
2026 COMMUNITY RESOURCES GUIDE



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A decorative graphic at the bottom of the page consisting of three overlapping, wavy shapes. The top shape is dark blue, the middle is a teal color, and the bottom is a bright blue. They are arranged in a way that they appear to flow from left to right, with the bright blue shape being the largest and most prominent on the right side.

Community Resources for Mobile County 2025

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* This document was researched and compiled by Kristina Polizzi and Edited by Wendy Johnson and Sarah Denkin

Community Resources for Mobile County 2025

This document is updated yearly, and information may change please contact the businesses for additional information. For regular updates please check our web version
<https://www.mobilepubliclibrary.org/community-resources>

Quick Reference

Crisis Hotlines

- **Alcoholics Anonymous**
 - **Phone Number:** (251) 479-9994
 - **Email Address:** swacoaa@gmail.com
 - **Address:** 600 Bel Air Blvd., Suite 224, Mobile, AL 36606
 - **Web Address:** <https://mobileaa.org/>
 - **Programs:**
 - Our phone service can reach someone 24 hours a day for those in immediate need, as it pertains to an urgent need to stop drinking.
- **AltaPointe Health**
 - **Phone Number:**
 - Access To Care: (251) 450-2211
 - Patient Relations: (833) 921-1811
 - Human Resources: (251) 450-5919
 - **Address:** 5750 Southland Dr. # A. Mobile, AL 36693
 - **Web Address:** <https://altapointe.org/>
 - **Programs:**
 - Shelter Plus Care
 - Projects for Assistance in Transition from Homelessness PATH
 - Semi-Independent Living
 - Rehabilitative Day Program
 - Jail Diversion
 - Substance Abuse
 - Children's Day Treatment (Mobile and Baldwin)
 - Reaching & Encouraging Active Parenting (REAP)
 - **Crisis Services for Children and Teens:** call (251) 450-2211 / (888) 335-3044 any time of the day or night
 - **Project Achieve:** Addresses the complex challenges of families with children diagnosed with mental illness and developmental disability.
 - **The Independent Living Program:** prepares young people for the challenges and opportunities they face as self-sufficient adults. The program serves young adults ages 16 to 21 who have either gainful

employment or are in school full time. *Residents must be referred by the Alabama Department of Human Resources*

- **Adolescent Independence Program:** Through a contract with the Alabama Department of Human Resources, Alta Pointe provides intensive services and support to young adults, ages 16 to 21, who are under DHR care. This home-like facility in Mobile County can accommodate ten young men. Group homes and a supported employment program are also available.

- **American Red Cross**

- **Phone Number:**
 - (800)-733-2767
 - Local Office: (251) 544-6100
- **Address:** 35 N Sage Ave., Mobile, AL 36607
- **Hours:** Monday – Friday from 8:00 A.M. – 5:00 P.M.
- **Web Address:** <https://www.redcross.org/>
- **Programs:**
 - Have you been affected by a home fire or other disaster? The Red Cross is here for you. Please call us 24 hours a day.
 - **Emergency Shelters and Veteran Assistance:**
 - Call for more information.
 - Office hours are Monday - Friday, 8 AM – 5 P.M.

- **Childhelp National Child Abuse Hotline**

- **Phone Number:** (800) 422-4453
- **Web Address:** <https://www.childhelpline.org/>
- **Programs:**
 - Reporting child abuse can be scary, but if you are a witness to or a victim of child abuse there is a huge benefit to making the report yourself.
 - Being able to tell your story firsthand gives the childcare worker much better information than if it came from someone not involved.

- **Crisis Text Line**

- **Phone Number:** Text HOME to 741741
- **Web Address:** <https://www.crisistextline.org/>
- **Programs:**
 - Text from anywhere in the United States, anytime.
 - **Crisis Text Line** is here for any crisis. A live, trained Crisis Counselor receives the text and responds, all from our secure online platform.

- **DoD Safe Helpline**

- **Phone Number:** 877-995-5247
- **Web Address:** <https://safehelpline.org/>
- **Programs:**
 - All **Safe Helpline** services are anonymous, confidential, and tailored to support members of the DoD community and their loved ones affected by sexual assault.
 - Operated by RAINN for the Department of Defense
 - Online chat hotline

- **FEMA Emergency Hotline**
 - **Phone Number:** (800) 621-3362
 - **Email Address:** AskIA@fema.dhs.gov
 - **Web Address:** <https://www.fema.gov/>
 - **Programs:**
 - FEMA's mission is helping people before, during, and after disasters. Over 20,000 agency employees form a team of dedicated emergency management leaders. These leaders work collaboratively to share experiences and resources, building the FEMA the nation needs and deserves. They draw upon the strengths and expertise of stakeholders from all levels of government — tribal nations, territories, individuals, communities, the private sector, and nonprofit organizations — to guide how FEMA accomplishes its mission.
 - Whether it is before a flood, amid hurricane season, or after a wildfire damages a community, FEMA is committed to helping people.

- **Lifelines/Family Counseling Center of Mobile, Inc.**
 - **Phone Number:** (251) 602-0909
 - **Address:** 705 Oak Circle Drive E., Mobile, AL 36609
 - **Web Address:** <https://www.lifelinesmobile.org/>
 - **Programs:**
 - Mental & Emotional Wellness & Anger Counseling
 - Family, Marital & Divorce Counseling
 - Children & Adolescent Counseling
 - Grief & Loss
 - Budget & Debt Counseling
 - Housing Counseling
 - Suicide Support and Resources
 - Prevention Education
 - **Rape Crisis Center** 24/7 Victim Services call
 - (251) 602-0909 or (800) 718-7273
 - Early Intervention
 - Regardless of if you are someone in need of services, or someone who wants to give back to the community, or both – there is a place for you at Lifelines. At Lifelines, we CARE. Through Counseling, Assistance, Referrals and Education, it is our goal to provide Real Solutions for Real Problems that are experienced as a part of daily living.

- **Love is Respect**
 - **Phone Number:** 866-331-9474
 - **Web Address:** <https://www.loveisrespect.org/>
 - **Programs:**
 - We offer confidential support for teens, young adults, and their loved ones seeking help, resources, or information related to healthy relationships and dating abuse in the US.
 - We are available by text ("LOVEIS" to 22522), call (866-331-9474), or live chat online.

- **Mobile County Emergency Management Agency**
 - **Phone Number:** (251) 460-8000
 - **Website:** <https://mcema.net/>
 - **Programs:**
 - Check the website or call for shelter locations at time of emergency as they are subject to change.
- **National Center for Missing and Exploited Children**
 - **Phone Number:** 800-843-5678
 - **Web Address:** <https://www.missingkids.org/home>
 - **Programs:**
 - For Missing and exploited children
- **National Domestic Violence Hotline**
 - **Phone Number:** (800) 799-7233
 - **Web Address:** <https://www.thehotline.org/>
 - **Programs:**
 - The Family Violence Prevention and Services Act (FVPSA) provides funding for the ongoing operation of a 24-hour, national, toll-free telephone hotline.
- **National Helpline for Male Survivors**
 - **Phone Number:** 800-656-4673
 - **Web Address:** <https://1in6.org>
 - **Programs:**
 - For male abuse survivors
 - Online chat hotline
- **National Human Trafficking Hotline**
 - **Phone Number:** 888-373-7888
 - **Web Address:** <https://humantraffickinghotline.org/>
 - **Programs:**
 - For Human Trafficking Survivors or reporting
 - Online chat hotline
- **National Runaway Safeline**
 - **Phone Number:** Call or text 1-800-RUNAWAY (1-800-786-2929)
 - **Web Address:** <https://www.1800runaway.org/>
 - **Programs:**
 - Confidential crisis intervention and support for runaway, homeless, and at-risk youth and their families.
 - Available 24/7 via phone or live chat through our website.
 - May provide free bus tickets back home for qualifying youth ages 12-21.
- **National Sexual Assault Hotline - RAINN**
 - **Phone Number:** (800) 656-4673
 - **Web Address:** <https://rainn.org/>
 - **Programs:**
 - Please call us 24 hours a day.

- RAINN is the nation's largest anti-sexual violence organization. RAINN created and operated the National Sexual Assault Hotline in partnership with more than 1,000 local sexual assault service providers across the country. If you or someone you know has been sexually assaulted, help is available.
 - Online chat hotline
 - Spanish online chat hotline
- **National Street Harassment Hotline**
 - **Phone Number:** 855-897-5910
 - **Web Address:** <https://hotline.rainn.org/ssh-en>
 - Online chat hotline
 - **Programs:**
 - a service of Stop Street Harassment
- **National Suicide and Crisis Line**
 - **Phone Number:** Dial 988
 - **Web Address:** <https://988lifeline.org/>
 - **Programs:**
 - Dial 988
 - For TTY Users: Use your preferred relay service or dial 711 then 988
 - Please call us 24 hours a day.
- **Penelope House**
 - **Phone Number:** (251) 342-8994
 - **Web Address:** <https://penelopehouse.org/>
 - **Programs:**
 - The crisis line is answered 24 hours a day, 365 days a year to provide emergency shelter, Domestic Violence counseling, information, and referral services to victims of Domestic Violence and their children.
 - **Males and Females are welcome.**
- **Rape Crisis Center**
 - **Phone Number:**
 - **Local:** (251) 602-0909
 - **24/7 Hotline:** (800) 718-7273
 - **Address:** 705 Oak Cir. Dr. E., Mobile, AL 36609
 - **Web Address:** <https://www.lifelinesmobile.org/>
 - **Programs:**
 - **Counseling:** Free and confidential crisis counseling is provided to survivors of sexual violence. This is available for the survivor and their family, friends, intimate partners, or other secondary survivors.
 - **Legal Advocacy:** If a client wishes to press charges against her/his assailant, our staff will serve as an advocate throughout the law enforcement and criminal justice proceedings.
 - **Forensic Examination:** where do I go? - Specially trained to handle sexual assault cases, Sexual Assault Nurse Examiners (SANE) are available 24 hours a day at USA Children's and Women's Hospital in Mobile, AL. If you have been assaulted, a forensic exam can be performed and evidence collected up to 120 (preferably within 72) hours

after the assault. Victim participation is at the discretion of the victim while at the hospital. A victim may decline any or all parts of the exam and choose whether to report to law enforcement. Trained volunteer advocates will meet you at the hospital.

- **The Child Therapeutic Unit:** The Child Therapeutic Unit works with children of sexual and domestic abuse. Children and their families are referred through the Department of Human Resources, the Mobile Police Department, the Mobile Sheriff's Office, the Prichard Police Department or by calling the Rape Crisis Center Sexual Assault Hotline.

