI) – (251) 433-4060
• VA – (251) 219-3900
MENTAL RETARDATION AND DEVELOPMENTALLY DISABLED

- Alabama Lifespan Respite Resources Network – 866-RESTALA – Includes funds to assist caregivers caring for children (0-19) with developmental delays and adults who are mentally retarded
- Mobile ARC (MARC)– (251) 479-7409

MISCELLANEOUS

- Caring Voice – 888-267-1440 or www.caringvoice.org – provides financial and emotional support for those with chronic diseases
- Good Samaritan – 202-307-5983 – Assists elderly victims of crime with repairs, support
- Gulf Regional Childcare Management Agency – 473-1060 – Provide parenting education and early learning for families in south Mobile County with young children
- Tri-Coastal Community – 865-9731 – Assists residents with variety of needs (food, bldg supplies, clothing) based on supplies

NURSING HOMES

- Leading Age - 202-783-2242
- Long-Term Care Ombudsman – www.ltcombudsman.org
- Medicare’s Nursing Home Compare – www.medicare.gov
- National Consumer Voice for Quality Long-Term Care – www.theconsumervoice.org

OSTEOPOROSIS

- National Osteoporosis Foundation – 800-231-4222 or www.nof.org

PARKINSON’S DISEASE

- American Parkinson’s Disease Assn. – 800-223-2732 or www.apdaparkinson.org

PREGNANCY

- 2 B Choices for Women – 343-4636
- Mobile County Department of Health – 690-8889
- Women’s Resource Center – 473-4000
REHABILITATION

- Alabama Department of Rehab Services – 479-8611

SENIOR SERVICES

- Alabama Department of Senior Services – 800-AGELINE (243-5463) or www.alabamaageline.gov
- Area Agency on Aging – 433-6541 – For ages 60 and over provides information and Referral, nutrition program, health insurance assistance, ombudsman for assisted and long-term living, Medicaid Waiver, Senior Rx, volunteer programs, caregiver programs (includes those under 60 with dementia), legal counseling, transportation

SHELTERS

- 15 Place – For the homeless offers meals, day shelter, day care, showers, laundry services – (251) 432-7227
- McKemie Place (for women) – United Methodist Inner City Mission – 432-1122
- Salvation Army – (251) 438-1625 for men and (251) 471-0029 for women
- Waterfront Rescue Mission – 433-1847
- Wings of Life – 432-5245

SICKLE CELL DISEASE

- Sickle Cell Disease Association – 432-0301

SOCIAL SECURITY

- www.socialsecurity.gov
- Determination office – 800-292-6743
- Interpreters to explain SS (no charge) – 800-772-1213
- Local Office – 866-593-1922

SPINAL CORD INJURY

- National Spinal Cord Association – 800-962-9629

STROKE

- National Stroke Association – 800-STROKES (787-6537)
TAXES
- 15 Place – assists the homeless with tax preparation – 432-7227
- AARP Information Center – (251) 470-5235
- Mobile Community Action – 957-6722. Assists with income tax prep Jan.-April
- United Way of Central Alabama – 211 or 866-869-4921

TRANSLATORS
- Alabama Institute for the Deaf and Blind – hearing impaired interpreting – 432-7777
- American Red Cross – all languages – (251) 544-6100
- Boat People SOS – Asian languages – (251) 517-3011
- Catholic Social Services – 432-2727
- Guadalupe Center – Spanish – (251) 544-4480 or (251) 544-4481