- **Veterans Crisis Line**

- **Phone Number:**
 - Dial 988 then Press 1
 - Text 838255
- **Web Address:** <https://www.veteranscrisisline.net/>
- **Programs:**
 - You're not alone, the Veterans Crisis Line is here for you. You don't have to be enrolled in VA benefits or health care to call.
 - Please call us 24 hours a day.

- **Veterans Recovery Resources**

- **Phone Number:** (251) 405-3677
- **Email Address:** info@vetsrecover.org
- **Address:** 1200 Springhill Ave., Mobile, AL 36604
- **Web Address:** <https://vetsrecover.org/>
- **Programs:**
 - Vets Recover is a trusted organization dedicated to providing comprehensive care and support to veterans, first responders, and their families. Our mission is to remove barriers to care, deliver quality integrated health care, and build a better community through recovery and connection.
 - Our Outpatient Facility delivers the highest quality integrated healthcare and accelerates well-being to treat the whole person while providing hope and healing. We offer primary care screening and monitoring; psychiatric rehabilitation; behavioral health services, peer support services, transportation assistance; and more
 - We are working to remove barriers to care by offering services such as Telehealth, transportation assistance, and 24/7 Crisis Care.

- **VictimConnect**

- **Phone Number:** 855-484-2846
- **Web Address:** <https://victimconnect.org/>
- **Programs:**
 - Free, confidential support for victims and survivors of all types of crime anywhere in the U.S. Phone, text, and services available. Get help today
 - **VictimConnect Resource Center (VCRC)** is a weekday phone, chat, and text-based referral helpline operated by the National Center for Victims of Crime.

- Services are available for all victims of crime in the United States and its territories. Visitors to the hotline receive strength-based and trauma-informed services and referrals in over 200 languages.
- The Victim Assistance Specialists receive extensive training and mentoring to provide emotional support, information, and referrals that empower visitors as they navigate the physical, emotional, legal, and financial consequences of crime. Referrals are tailored to individual needs and can be made to local, state, and national organizations.

Information and Transportation Guides

- **211 Connect Alabama**
 - **Phone Number:** Call 211 or Text your zip code to 898-211
 - **Email Address:** info@211connectsalabama.org
 - **Website:** <https://www.211connectsalabama.org/>
 - **Programs:**
 - Dialing 2-1-1 connects you to a trained operator 24/7 that has access to a comprehensive database with a multitude of services in your community.
 - 2-1-1 is designed to assist families from all walks of life, but most importantly benefits our most vulnerable populations such as the elderly, people with disabilities, and low-income by facilitating access to public services.
 - You can text for help too! Text your zip code to 898-211 and message one of our live 2-1-1 specialists for help.
- **Alabama Possible**
 - **Phone Number:** (205) 939-1408
 - **Email Address:** info@alabamapossible.org
 - **Web Address:** <https://alabamapossible.org/>
 - **Programs:**
 - **Alabama Goes to College Campaign** provides FAFSA and college application completion support to students across the state.
 - The **Alabama Direct Admission Initiative** allows ALL high school seniors across Alabama to now be admitted to participating in-state colleges and universities – **no applications required**. Through this direct admission approach, students are recognized for their hard work with no stress, no applications, and no rejections. It's a simpler, more supportive way to start the college journey.
 - Poverty simulations which are designed to sensitize those who frequently support families living in poverty, as well as to create a broader awareness of the realities of poverty among policymakers, business and community leaders, students, faculty, administrators, and more.
- **Alabama Small Business Development Center Network (SBDC)**
 - **Phone Number:** 1-877-825-7232
 - **Address:** 358 St Louis St., Mobile, AL 36602
 - **Web Address:** <https://www.asbdc.org/>
 - **Programs:**

- The Alabama Small Business Development Center network is a statewide, inter-institutional program to enhance economic growth in Alabama by providing management and technical assistance to small businesses.
 - **Professional Business Advisors** are available in 10 Small Business Development Centers (SBDC) located at our member university partners across the state. The Alabama SBDC Network provides existing and aspiring entrepreneurs with the expert assistance, tools, training, and education they need to succeed
- **Autism Support of Alabama**
 - **Phone Number:** 1-877-428-8476
 - **Web Address:** <https://autism-alabama.org/>
 - **Programs:**
 - Information and resource assistance
 - Resource directory
 - Community education (i.e., parents, providers, family members) through our quarterly e-newsletter, exhibitions, speaking engagements, conferences, workshops and more.
 - Parent networking and support across the state. CARE Binders provide crucial resources for families in a binder which is designed to also be used as a mechanism for organizing medical, personal, and educational documents so that such information is easily accessible.
 - Community Events such as sensory sensitive activities, in addition to, events which promote awareness and acceptance of autism.
 - Safety Resources such as autism-related training for first responders and other safety resources for families to help in keeping their loved ones safe.
 - **Family Grants** which provide financial assistance with providing respite care, ABA therapy or swim lessons, collaboration efforts with other state agencies to improve services for persons with autism spectrum disorders, **Sibshops** which provide an avenue for children and teens who have a brother or sister with autism to connect.
 - **Family Camps** which provide families with a weekend to get away, unplug and connect with each other and other families of children with autism from across the state by participating in traditional camp activities which are adapted for special needs.
- **Feeding the Gulf Coast**
 - **Phone Number:** (251) 653-1617
 - **Address:** 5248 Mobile S St. Theodore, AL 36582
 - **Web Address:** <https://www.feedingthegulfcoast.org/find-help/find-a-pantry>
 - **Programs:**
 - Feeding the Gulf Coast has a network of community partners that are prepared to provide groceries to those in need. Hours of operation may be limited; please call the agency before attending a distribution to see if days or hours may have changed.
 - In addition to our agencies, this feature will also allow you to find Food Distributions and Child Meal Sites.
 - Food Distributions are single-day food drops in your area (also known as a Mobile Pantry).

- Child Meal Sites are sites serving daily meals for children, ages 18 and younger. The child must be present to receive the meal.
- **FEMA Emergency Hotline**
 - **Phone Number:** (800) 621-3362
 - **Email Address:** AskIA@fema.dhs.gov
 - **Web Address:** <https://www.fema.gov/>
 - **Programs:**
 - FEMA's mission is helping people before, during, and after disasters. Over 20,000 agency employees form a team of dedicated emergency management leaders. These leaders work collaboratively to share experiences and resources, building the FEMA the nation needs and deserves. They draw upon the strengths and expertise of stakeholders from all levels of government — tribal nations, territories, individuals, communities, the private sector, and nonprofit organizations — to guide how FEMA accomplishes its mission.
 - Whether it is before a flood, amid hurricane season, or after a wildfire damages a community, FEMA is committed to helping people.
- **Mobile Parks and Recs Community Centers**
 - **Phone Number:** (251) 208-1652
 - **Web Address:** <https://www.cityofmobile.org/parks-rec/community-centers>
 - **Programs:**
 - The City of Mobile has fifteen community centers: nine large centers with multiple rooms and gymnasiums and six small centers located in neighborhood parks.
 - Our center staff and partners provide daily classes and activities, as well as seasonal sports leagues.
 - Most of our centers can be rented or reserved for private events.
 - For more information on rentals, go to our Rentals & Permits page.
- **Mobile Public Library – Connection Center**
 - **Phone Number:** (251) 340-1536
 - **Address:** 701 Government St., Mobile, AL 36602
 - **Web Address:** <https://www.mobilepubliclibrary.org/connection-center>
 - **Programs:**
 - Knowledgeable staff can help with your job search, whipping your resume into shape and finding resources to prepare for your next interview.
 - Whether your business is just getting started or already established, our Connection Center has the tools you need. We have meeting spaces, sample business plans, and librarians that can help you find the resources you need to do business better.
 - From learning computer skills to creating flyers, we offer classes to help build your business skills.
 - Need help starting that business plan or editing that resume? Email or call to book a one-hour appointment with one of our trained staff.
- **National Runaway Safeline**
 - **Phone Number:** Call or text 1-800-RUNAWAY (1-800-786-2929)

- **Web Address:** <https://www.1800runaway.org/>
 - **Programs:**
 - Confidential crisis intervention and support for runaway, homeless, and at-risk youth and their families.
 - Available 24/7 via phone or live chat through our website.
 - May provide free bus tickets back home for qualifying youth ages 12-21.
 - **Senior Resource Information Guide**
 - **Web Address:** <https://www.ecdol.org/independent-living-for-seniors-and-assisted-living-residences-in-mobile-alabama.html>
 - **Programs:**
 - **Senior Resources** in Alabama and the United States including assisted living, home health/in-home care, independent living, memory care, palliative care, personal care, respite care, and skilled nursing.
 - **Tax Resources**
 - **Web Address:** <https://www.mobilepubliclibrary.org/tax-resources>
 - **Programs:**
 - Links to tax assistance
 - Tax Forms
 - **Workforce Alabama**
 - **Phone Number:** (251) 461-4146
 - **Address:** 515 Springhill Plaza Ct., Mobile, AL 36608
 - **Web Address:** <https://alabamaworks.alabama.gov/vosnet/default.aspx>
 - **Programs:**
 - Alabama's network of 57 **One-Stop Alabama Career Centers** and satellites are strategically located throughout the state.
 - Job search and development, occupational and educational training, vocational rehabilitation, veterans' services, and unemployment insurance information are offered.
-

Career Assistance

Employment and Education Assistance

- **Alabama Baptist Children's Home and Family Ministries**
 - **Phone Number:** (251) 639-1022
 - **Address:** 6512 Grelot Rd., Mobile, AL 36695
 - **Hours:** Monday – Friday from 8:00 A.M. – 4:30 P.M.
 - **Web Address:** <https://www.alabamachild.org/>
 - **Programs:**
 - Provides safe and stable homes to help struggling mothers and their dependent children to get back on their feet.
 - This program provides a mother and her children with transitional housing while she gains or maintains employment, saves money, receives counseling, and learns life skills such as budgeting and healthy parenting techniques.
 - Depending on their commitment to the program, mothers may stay for up to one year.
- **Alabama Disabilities Advocacy Program (ADAP)**
 - **Phone Number:** (205) 348-4928
 - **Web Address:** <https://sites.ua.edu/adap/>
 - **Programs:**
 - Housing
 - Employment
 - Healthcare Access
 - Treatment and supports in the least restrictive environment
 - Community Access: Individuals with SMI or SED will have access to services and opportunities that will enhance their ability to live and work independently, as active and equal members of their communities
 - Individual special education advocacy services to families of children with SED, engage in systems change activities to ensure that youth with SED are afforded equal educational opportunities
 - **Educational Opportunities:** youth with SED will be provided a free appropriate public education in their least restrictive environment.
- **Alabama Governor's Office on Disability (Good)**
 - **Phone Number:** 888-879-3582
 - **Address:** 602 South Lawrence St., Montgomery, AL 36104
 - **Web Address:** <https://www.good.alabama.gov/>
 - **Programs:**
 - Our mission is to facilitate the inclusion of Alabamians with disabilities in education, employment, housing, transportation, health care, and leisure.
- **Alabama Institute for the Deaf and Blind (AIDB)**
 - **Phone Number:** (251) 432-7777
 - **Address:** 1050 Government St., Mobile, AL 36604
 - **Web Address:** <https://www.aidb.org>

- **Programs:**
 - Recognized leader of diverse residential and community-based education
 - Rehabilitation
 - Employment programs that prepare individuals who are deaf, blind, deafblind, and multi-disabled to reach their potential in education, independence, and career.
 - Sign Language Interpreter Services
- **Alabama Possible**
 - **Phone Number:** (205) 939-1408
 - **Email Address:** info@alabamapossible.org
 - **Web Address:** <https://alabamapossible.org/>
 - **Programs:**
 - Alabama Goes to College Campaign provides FAFSA and college application completion support to students across the state.
 - The **Alabama Direct Admission Initiative** allows ALL high school seniors across Alabama to now be admitted to participating in-state colleges and universities – **no applications required**. Through this direct admission approach, students are recognized for their hard work with no stress, no applications, and no rejections. It's a simpler, more supportive way to start the college journey.
 - Poverty simulations which are designed to sensitize those who frequently support families living in poverty, as well as to create a broader awareness of the realities of poverty among policymakers, business and community leaders, students, faculty, administrators, and more.
- **Alabama Small Business Development Center Network (SBDC)**
 - **Phone Number:** 1-877-825-7232
 - **Address:** 358 St Louis St., Mobile, AL 36602
 - **Web Address:** <https://www.asbdc.org/>
 - **Programs:**
 - The Alabama Small Business Development Center network is a statewide, inter-institutional program to enhance economic growth in Alabama by providing management and technical assistance to small businesses.
 - **Professional Business Advisors** are available in 10 Small Business Development Centers (SBDC) located at our member university partners across the state. The Alabama SBDC Network provides existing and aspiring entrepreneurs with the expert assistance, tools, training, and education they need to succeed
- **Alabama State Personnel Department**
 - **Phone Number:** (334) 242-3389
 - **Web Address:** <https://personnel.alabama.gov/>
 - **Programs:**
 - Career opportunities
 - State internships
 - Agency services
 - Applications: (334) 242-3389

- **AltaPointe Health**
 - **Phone Number:**
 - Access To Care: (251) 450-2211
 - Patient Relations: (833) 921-1811
 - Human Resources: (251) 450-5919
 - **Address:** 5750 Southland Dr. # A. Mobile, AL 36693
 - **Web Address:** <https://altapointe.org/>
 - **Programs:**
 - Shelter Plus Care
 - Projects for Assistance in Transition from Homelessness PATH
 - Semi-Independent Living
 - Rehabilitative Day Program
 - Jail Diversion
 - Substance Abuse
 - Children's Day Treatment (Mobile and Baldwin)
 - Reaching & Encouraging Active Parenting (REAP)
 - **Crisis Services for Children and Teens:** call (251) 450-2211 / (888) 335-3044 any time of the day or night
 - **Project Achieve:** Addresses the complex challenges of families with children diagnosed with mental illness and developmental disability.
 - **The Independent Living Program:** prepares young people for the challenges and opportunities they face as self-sufficient adults. The program serves young adults ages 16 to 21 who have either gainful employment or are in school full time. *Residents must be referred by the Alabama Department of Human Resources*
 - **Adolescent Independence Program:** Through a contract with the Alabama Department of Human Resources, Alta Pointe provides intensive services and support to young adults, ages 16 to 21, who are under DHR care. This home-like facility in Mobile County can accommodate ten young men. Group homes and a supported employment program are also available.
- **Communities of Transformation**
 - **Email Address:** cbrown@communitiesoftransformation.org
 - **Web Address:** <https://www.communitiesoftransformation.org/mobile>
 - **Programs:**
 - COT Mobile seeks to meet people where they are. As a community, we seek to walk with each other as we grow and move towards a stable future.
 - Everyone is welcomed with open arms into a supportive and uplifting environment. We are strategic in our planning of programming geared toward addressing the needs of the current participants. We are working to become part of the continuum of care that non-profits in Mobile offer to families in transition.
 - We strive to work with community partners to connect families to resources needed in their long-term planning. Change is a process and we want to support you as you take that next step.
 - We provide courses and training, as well as organize seminars and other programming on a wide array of topics. Initially we began by offering poverty training but we have since added more of a general leadership

curriculum to assist individuals with setting and keeping personal goals by providing a community of accountability and encouragement.

- Our programming is dependent on the needs of those who attend but often includes budgeting, employment, general life skills, or leadership. In the past at our other sites, we have also held poverty simulations, work service days, and awareness walks for a variety of causes.
- We meet weekly on Monday nights at 5:30 PM. Contact us for location details.

- **Department of Human Resources: JOBS Program**

- **Phone Number:**

- (334) 242-1773
 - (251) 450-7300 Option 3

- **Web Address:** <https://dhr.alabama.gov/family-assistance/jobs-program/>

- **Programs:**

- The JOBS Program, DHR's **welfare-to-work program**, is operational in all 67 Alabama counties. The program provides services and work support to parents receiving cash assistance to help them find and retain employment.
 - These services and supports seek to address barriers such as lack of adequate childcare, poor access to transportation, domestic violence, and substance abuse, all of which limit the ability to obtain and retain employment.
 - Services also include employability assessments, job readiness, job skills training, disability assessments, and adult education.
 - Following an initial interview which involves individual and family assessments, JOBS case managers provide services directly or by referral to other agencies.

- **Goodwill Gulf Coast**

- **Phone Number:** (251) 471-1581

- **Address:** 2440 Gordon Smith Dr., Mobile, AL 36617

- **Web Address:** <https://www.goodwillgulfcoast.org/>

- **Programs:**

- Early childhood resources
 - GED and English Language Learner classes
 - Goodwill Gulf Coast is partnering with Mobile Public Library to offer small GED classes, tailored to YOU, on Tuesday and Thursday evenings beginning at 4:00 p.m. in the Technology Center at the Ben Main May Library. You must sign up in advance before joining the class. Complete the form to be entered into the state system and enroll in the class. For more information about GED classes, call LaToya with Goodwill Gulf Coast at 251-300-6278.
 - Work training and job search assistance
 - Medical and disability services are available as well.
 - **The We Share program** provides equipment such as wheelchairs, walkers, and personal care items, available at no cost, with limited funding from the Alabama Department of Rehab (STAR program).

Medical equipment is available for anyone at all our retail stores (ask a cashier, items subject to availability).

- **Kaleidoscope** is a program for younger adults who have recently transitioned out of high school and other non-senior adults who desire to remain active and engaged in structured daytime learning and recreational activities. Our goal is to help adults with developmental and/or other disabilities to enhance skills and characteristics important to personal growth, happiness, and self-sufficiency through meaningful and challenging group activities. The program operates in Mobile on our Gordon Smith campus, Monday – Friday (7:30 – 5:00).
- Through the **Volunteer Income Tax Assistance (VITA)** program, low- to moderate-income families can file a Federal and State return for free with help from a volunteer, IRS-certified and trained tax preparer.
- **Child development center** in partnership with the local school system in Mobile. Children of all abilities receive high quality instruction with small child-staff ratios. Our center is in Mobile off Old Shell Road at Spring Hill Presbyterian Church.

- **Independent Living Center of Mobile**

- **Phone Number:** (251) 460-0301
- **Address:** 6750 Howell's Ferry Rd., Mobile, AL 36618
- **Web Address:** <https://ilcmobile.org/>
- **Programs:**
 - We provide several core services, including information and referral, advocacy, skills and training, peer support, transition to home setting, and additional services.

- **Mobile Area Interfaith Conference**

- **Phone Number:** (251) 308-8725
- **Address:** 67 Midtown Park E., Mobile, AL 36606
- **Web Address:** <https://mobileareainterfaith.org/>
- **Programs:**
 - **Mobile County Metro Chaplaincy Programs:** Through the pre-release services at Mobile County Metro Jail Chaplaincy Program, inmates can attend GED classes, job readiness classes and religious services.
 - **The Neighbor Center:** Neighbors returning from incarceration to the Mobile Area can receive reentry case management services along with assistance with housing, employment, transportation, identification, and other needs.
 - **Academy for Workforce Development:** The Academy offers Neighbors assistance with Job Placement, Job Training, Internships, Preparatory Classes, and Employment Case Management.
 - Mobile Area Interfaith Conference, Inc (MAIC) is a collaborative effort involving faith-based organizations and religious congregations. The organization is dedicated to fostering the development of community resources to address unmet human needs, with a primary focus on serving marginalized citizens.

- **Mobile Civil Service**
 - **Phone Number:** (251) 470-7727
 - **Address:** 1809 Government St., Mobile, AL 36606
 - **Web Address:** <https://www.personnelboard.org/>
 - **Programs:**
 - The Personnel Department provides our agencies with qualified employees. In turn, we serve the citizens of Mobile County by ensuring that the filling of local government jobs is based upon merit and ability and eliminates political factors, nepotism, or favoritism.

- **Mobile Housing Authority**
 - **Phone Number:**
 - **Office:** (251) 434-2200
 - **Clinton Johnson Center:** (251) 470-1728
 - **Bishop State:** (251) 662-5370
 - **Career Links:** (251) 433-1358 for ages 16-21
 - **Address:** 151 S. Claiborne St., Mobile, AL 36602
 - **Hours:** Monday - Friday from 8:00 AM to 4:30 PM.
 - **Web Address:** <https://www.mobilehousing.org/>
 - **Programs:**
 - **Educational programs:** GED preparation, free to low-income people within the city limits of Mobile. These programs are available at three centers:
 - **Senior Services:** Housing assistance, case management, transportation, wellness programs, meal services, computer access.
 - Housing counseling program
 - Financial planning assistance
 - Daycare and after-school care for children. Cost varies by ability to pay and is discounted for people in public housing.