TRANSPORTATION
- Angel Flight – coordinates air transportation for charitable and medical needs – 918-749-8992 or www.angelflight.com
- Corporate Angel Network – (air travel) – arranges free air transportation for cancer patients traveling for treatment – 866-328-1313 or www.corpangelnetwork.org
- Dumas Wesley – (251) 479-0649
- 15 Place – limited transportation available for homeless clients – (251) 432-7227
- Handicap Parking – mobilecountylc.com for application
- Handi-Van (Wave Transit) – (251) 344-5656 or www.thewavetransit.com, $4 round trip
- Independent Living Center – (251) 460-0301, transportation services for the disabled
- National Patient Travel Center (flights) – 800-296-1217
- Passport Transportation at Mary Abbie Berg – (251) 478-3311 (VIA)
- Red Cross – (251) 544-6100 - Emergency Transportation
- St Vincent de Paul Society – for the elderly or stranded – (251) 432-5173
- VA – (251) 219-3776 or (251) 219-3903 – VA Clinic provides transportation to other VA facilities but client must schedule ahead. Ask for Patient Rep.
- Volunteers of America – transportation for the disabled – (251) 300-3500
- Wheelchair Vans
  o Metro Transit Mobile MAP – (251) 633-5693 – Wheelchair and special needs transportation
  o Newman’s – (251) 471-1541 ($45 plus $2 per mile after first 8 miles)
  o Yellow Cab - (251) 476-7711

**UTILITIES – assistance based on availability of funds**
- Alabama Public Service Commission – Contact your local phone service provider – Anyone who participates in Medicaid, Food Stamps, SSI, Section 8, Low Income Home Energy Assistance Program, Temporary Assistance for Needy Families may qualify for one of the following:
  o Lifeline – Offers a free cell phone with 200 minutes per month
- LinkUp – Provides a credit towards the connection fee for home phone service
- Alabama Power Customer Service –800- 245-2244
- Catholic Social Services – (251) 434-1500
- Dauphin Way United Methodist – (251) 479-4827
- Lifegate Ministries (Christ United Methodist Church) – seniors and disabled only – (251) 380-0583 – For those 62 and older
- Mobile Community Action –(251) 479-9587 (Mobile); (251) 824-7026
- Red Cross – (251) 436-7914- Power or gas for elderly or disabled. Call 9-3 for appt.
- St Vincent De Paul Society – (251) 432-5173

**VETERANS**
- Veterans Affairs – (251) 574-8578 – 1150 Government St, Suite 107, Mobile (Bay Haas Bldg.)
VISION

- Alabama Department of Rehabilitation Services - (251) 479-8611 or 1-800-441-7607
- Alabama Early Intervention System – 334-293-7166
- Alabama Institute for the Deaf and Blind – 251-432-7777
- Alabama Lions’ Sight Conservation Association – 205-325-8519 Help low-income adults w/vision related problems including cataracts and prosthesis. Must go through local Lion’s Club.
- American Council of the Blind – 800-424-8666
- CSVR (Community Services for Vision) – (251) 476-4744 Non-profit medical clinic which provides evaluation and rehabilitation to those with vision loss. Features initial evaluation by and MD or OD, training by Occupational Therapist and strong glasses or magnifiers.
- Hadley Vision Center – (251) 432-4117 (Franklin Primary)
- Lion’s Club – Provides eyeglasses and exams for indigent persons but must be referred by Catholic Social Services, Salvation Army, Mobile Association for the Blind, Alta Pointe, Waterfront Rescue Mission
- Low Vision Support Group – 251-432-7777
- Mission Cataract USA – 800-343-7265
- Mobile Association for the Blind – (251) 473-3585, 877-29BLIND
- Mobile County Health Dept – (251) 690-8139
- New Eyes for the Needy – 973-376-4903 – www.neweyesfortheneedy.org – provides vouchers for prescription glasses
- Senior Eye Care Program – 800-222-3937
- Zenni Optical – provides glasses for $8-$49 – www.zennioptical.com or 800-211-2105
Providence Hospital Mission

Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable. Our Catholic health ministry is dedicated to spiritually centered, holistic care which sustains and improves the health of individuals and communities. We are advocates for a compassionate and just society through our actions and our words.

Providence Hospital Values

We are called to:

• **Service of the Poor** – generosity of spirit, especially for persons most in need
• **Reverence** – respect and compassion for the dignity and diversity of life
• **Integrity** – inspiring trust through personal leadership
• **Wisdom** – integrating excellence and stewardship
• **Creativity** – courageous innovation
• **Dedication** – affirming the hope and joy of our ministry