- **Mobile Public Library – Connection Center**
 - **Phone Number:** (251) 340-1536
 - **Address:** 701 Government St., Mobile, AL 36602
 - **Web Address:** <https://www.mobilepubliclibrary.org/connection-center>
 - **Programs:**
 - Knowledgeable staff can help with your job search, whipping your resume into shape and finding resources to prepare for your next interview.
 - Whether your business is just getting started or already established, our Connection Center has the tools you need. We have meeting spaces, sample business plans, and librarians that can help you find the resources you need to do business better.
 - From learning computer skills to creating flyers, we offer classes to help build your business skills.
 - Need help starting that business plan or editing that resume? Email or call to book a one-hour appointment with one of our trained staff.

- **Our Sister's Closet**

- **Phone Number:** (251) 423-2001
- **Email Address:** oursisterscloset@comcast.net
- **Address:** <https://oursisterscloset.org/>
- **Web Address:** 2605 Springhill Ave., Mobile, AL 36604
- **Programs:**
 - Free job search services
 - Write & type resumes
 - Resume review
 - Interview coaching
 - Job search assistance
 - **BY APPOINTMENT ONLY:**
 - Please call or Email to make an appointment.
- **Ryan's Refuge**
 - **Phone Number:**
 - Eric Overstreet - (251) 228-8454
 - Heather Overstreet - (207) 267-0530
 - **Address:** 554 South Craft Hwy., Mobile, AL 36617
 - **Web Address:** <https://www.ryanrefuge.com/>
 - **Programs:**
 - Mission Statement: Stabilization of Displaced Persons.
 - **We are a First Steps Program with the goal of getting men off the streets and into the kingdom!**
 - Our 1st step and number one goal is stabilization. We do this through providing housing, mental health care, rehabilitation, detox, and health care.
 - Step 2 is Legalization. We will make sure they have all documentation (birth cert, SS card, ID, etc.) We will also handle legal issues such as probation, warrants, fines, etc.
 - Step 3 is referral to Next Step Programs and job training to prepare these men to be active and successful member of society.
- **Southwest Alabama Partnerships for Training and Employment (SWAPTE)**
 - **Phone Number:** (251) 432-0909
 - **Address:** 515 Springhill Plaza Ct., Mobile, AL 36608
 - **Web Address:** <https://www.swapte.org/>
 - **Programs:**
 - Southwest Alabama Partnerships for Training and Employment (SWAPTE) is the workforce investment agency operating under the Workforce Innovation and Opportunity Act. (WIOA).
 - SWAPTE underwrites training and employment programs to get jobseekers skilled, trained, and ready to enter the workforce.
- **The Family Center**
 - **Phone Number:** (251) 479-5700
 - **Email Address:**
 - To register for a class please email us at ParentProject@gulfcoastfamilycenter.org
 - To sign up for a service please email us at contact@familycentermobile.org

- o **Address:** 3100 Cottage Hill Rd., Mobile, AL 36606
- o **Web Address:** <https://familycentermobile.org/>
- o **Programs:**
 - **Positive Parenting Classes:** built on the premise that maltreatment of children can be treated and prevented through a systematic application of family-based parenting classes.
 - **Elevate Healthy Relationships:** free classes for couples that focus on strengthening communication skills, deepening emotional connections, conflict resolution techniques, and more.
 - **Strengthening Families Responsible Parenting Program** is a year-long program that strengthens families through parenting classes, workshops, case management, and supporting and establishing high-quality, emotionally supportive parent-child relationships. The target population for our program is custodial and non-custodial fathers and mothers who are underemployed or unemployed. Some may also need a high school diploma or GED, and others may need more skills or knowledge to obtain gainful career employment.
 - **A-RESET** is a 90-day program that aims to help SNAP recipients meet work requirements by gaining skills, training, education, or work experience to make them more self-sufficient. All program participants who want to become employed or find better employment must receive SNAP benefits or meet eligibility requirements. Participants will work on skills such as resume building, interviewing preparation, supervised job searches, and individualized case management to reduce barriers to employment. We are currently serving Mobile and Baldwin Counties.
 - **We provide Supervised Visitation** for non-custodial parents with physical locations in Baldwin and Mobile Counties. Our trained specialist offers one-on-one supervision to ensure children's safety and well-being during their visit in a home-like atmosphere in our offices. These visits are structured to mimic a home environment while the children create lifelong memories in a safe and nurturing space. Domestic, criminal, and juvenile courts, community programs, and parents can make referrals for supervised visitation. There are fees associated with this program, with discounts offered if parents engage in other Family Center programs. Visitation is available by appointment only in both offices, seven days a week.
 - **Monitored Exchanges** are available to those parents who need to avoid contact when transferring children for visitation. This service is available to any parent but focuses on parents with restraining orders or other domestic violence concerns. The goal is to provide children with safe and secure custody exchanges and a safe and secure place to visit with their non-custodial parent or grandparent. These exchanges are free, thanks to a generous grant from the Alabama Office of the Courts.
 - **Healthy Start - Never Shake a Baby** is a prevention program that deals directly with one of the most serious forms of child abuse in children: Shaken Baby Syndrome (SBS). We are currently partnered with USA Children's and Women's Hospital where we teach basic information about calming your baby, reducing stress, and finding support and services. They also learn about the deadly effects that can happen when a baby is shaken. We also provide a demonstration with our Shaken Baby Simulator.

- **Loving Solutions** is a parent program for parents raising difficult or out-of-control children ages 5 to 10. It offers step-by-step solutions for parents raising adolescent children in today's complex society. A built-in parent support group provides parents with both emotional and practical support as they make necessary changes at home.
 - **Parent Project Senior - Changing Destructive Adolescent Behavior** is a parent program to meet the needs of parents raising strong-willed or out-of-control adolescents. It uniquely focuses on the most destructive adolescent behaviors (alcohol and drug use, violence, sexual activity, etc.). Most parents in this course believe "nothing works with my child." Using 'Steps for Success,' parents will see positive changes at home. Preparing our Students for Success is a 2-hour virtual program focused on helping children improve their school attendance and performance. The strategies provided in this training program are to help reduce truancy and poor academic performance.
 - **Parent Community Liaison Program:** aims to strengthen family well-being and student academic performance for families with students in the Mobile County Public School System. Services include Parent Coaching and Support, Emergency Assistance, Housing Assistance, Employment Assistance, Educational Skills, and training.
- **Waterfront Rescue Mission of Alabama**
 - **Phone Number:** (251) 433-1847
 - **Address:** 279-A N. Washington Ave., Mobile, AL 36603
 - **Web Address:** <https://waterfrontmission.org/>
 - **Programs:**
 - Waterfront Rescue Mission of Mobile, Alabama serves men experiencing food insecurity, homelessness, addiction, and other personal challenges. Our services include free day services for men, women, and families in need—providing meals, clothing, basic hygiene items, bag storage, and mail services; overnight shelter for men; comprehensive rescue programs designed to break the cycle of homelessness and help men achieve employment and sustainable housing; and a nine-month recovery program for those seeking to overcome life-dominating addictions.
 - **Overnight Shelter (Men Only):** Check-in from 4 PM to 6:30 PM.
 - **Day Services (Men, Women, and Families):** Monday-Friday from 8 AM to 3 PM.
- **Workforce Alabama**
 - **Phone Number:** (251) 461-4146
 - **Address:** 515 Springhill Plaza Ct., Mobile, AL 36608
 - **Web Address:** <https://alabamaworks.alabama.gov/vosnet/default.aspx>
 - **Programs:**
 - Alabama's network of 57 **One-Stop Alabama Career Centers** and satellites are strategically located throughout the state.

- Job search and development, occupational and educational training, vocational rehabilitation, veterans' services, and unemployment insurance information are offered.

Family Services

Child Care

- **Alabama Department of Rehabilitation**
 - **Phone Number:**
 - (800) 879-8163
 - (251) 432-4560
 - **Address:** 1610 Center St. Suite A., Mobile, AL 36604
 - **Web Address:** <https://www.rehab.alabama.gov/>
 - **Programs:**
 - **Early Intervention (EI) Birth to 3**
 - **Children's Rehabilitation (CRS) Under 21**
 - Vocational Rehabilitation (VRS) Job Training
 - VRS – Blind and Deaf (VRS-BD) Specialized
 - Independent Living (SAIL) Homebound
 - From birth through adulthood, we have programs and a highly skilled, compassionate staff who can help assess your situation and provide the most appropriate treatment, therapies, and services. Whatever we can do to help you reach your maximum potential, we'll be with you and your family all the way.
- **Boys & Girls of South Alabama**
 - **Phone Number:** (251) 432-1235
 - **Address:** P.O. Box 6724 Mobile, AL 36660
 - **Web Address:** <https://www.bgcsouthal.org/>
 - **Programs:**
 - safe space for youth 6-18 years old to go after school and during the summer.
 - We focus on helping kids become future ready through programming in key areas such as:
 - Academic Success
 - Character & Leadership
 - Healthy Lifestyles
 - Teen Programs/ Life & Workforce Readiness
 - S.T.E.M. Programs
 - We have 5 Traditional Clubs located within Mobile & Baldwin Counties, while other clubhouse locations are located in local schools. Our vision is "ONE club in multiple locations. We help kids find a community where they learn, play & grow."
- **Camp Peace After School Program**
 - **Phone Number:** (251) 680-4613
 - **Address:** 658 Donald St., Mobile, AL 36617
 - **Hours:** Mondays from 3:00 P.M. - 5:00 P.M.
 - **Web Address:** <https://www.lightofthevillage.org/projecto-2>
 - **Programs:**

- Camp Peace After School Programs: Meal, Bible Study, Tutoring & Activities for Elementary Students
 - Contact janie@lightofthevillage.org for more info and to register.
- **Child Care South**
 - **Phone Number:** (251) 433-2878
 - **Address:** 1501 Government St # 5, Mobile, AL 36604
 - **Web Address:** <https://dhr.alabama.gov/child-care/>
 - **Programs:**
 - Child Care South offers reasonably priced childcare. To be eligible for this service, the low-income parent must be employed and/or enrolled in school.
- **Department of Human Resources: The Family Assistance (TANF) Program**
 - **Phone Number:**
 - (251) 450-7300 Option 2
 - **Address:** 2970 Cottage Hill Rd., Suite 150, Mobile, AL 36606
 - **Web Address:** <https://dhr.alabama.gov/family-assistance/>
 - **Programs:**
 - This program provides help to low-income families with a dependent child under age 18 or under age 19 if the child is a full-time student.
 - Services that are provided are temporary cash payments, work and training services, and childcare assistance for parents who are employed or in training activities. **Temporary assistance for needy families (T.A.N.F.)**
- **East Coast Migrant Head Start Project (ECMHS)**
 - **Phone Number:** (251) 415-5002
 - **Address:** 851 East Interstate 65 Service Road South, Suite 506, Mobile, AL 36606
 - **Web Address:** <https://www.ecmhsp.org/alabama>
 - **Programs**
 - We provide free educational services for the children of agricultural workers, from 6 weeks to 5 years old.
 - The families that qualify and enroll in our program do not have to pay for any of the services they receive.
 - Parenting education, parent training on topics related to child development, nutrition, and health & safety, adult education in financial literacy, computer basics, ESL and more.
 - ECMHSP actively recruits and provides services to children suspected of or diagnosed with a disability.
 - The agency partners with local providers to ensure children with disabilities receive appropriate services in the least restrictive environment, ensuring full inclusion with non-disabled peers.
 - Active recruitment of children with disabilities. Children enrolled in our program visit their medical provider on a schedule of preventive and primary health care to ensure that growth is as expected, and any problem is identified early. This early identification can reduce complications, improve health outcomes, and ensure each child attending our program is ready to learn and succeed.

- **Goodwill Gulf Coast**

- **Phone Number:** (251) 471-1581
- **Address:** 2440 Gordon Smith Dr., Mobile, AL 36617
- **Web Address:** <https://www.goodwillgulfcoast.org/>
- **Programs:**
 - Early childhood resources
 - GED and English Language Learner classes
 - Goodwill Gulf Coast is partnering with Mobile Public Library to offer small GED classes, tailored to YOU, on Tuesday and Thursday evenings beginning at 4:00 p.m. in the Technology Center at the Ben Main May Library. You must sign up in advance before joining the class. Complete the form to be entered into the state system and enroll in the class. For more information about GED classes, call LaToya with Goodwill Gulf Coast at 251-300-6278.
 - Work training and job search assistance
 - Medical and disability services are available as well.
 - **The We Share program** provides equipment such as wheelchairs, walkers, and personal care items, available at no cost, with limited funding from the Alabama Department of Rehab (STAR program). Medical equipment is available for anyone at all our retail stores (ask a cashier, items subject to availability).
 - **Kaleidoscope** is a program for younger adults who have recently transitioned out of high school and other non-senior adults who desire to remain active and engaged in structured daytime learning and recreational activities. Our goal is to help adults with developmental and/or other disabilities to enhance skills and characteristics important to personal growth, happiness, and self-sufficiency through meaningful and challenging group activities. The program operates in Mobile on our Gordon Smith campus, Monday – Friday (7:30 – 5:00).
 - Through the **Volunteer Income Tax Assistance (VITA)** program, low- to moderate-income families can file a Federal and State return for free with help from a volunteer, IRS-certified and trained tax preparer.
 - **Child development center** in partnership with the local school system in Mobile. Children of all abilities receive high quality instruction with small child-staff ratios. Our center is in Mobile off Old Shell Road at Spring Hill Presbyterian Church.

- **Light of the Village Church**

- **Phone Number:** (251) 680-4613
- **Address:** 333 Baldwin Dr., Prichard, AL 36610
- **Web Address:** <https://www.lightofthevillage.org/>
- **Programs:**
 - **Hot Meal:** Free of Charge Thursdays at Noon Contact morganc@lightofthevillage.org for more info.
 - **Camp LOV After School Programs:** Meal, Bible Study, Tutoring & Activities for Elementary Students on Tuesdays and Thursdays from 3:00 P.M. - 5:15 P.M. Contact elisabeth@lightofthevillage.org for more info and to register.

- **Mobile Housing Authority**
 - **Phone Number:**
 - **Office:** (251) 434-2200
 - **Clinton Johnson Center:** (251) 470-1728
 - **Bishop State:** (251) 662-5370
 - **Career Links:** (251) 433-1358 for ages 16-21
 - **Address:** 151 S. Claiborne St., Mobile, AL 36602
 - **Hours:** Monday - Friday from 8:00 AM to 4:30 PM.
 - **Web Address:** <https://www.mobilehousing.org/>
 - **Programs:**
 - **Educational programs:** GED preparation, free to low-income people within the city limits of Mobile. These programs are available at three centers:
 - **Senior Services:** Housing assistance, case management, transportation, wellness programs, meal services, computer access.
 - Housing counseling program
 - Financial planning assistance
 - Daycare and after-school care for children. Cost varies by ability to pay and is discounted for people in public housing.
- **New Age Academy**
 - **Phone Number:** (251) 599-7621
 - **Address:** 1000 Hillcrest Rd., Mobile, AL 36695
 - **Web Address:** <https://www.facebook.com/tutoringnewage/>
 - **Programs:**
 - Low-cost childcare after school
 - Sign Language Classes
 - Programs for Autistic Children.
- **Ruff Wilson Youth Organization, INC**
 - **Phone Number:** (251) 621-7171
 - **Address:** 1317 Johnson Rd., Daphne, AL 36526
 - **Web Address:** <https://rwyo.org/>
 - **Programs:**
 - **After school Programs:** Homework Assistance, Character Building, Recreational Activities for Grades K-6
- **YMCA**
 - **Phone Number:** (251) 344-5646
 - **Web Address:** <https://ysal.org/>
 - **Programs:**
 - The YMCA provides such care with the fee charged according to household income based on a sliding fee scale.
 - Multiple locations

Resources for Children

- **Alabama Baptist Children's Home and Family Ministries**
 - **Phone Number:** (251) 639-1022
 - **Address:** 6512 Grelot Rd., Mobile, AL 36695
 - **Hours:** Monday – Friday from 8:00 A.M. – 4:30 P.M.
 - **Web Address:** <https://www.alabamachild.org/>
 - **Programs:**
 - Provides safe and stable homes to help struggling mothers and their dependent children to get back on their feet.
 - This program provides a mother and her children with transitional housing while she gains or maintains employment, saves money, receives counseling, and learns life skills such as budgeting and healthy parenting techniques.
 - Depending on their commitment to the program, mothers may stay for up to one year.

- **Alabama Department of Mental Health - Office of Autism Services**
 - **Phone Number:** 1-800-499-1816
 - **Address:** 100 North Union St., Montgomery, AL 36130
 - **Web Address:** <https://mh.alabama.gov/autism-services/>
 - **Programs:**
 - Autism services are available for Medicaid-eligible children and youth with autism, aged birth through 20, who require more intensive support.

- **Alabama Department of Rehabilitation**
 - **Phone Number:**
 - (800) 879-8163
 - (251) 432-4560
 - **Address:** 1610 Center St. Suite A., Mobile, AL 36604
 - **Web Address:** <https://www.rehab.alabama.gov/>
 - **Programs:**
 - Early Intervention (EI) Birth to 3
 - Children's Rehabilitation (CRS) Under 21
 - Vocational Rehabilitation (VRS) Job Training
 - VRS – Blind and Deaf (VRS-BD) Specialized
 - Independent Living (SAIL) Homebound
 - From birth through adulthood, we have programs and a highly skilled, compassionate staff who can help assess your situation and provide the most appropriate treatment, therapies, and services. Whatever we can do to help you reach your maximum potential, we'll be with you and your family all the way.

- **Alabama Institute for the Deaf and Blind (AIDB)**
 - **Phone Number:** (251) 432-7777
 - **Address:** 1050 Government St., Mobile, AL 36604
 - **Web Address:** <https://www.aidb.org/>
 - **Programs:**
 - Recognized leader of diverse residential and community-based education
 - Rehabilitation

- Employment programs that prepare individuals who are deaf, blind, deafblind, and multi-disabled to reach their potential in education, independence, and career
- Sign Language Interpreter Services
- **AltaPointe Health**
 - **Phone Number:**
 - Access To Care: (251) 450-2211
 - Patient Relations: (833) 921-1811
 - Human Resources: (251) 450-5919
 - **Address:** 5750 Southland Dr. # A. Mobile, AL 36693
 - **Web Address:** <https://altapointe.org/>
 - **Programs:**
 - Shelter Plus Care
 - Projects for Assistance in Transition from Homelessness PATH
 - Semi-Independent Living
 - Rehabilitative Day Program
 - Jail Diversion
 - Substance Abuse
 - Children's Day Treatment (Mobile and Baldwin)
 - Reaching & Encouraging Active Parenting (REAP)
 - **Crisis Services for Children and Teens:** call (251) 450-2211 / (888) 335-3044 any time of the day or night
 - **Project Achieve:** Addresses the complex challenges of families with children diagnosed with mental illness and developmental disability.
 - **The Independent Living Program:** prepares young people for the challenges and opportunities they face as self-sufficient adults. The program serves young adults ages 16 to 21 who have either gainful employment or are in school full time. *Residents must be referred by the Alabama Department of Human Resources*
 - **Adolescent Independence Program:** Through a contract with the Alabama Department of Human Resources, Alta Pointe provides intensive services and support to young adults, ages 16 to 21, who are under DHR care. This home-like facility in Mobile County can accommodate ten young men. Group homes and a supported employment program are also available.
- **Autism Support of Alabama**
 - **Phone Number:** 1-877-428-8476
 - **Web Address:** <https://autism-alabama.org/>
 - **Programs:**
 - Information and resource assistance
 - Resource directory
 - Community education (i.e., parents, providers, family members) through our quarterly e-newsletter, exhibitions, speaking engagements, conferences, workshops and more.
 - Parent networking and support across the state. CARE Binders provide crucial resources for families in a binder which is designed to also be used as a mechanism for organizing medical, personal, and educational documents so that such information is easily accessible.

- Community Events such as sensory sensitive activities, in addition to, events which promote awareness and acceptance of autism.
 - Safety Resources such as autism-related training for first responders and other safety resources for families to help in keeping their loved ones safe.
 - **Family Grants** which provide financial assistance with providing respite care, ABA therapy or swim lessons, collaboration efforts with other state agencies to improve services for persons with autism spectrum disorders, **Sibshops** which provide an avenue for children and teens who have a brother or sister with autism to connect.
 - **Family Camps** which provide families with a weekend to get away, unplug and connect with each other and other families of children with autism from across the state by participating in traditional camp activities which are adapted for special needs.
- **Boys & Girls of South Alabama**
 - **Phone Number:** (251) 432-1235
 - **Address:** P.O. Box 6724 Mobile, AL 36660
 - **Web Address:** <https://www.bgcsouthal.org/>
 - **Programs:**
 - safe space for youth 6-18 years old to go after school and during the summer.
 - We focus on helping kids become future ready through programming in key areas such as:
 - Academic Success
 - Character & Leadership
 - Healthy Lifestyles
 - Teen Programs/ Life & Workforce Readiness
 - S.T.E.M. Programs
 - We have 5 Traditional Clubs located within Mobile & Baldwin Counties, while other clubhouse locations are located in local schools. Our vision is "ONE club in multiple locations. We help kids find a community where they learn, play & grow."
- **Camp ASCCA**
 - **Phone Number:** (256) 825-9226
 - **Web Address:** <https://www.campascca.org/>
 - **Programs:**
 - Mission Statement: The Camp ASCCA mission is to help eligible individuals with disabilities and/or health impairments achieve equality, dignity, and maximum independence. This is to be accomplished through a safe and quality program of camping, therapeutic recreation, virtual programming, and education in a year-round barrier-free environment.
 - Our goal is to serve those who can derive maximum benefit from the resident camp experience and provide a healthier, happier, longer, and more productive life for children and adults of all abilities.
- **Camp Peace After School Program**
 - **Phone Number:** (251) 680-4613

- **Address:** 658 Donald St., Mobile, AL 36617
- **Hours:** Mondays from 3:00 P.M. - 5:00 P.M.
- **Web Address:** <https://www.lightofthevillage.org/projecto-2>
- **Programs:**
 - Camp Peace After School Programs: Meal, Bible Study, Tutoring & Activities for Elementary Students
 - Contact janie@lightofthevillage.org for more info and to register.
- **Child Care South**
 - **Phone Number:** (251) 433-2878
 - **Address:** 1501 Government St # 5, Mobile, AL 36604
 - **Web Address:** <https://dhr.alabama.gov/child-care/>
 - **Programs:**
 - Child Care South offers reasonably priced childcare. To be eligible for this service, the low-income parent must be employed and/or enrolled in school.
- **Childhelp National Child Abuse Hotline**
 - **Phone Number:** (800) 422-4453
 - **Web Address:** <https://www.childhelpline.org/>
 - **Programs:**
 - Reporting child abuse can be scary, but if you are a witness to or a victim of child abuse there is a huge benefit to making the report yourself.
 - Being able to tell your story firsthand gives the childcare worker much better information than if it came from someone not involved.
- **Department of Human Resources: The Family Assistance (TANF) Program**
 - **Phone Number:**
 - (251) 450-7300 Option 2
 - **Address:** 2970 Cottage Hill Rd., Suite 150, Mobile, AL 36606
 - **Web Address:** <https://dhr.alabama.gov/family-assistance/>
 - **Programs:**
 - This program provides help to low-income families with a dependent child under age 18 or under age 19 if the child is a full-time student.
 - Services that are provided are temporary cash payments, work and training services, and childcare assistance for parents who are employed or in training activities. **Temporary assistance for needy families (T.A.N.F.)**
- **Dumas Wesley Community Center**
 - **Phone Number:** (251) 479-0649
 - **Address:** 126 Mobile St., Mobile, AL 36607
 - **Web Address:** <https://www.dumaswesley.org/>
 - **Programs:**
 - **Transitional Housing Program, Sybil H. Smith Family Village, (SSFV)**
 - SSFV seeks to help homeless single women and homeless women with children establish and maintain self-sufficiency. An 18-unit facility that provides 24 months of housing for up to 150 individuals annually.

- Contact Sybil Smith Family Village at 251-473-5526 for further information on eligibility requirements and application procedures.
- Mandatory case management, life skills classes and job readiness courses for program participants
- Residents are required to work full-time and/or attend school full-time
- Childcare and after school care provided for families
- Sober living environment
- <https://www.dumaswesley.org/transitional-housing/>
- **Baldwin Family Village**
 - The Baldwin Family Village provides 12 months of housing stability and wrap-around services for up to 100 single women and women with children annually from Baldwin County.
 - BFV seeks to break the cycle of homelessness and help women and children re-establish and maintain self-sufficiency by focusing on accountability, case management, life skills, and behavior modification.
 - Contact the Baldwin Family Village, at 251-210-4045 for further information on eligibility requirements and application procedures.
 - <https://www.dumaswesley.org/baldwinfamilyvillage/>
- **Youth Programming**
 - **The After School Achievement Program (ASAP)** provides a variety of academic and character-building activities for underserved youth. Programming includes: tutoring, science, technology, engineering, arts and mathematics (STEAM) workshops, career exploration, sports activities, a meal program and special "youth-empowered" events.
 - **The Summer Recreation Program** serves area children ages 6-15. The fun-filled summer includes a variety of educational field trips, academic enrichment, STEAM workshops, swimming, and a five-day trip to Camp Blue Lake in Andalusia, Alabama.
 - <https://www.dumaswesley.org/afterschoolachievementprogram/>
 - <https://www.dumaswesley.org/summerprogram/>
- **Senior Services**
 - The Senior Activities for Independent Living (SAIL) program offers daily enrichment to low-income seniors 60 and older living in the 36607 and 36617 zip codes.
 - Congregate and homebound meals provided to seniors five days a week
 - On-site, weekly activities including: life skills classes, nutrition education, wellness checks, exercise classes and recreation
 - Transportation provided to and from the Center, as well as trips to the doctor, pharmacy and other life-sustaining services for enrolled participants
 - <https://www.dumaswesley.org/seniors/>
- **Food pantry**

- A community partner of the Dumas Wesley Community Center, The Joseph Project (TJP), is a mission of Ashland Place United Church.
 - The food pantry is open to all in need and completely volunteer-supported and operated on the 1st and 3rd Thursday of each month. The food pantry is open from 10:00 AM – Noon at the Dumas Wesley Community Center.
 - The pantry serves 100 households on a first come, first served basis. Participants can receive supplemental food once a month.
- **Clothing Closet:**
 - Provides clothing and items free of charge to our program participants, helping them on their path to self-sustainability. Clothing assistance is also available to the local community by appointment only.
 - <https://www.dumaswesley.org/clothingcloset/>
- **Utility Assistance Program**
 - The Utility Assistance Program helps current and former Dumas Wesley participants maintain utility services. This program requires accountability as the participant must pay 50% of their utility bill.
 - Dumas Wesley subsequently pays the remainder of the bill directly to the utility company to ensure that funds are used for intended purposes. Assistance is available by appointment only.
 - <https://www.dumaswesley.org/utilityassistance/>
- **Dwell Mobile**
 - **Phone Number:** (251) 487-9766
 - **Address:** 2496 Government Blvd., Mobile, AL 36606
 - **Web Address:** <https://www.dwellmobile.org/programs>
 - **Programs:**
 - Food Pantry: 3rd Saturday of the month at 9:30 A.M. The line begins prior to the start time. Supply is limited, arrive accordingly.
 - English Classes: Mondays & Wednesdays 7:00 P.M.- 8:00 P.M. & Tuesdays and Thursdays 10:00 A.M.-11:15 A.M.
 - **Passport to Literacy:** A tutoring program that promotes literacy among 1st through 12th grade children of resettled refugee and immigrant families. Attendance is incentivized by membership on Dwell's soccer team. Passport is a 12-week program that runs both in the fall and spring of each year.
- **East Coast Migrant Head Start Project (ECMHS)**
 - **Phone Number:** (251) 415-5002
 - **Address:** 851 East Interstate 65 Service Road South, Suite 506, Mobile, AL 36606
 - **Web Address:** <https://www.ecmhsp.org/alabama>
 - **Programs**
 - We provide free educational services for the children of agricultural workers, from 6 weeks to 5 years old.
 - The families that qualify and enroll in our program do not have to pay for any of the services they receive.

- Parenting education, parent training on topics related to child development, nutrition, and health & safety, adult education in financial literacy, computer basics, ESL and more.
 - ECMHSP actively recruits and provides services to children suspected of or diagnosed with a disability.
 - The agency partners with local providers to ensure children with disabilities receive appropriate services in the least restrictive environment, ensuring full inclusion with non-disabled peers.
 - Active recruitment of children with disabilities. Children enrolled in our program visit their medical provider on a schedule of preventive and primary health care to ensure that growth is as expected, and any problem is identified early. This early identification can reduce complications, improve health outcomes, and ensure each child attending our program is ready to learn and succeed.
- **Franklin Medical and Dental Express**
 - **Phone Number:** (251) 432-4117
 - **Address:** 1303 Dr Martin Luther King Jr Ave., Mobile, AL 36603
 - **Hours:** Monday - Friday from 8:00 A.M. – 5:00 P.M.
 - **Web Address:** <https://franklinprimary.org/>
 - **Programs:**
 - **Dental:** Exams, cleanings, sealants temporary fillings, extractions, partials, dentures, flippers, whitening
 - **Franklin Medical & Dental Express:** by appointment only.
 - Pediatrics
 - OB/GYN
 - Family medicine
 - Internal medicine
 - Geriatrics
 - Rheumatology
 - Optometry
 - Physical therapy
 - Nutrition services, wellness & fitness services
 - Social services
 - Substance abuse prevention and treatment
 - HIV/AIDS services including case management and health education
 - Pharmacy
 - Laboratory and x-ray
 - Transportation services for the homeless
- **Goodwill Gulf Coast**
 - **Phone Number:** (251) 471-1581
 - **Address:** 2440 Gordon Smith Dr., Mobile, AL 36617
 - **Web Address:** <https://www.goodwillgulfcoast.org/>
 - **Programs:**
 - Early childhood resources
 - GED and English Language Learner classes
 - Goodwill Gulf Coast is partnering with Mobile Public Library to offer small GED classes, tailored to YOU, on Tuesday and Thursday evenings beginning at 4:00 p.m. in the Technology

Center at the Ben Main May Library. You must sign up in advance before joining the class. Complete the form to be entered into the state system and enroll in the class. For more information about GED classes, call LaToya with Goodwill Gulf Coast at 251-300-6278.

- Work training and job search assistance
 - Medical and disability services are available as well.
 - **The We Share program** provides equipment such as wheelchairs, walkers, and personal care items, available at no cost, with limited funding from the Alabama Department of Rehab (STAR program). Medical equipment is available for anyone at all our retail stores (ask a cashier, items subject to availability).
 - **Kaleidoscope** is a program for younger adults who have recently transitioned out of high school and other non-senior adults who desire to remain active and engaged in structured daytime learning and recreational activities. Our goal is to help adults with developmental and/or other disabilities to enhance skills and characteristics important to personal growth, happiness, and self-sufficiency through meaningful and challenging group activities. The program operates in Mobile on our Gordon Smith campus, Monday – Friday (7:30 – 5:00).
 - Through the **Volunteer Income Tax Assistance (VITA)** program, low- to moderate-income families can file a Federal and State return for free with help from a volunteer, IRS-certified and trained tax preparer.
 - **Child development center** in partnership with the local school system in Mobile. Children of all abilities receive high quality instruction with small child-staff ratios. Our center is in Mobile off Old Shell Road at Spring Hill Presbyterian Church.
- **Gulf Regional Early Childhood Services**
 - **Phone Number:** (251) 473-1060
 - **Address:** 3101 International Drive Building 6 Mobile, AL 36606
 - **Web Address:** <https://www.grecs.org/>
 - **Programs:**
 - Early Head Start (EHS) comprehensive early childhood development programs provide children and families with access to a range of services such as health screenings, referrals and follow-up support, parenting resources, and social services.
 - Research shows that EHS positively impacts children’s cognitive, language, and social-emotional development; family self-sufficiency; and parental support of child development
- **Individual & Family Support of South Alabama**
 - **Phone Number:** (251) 438-1609
 - **Address:** 1050 Government St., Mobile, AL 36604
 - **Web Address:** <https://famsupport.com/>
 - **Programs:**
 - I&FS strives to meet the unmet needs of individuals with developmental disabilities developed before the age of 22.

- Assist with funds for transportation, bills, etc.
 - Help connect people with other resources and have an annual food, summer building program and toy drive.
- **Lifelines/Family Counseling Center of Mobile, Inc.**
 - **Phone Number:** (251) 602-0909
 - **Address:** 705 Oak Circle Drive E., Mobile, AL 36609
 - **Web Address:** <https://www.lifelinesmobile.org/>
 - **Programs:**
 - Mental & Emotional Wellness & Anger Counseling
 - Family, Marital & Divorce Counseling
 - Children & Adolescent Counseling
 - Grief & Loss
 - Budget & Debt Counseling
 - Housing Counseling
 - Suicide Support and Resources
 - Prevention Education
 - **Rape Crisis Center** 24/7 Victim Services call
 - (251) 602-0909 or 800-718-7273
 - Early Intervention
 - Regardless of if you are someone in need of services, or someone who wants to give back to the community, or both – there is a place for you at Lifelines. At Lifelines, we CARE. Through Counseling, Assistance, Referrals and Education, it is our goal to provide Real Solutions for Real Problems that are experienced as a part of daily living.
- **Light of the Village Church**
 - **Phone Number:** (251) 680-4613
 - **Address:** 333 Baldwin Dr., Prichard, AL 36610
 - **Web Address:** <https://www.lightofthevillage.org/>
 - **Programs:**
 - **Hot Meal:** Free of Charge Thursdays at Noon Contact morganc@lightofthevillage.org for more info.
 - **Camp LOV After School Programs:** Meal, Bible Study, Tutoring & Activities for Elementary Students on Tuesdays and Thursdays from 3:00 P.M. - 5:15 P.M. Contact elisabeth@lightofthevillage.org for more info and to register.
- **Mobile County Health Department - Community Prevention Programs**
 - **Phone Number:** (251) 690-7525
 - **Address:** 248 Cox Street, Mobile, AL 36604
 - **Web Address:** <https://mchd.org/community-health/>
 - **Programs:**
 - Lead Poisoning Prevention
 - Maternal & Child Health
 - Community Health Workers
- **Mobile County Health Department - Downtown Health Center**
 - **Phone Number:** (251) 690-8158
 - **Address:** 251 N. Bayou St., Mobile, AL 36603

- **Web Address:** <https://mchd.org/>
- **Programs:**
 - **The Bureau of Community and Nutrition Services** includes the Fatherhood Initiative, Faith-based Initiatives & Outreaches, Community Prevention programs (Students Working Against Tobacco, Teen Pregnancy Prevention, Family Support, Maternal & Child Health, Lead Prevention, Community Health Workers), Health Equity Office, Overdose Prevention, Vital Records (birth and death certificates, marriage and divorce decrees), Fetal & Infant Mortality Review plus Women, Infants & Children (WIC) supplemental nutrition services.
 - **The Bureau of Disease Surveillance and Control** includes Tuberculosis Surveillance and Control, Sexually Transmitted Disease Surveillance and Control (based at the Southwest Public Health Center in Tillman's Corner), Infectious Diseases and Outbreaks (Rabies Control and Vaccine Preventable Diseases), an COVID-19 Response.
 - **The Bureau of Environmental Health** includes Inspection Services (restaurant ratings, food inspections), Onsite Services (septic tanks) and Vector Services (mosquito and rodent control).
 - Emergency Preparedness (natural and manmade disasters).
- **Mobile County Health Department - Family Health and Primary Care**
 - **Phone Number:** (251) 690-8158
 - **Address:** 251 N. Bayou St., Mobile, AL 36603
 - **Web Address:** <https://mchd.org/family-health/>
 - **Programs:**
 - Since its inception in 1979, Family Health has provided services (adult health, pediatric health, women's health, dental services) to the uninsured, underinsured, insured, and medically underserved populations of Mobile County.
 - In addition to the general population, the center has also targeted special populations (such as migrant and seasonal workers, refugees, public housing residents, and people living with HIV/AIDS)
 - With the addition of **Mobile Medical Unit II**, Family Health now operates 13 Federally Qualified Health Center service delivery sites conveniently located throughout Mobile County. This includes the original MMU I, which has been in service since 2001.
- **Mobile Housing Authority**
 - **Phone Number:**
 - **Office:** (251) 434-2200
 - **Clinton Johnson Center:** (251) 470-1728
 - **Bishop State:** (251) 662-5370
 - **Career Links:** (251) 433-1358 for ages 16-21
 - **Address:** 151 S. Claiborne St., Mobile, AL 36602
 - **Hours:** Monday - Friday from 8:00 AM to 4:30 PM.
 - **Web Address:** <https://www.mobilehousing.org/>
 - **Programs:**
 - **Educational programs:** GED preparation, free to low-income people within the city limits of Mobile. These programs are available at three centers:

- **Senior Services:** Housing assistance, case management, transportation, wellness programs, meal services, computer access.
 - Housing counseling program
 - Financial planning assistance
 - Daycare and after-school care for children. Cost varies by ability to pay and is discounted for people in public housing.
- **Mobile Parks and Recs Community Centers**
 - **Phone Number:** (251) 208-1652
 - **Web Address:** <https://www.cityofmobile.org/parks-rec/community-centers>
 - **Programs:**
 - The City of Mobile has fifteen community centers: nine large centers with multiple rooms and gymnasiums and six small centers located in neighborhood parks.
 - Our center staff and partners provide daily classes and activities, as well as seasonal sports leagues.
 - Most of our centers can be rented or reserved for private events.
 - For more information on rentals, go to our Rentals & Permits page.
- **National Center for Missing and Exploited Children**
 - **Phone Number:** 800-843-5678
 - **Web Address:** <https://www.missingkids.org/home>
 - **Programs:**
 - For Missing and exploited children
- **National Runaway Safeline**
 - **Phone Number:** Call or text 1-800-RUNAWAY (1-800-786-2929)
 - **Web Address:** <https://www.1800runaway.org/>
 - **Programs:**
 - Confidential crisis intervention and support for runaway, homeless, and at-risk youth and their families.
 - Available 24/7 via phone or live chat through our website.
 - May provide free bus tickets back home for qualifying youth ages 12-21.
- **New Age Academy**
 - **Phone Number:** (251) 599-7621
 - **Address:** 1000 Hillcrest Rd., Mobile, AL 36695
 - **Web Address:** <https://www.facebook.com/tutoringnewage/>
 - **Programs:**
 - Low-cost childcare after school
 - Sign Language Classes
 - Programs for Autistic Children.
- **PureLife Pharmacy**
 - **Phone Number:** (251) 424-1544
 - **Address:** 1518 N. McKenzie St., Mobile, AL 36535
 - **Web Address:** <https://pureliferx.com/>

- **Programs:**
 - No insurance is required for Low to no-cost medication in Baldwin County, Gulf Shores, and Mobile.
 - Prescriptions can be picked up in person, delivered within Baldwin County, or mailed to other locations.
 - Most Medications are less than \$10 and Antibiotics are free.
 - RxAngels allows a customer 3 free months of medications per year.
 - **The Free Children's Vitamins** program is for families who are going through a difficult time and are in need. Just come by our pharmacy and pick up a free bottle of L'il Critters Children's Gummy Vites. One bottle per child, per month. These are for children 2-12 years of age.
- **Rape Crisis Center**
 - **Phone Number:**
 - **Local:** (251) 602-0909
 - **24/7 Hotline:** (800) 718-7273
 - **Address:** 705 Oak Cir. Dr. E., Mobile, AL 36609
 - **Web Address:** <https://www.lifelinesmobile.org/>
 - **Programs:**
 - **Counseling:** Free and confidential crisis counseling is provided to survivors of sexual violence. This is available for the survivor and their family, friends, intimate partners, or other secondary survivors.
 - **Legal Advocacy:** If a client wishes to press charges against her/his assailant, our staff will serve as an advocate throughout the law enforcement and criminal justice proceedings.
 - **Forensic Examination**, where do I go? - Specially trained to handle sexual assault cases, Sexual Assault Nurse Examiners (SANE) are available 24 hours a day at USA Children's and Women's Hospital in Mobile, AL. If you have been assaulted, a forensic exam can be performed and evidence collected up to 120 (preferably within 72) hours after the assault. Victim participation is at the discretion of the victim while at the hospital. A victim may decline any or all parts of the exam and choose whether to report to law enforcement. Trained volunteer advocates will meet you at the hospital.
 - **The Child Therapeutic Unit:** The Child Therapeutic Unit works with children of sexual and domestic abuse. Children and their families are referred through the Department of Human Resources, the Mobile Police Department, the Mobile Sheriff's Office, the Prichard Police Department or by calling the Rape Crisis Center Sexual Assault Hotline.
- **Ronald McDonald House Charities of Mobile**
 - **Phone Number:** (251) 694-6873
 - **Address:** 1626 Spring Hill Ave., Mobile, AL 36604
 - **Web Address:** <https://rmhcmobile.org/>
 - **Programs:**
 - Ronald McDonald House Charities Mobile provides a supportive home environment offering care, compassion, and hope to families with seriously ill and injured children being treated at area hospitals.

- To qualify, families must have a child 21 years of age or younger being treated in one of our area hospitals and live at least 20-25 miles away, respite is also available upon request for those who qualify. Hospital staff must provide a referral for accommodation.
 - The house has 38 guest rooms that are assigned on a first-come, first-served basis and a waiting list will be used during periods of high demand.
 - We provide all the comforts of home, meals, drinks and snacks, laundry facilities, a beautiful kitchen, dining room, playroom, playground, computer room and even a workout room.
 - For questions, call the on-duty manager at (251) 694-6873.
- **Ruff Wilson Youth Organization, INC**
 - **Phone Number:** (251) 621-7171
 - **Address:** 1317 Johnson Rd., Daphne, AL 36526
 - **Web Address:** <https://rwyo.org/>
 - **Programs:**
 - **After school Programs:** Homework Assistance, Character Building, Recreational Activities for Grades K-6
- **Safe Kids of South Alabama**
 - **Phone Number:** 251-415-1274
 - **Address:** 1700 Center St., Mobile, AL 36604
 - **Web Address:** <https://www.safekids.org/coalition/safe-kids-south-alabama>
 - **Programs:**
 - Free car seat check appointments provided by a nationally certified car seat safety technician.
 - Please call 251-415-1274 to schedule an appointment.
- **The Bridge**
 - **Phone Number** (256) 546-6324
 - **Web Address:** <https://www.bridgeinc.org/>
 - **Programs:**
 - With 50 years of experience, The Bridge is a leading treatment provider in Alabama for adolescents with substance use disorders and for those who need behavioral rehabilitation.
 - Our services include early intervention, outpatient, residential and intensive in-home care. We have locations in 30 counties in Alabama and our caring, professional staff provide services that are individualized for each adolescent and their family
- **United Way of Southwest Alabama**
 - **Phone Number:** (251) 433-3624
 - **Address:** 218 St. Francis St., Mobile, AL 36604
 - **Web Address:** <https://uwsa.org/>
 - **Programs:**
 - **Dolly Parton's Imagination Library** provides a free book each month to children from birth until their fifth birthday. Books are free and age-appropriate.

- **The Basics of Southwest Alabama** is an initiative to support early brain development in children ages birth – five by promoting five simple, science-based caregiver practices. Parents can opt in to two weekly text that give them facts about a principle as well as ways to implement these principals in their everyday life.
- **USA Health: Children's & Women's Hospital**
 - **Phone Number:** (251) 415-1000
 - **Address:** 1700 Center St., Mobile, AL 36604
 - **Web Address:** <https://www.usahealthsystem.com/locations/childrens-womens-hospital>
 - **Programs:**
 - We provide highly regarded surgical, oncological, clinical and acute care to women and children. Our team of physician specialists, nurses and technicians care for the medical needs of women and children with a family-centered approach.
- **USA Health: Regional Autism Network**
 - **Phone Number:** (251) 410-4533
 - **Web Address:** <https://www.usahealthsystem.com/services/usa-regional-autism-network>
 - **Programs:**
 - Provides community members with general information about autism spectrum disorder, guides callers to resources available to meet individualized needs, and assists with problem-solving for individuals, families, and professionals who work with individuals with autism spectrum disorder
 - Provides information about best practice standards developed, and endorsed by the AIACC
 - Provides opportunities for training and consultation to parents and professionals that are specific to needs identified in the region by utilizing the collective expertise of various departments and programs within the University of South Alabama.
 - Identifies and promotes development of programs that are underrepresented in the region, to benefit individuals with autism spectrum disorder, their care providers and educators
- **Wilmer Hall**
 - **Phone Number:** (251) 342-4931
 - **Address:** 3811 Old Shell Rd., Mobile, AL 36608
 - **Web Address:** <https://www.wilmerhall.org/>
 - **Programs:**
 - Non-Profit **Faith-Based Residential and Educational Program** for children and young adults.
 - Transitional living programs, education programs, and community-based education programs.
- **YMCA**
 - **Phone Number:** (251) 344-5646
 - **Web Address:** <https://ysal.org/>
 - **Programs:**

- The YMCA provides such care with the fee charged according to household income based on a sliding fee scale.
- Multiple locations

Resources for Women

- **Alabama Baptist Children's Home and Family Ministries**
 - **Phone Number:** (251) 639-1022
 - **Address:** 6512 Grelot Rd., Mobile, AL 36695
 - **Hours:** Monday – Friday from 8:00 A.M. – 4:30 P.M.
 - **Web Address:** <https://www.alabamachild.org/>
 - **Programs:**
 - Provides safe and stable homes to help struggling mothers and their dependent children to get back on their feet.
 - This program provides a mother and her children with transitional housing while she gains or maintains employment, saves money, receives counseling, and learns life skills such as budgeting and healthy parenting techniques.
 - Depending on their commitment to the program, mothers may stay for up to one year.
- **AltaPointe Health**
 - **Phone Number:**
 - Access To Care: (251) 450-2211
 - Patient Relations: (833) 921-1811
 - Human Resources: (251) 450-5919
 - **Address:** 5750 Southland Dr. # A. Mobile, AL 36693
 - **Web Address:** <https://altapointe.org/>
 - **Programs:**
 - Shelter Plus Care
 - Projects for Assistance in Transition from Homelessness PATH
 - Semi-Independent Living
 - Rehabilitative Day Program
 - Jail Diversion
 - Substance Abuse
 - Children's Day Treatment (Mobile and Baldwin)
 - Reaching & Encouraging Active Parenting (REAP)
 - **Crisis Services for Children and Teens:** call (251) 450-2211 / (888) 335-3044 any time of the day or night
 - **Project Achieve:** Addresses the complex challenges of families with children diagnosed with mental illness and developmental disability.
 - **The Independent Living Program:** prepares young people for the challenges and opportunities they face as self-sufficient adults. The program serves young adults ages 16 to 21 who have either gainful employment or are in school full time. *Residents must be referred by the Alabama Department of Human Resources*
 - **Adolescent Independence Program:** Through a contract with the Alabama Department of Human Resources, Alta Pointe provides intensive services and support to young adults, ages 16 to 21, who are

under DHR care. This home-like facility in Mobile County can accommodate ten young men. Group homes and a supported employment program are also available.

- **Catholic Social Services**

- **Phone Number:** (251) 434-1500
- **Address:** 188 S Florida St., Mobile, AL 36606
- **Web Address:** <https://catholicsocialservices.org/ministries-and-services>
- **Programs:**
 - Appointments for Emergency Assistance are made by phone, beginning at 8:45 A.M. on Friday, for the following week. All other program appointments can be made by calling (251) 434-1550.
 - Food Pantry:
 - Monday - Friday from 8:45 A.M. - 11:30 A.M.
 - And from 1:30 P.M. - 4:00 P.M.
 - Emergency Assistance
 - Pregnancy and parenting education
 - Adoption services counseling
 - Disability ministries and services
 - Refugee resettlement
 - St. Teresa of Calcutta Senior Ministries (non-medical) for seniors ages 60+
 - The Curiosity Shoppe is a resale store adjacent to our office.
 - Monday from Noon - 4:00 P.M.
 - Wednesday and Friday from 9:00 A.M. - 4:00 P.M.

- **Catholic Social Services of Baldwin County**

- **Phone Number:** (251) 947-2293
- **Address:** 23010 Highway 59 N., Robertsdale, AL 36567
- **Web Address:** <https://catholicsocialservices.org/catholic-social-services-robertsdale>
- **Programs:**
 - Limited financial and material assistance for individuals and families experiencing a financial crisis.
 - **Food Pantry:** By Appointment Only, Baldwin County Residents Only
 - Pregnancy testing
 - Parenting classes
 - Disability Services
 - **The Second-Hand Blessing**, which is a resale store adjacent to our offices.
 - Monday to Friday from 9:00 A.M. - 4:00 P.M.

- **Department of Human Resources: Child Support Enforcement Division**

- **Phone Number:**
 - (334) 242-9300
 - (251) 450-7300 Option 1
- **Address:** 3103 Airport Blvd., Mobile, AL 36606

- **Web Address:** <https://dhr.alabama.gov/child-support-enforcement-division/>
- **Programs:**
 - This program helps families establish paternity (when necessary), obtain court orders for payment of child support, and secure compliance with child support court orders.
 - Many women and their children fall into poverty or deeper poverty because the father pays little or nothing for the financial support of his children. Many of these men cannot afford to pay much, but they should pay something – the entire burden should not fall on the mother. A court order forces the father to pay something or else possibly face jail
 - DHR can help the mother get such a court order. A woman does not have to be a client of DHR to get such help.
 - All of these services are free.
- **Department of Human Resources: The Family Assistance (TANF) Program**
 - **Phone Number:**
 - (251) 450-7300 Option 2
 - **Address:** 2970 Cottage Hill Rd., Suite 150, Mobile, AL 36606
 - **Web Address:** <https://dhr.alabama.gov/family-assistance/>
 - **Programs:**
 - This program provides help to low-income families with a dependent child under age 18 or under age 19 if the child is a full-time student.
 - Services that are provided are temporary cash payments, work and training services, and childcare assistance for parents who are employed or in training activities. **Temporary assistance for needy families (T.A.N.F.)**
- **Dumas Wesley Community Center**
 - **Phone Number:** (251) 479-0649
 - **Address:** 126 Mobile St., Mobile, AL 36607
 - **Web Address:** <https://www.dumaswesley.org/>
 - **Programs:**
 - **Transitional Housing Program, Sybil H. Smith Family Village, (SSFV)**
 - SSFV seeks to help homeless single women and homeless women with children establish and maintain self-sufficiency. An 18-unit facility that provides 24 months of housing for up to 150 individuals annually.
 - Contact Sybil Smith Family Village at 251-473-5526 for further information on eligibility requirements and application procedures.
 - Mandatory case management, life skills classes and job readiness courses for program participants
 - Residents are required to work full-time and/or attend school full-time
 - Childcare and after school care provided for families
 - Sober living environment
 - <https://www.dumaswesley.org/transitional-housing/>
 - **Baldwin Family Village**
 - The Baldwin Family Village provides 12 months of housing stability and wrap-around services for up to 100 single women and women with children annually from Baldwin County.

- BFV seeks to break the cycle of homelessness and help women and children re-establish and maintain self-sufficiency by focusing on accountability, case management, life skills, and behavior modification.
- Contact the Baldwin Family Village, at 251-210-4045 for further information on eligibility requirements and application procedures.
- <https://www.dumaswesley.org/baldwinfamilyvillage/>
- **Youth Programming**
 - **The After School Achievement Program (ASAP)** provides a variety of academic and character-building activities for underserved youth. Programming includes: tutoring, science, technology, engineering, arts and mathematics (STEAM) workshops, career exploration, sports activities, a meal program and special "youth-empowered" events.
 - **The Summer Recreation Program** serves area children ages 6-15. The fun-filled summer includes a variety of educational field trips, academic enrichment, STEAM workshops, swimming, and a five-day trip to Camp Blue Lake in Andalusia, Alabama.
 - <https://www.dumaswesley.org/afterschoolachievementprogram/>
 - <https://www.dumaswesley.org/summerprogram/>
- **Senior Services**
 - The Senior Activities for Independent Living (SAIL) program offers daily enrichment to low-income seniors 60 and older living in the 36607 and 36617 zip codes.
 - Congregate and homebound meals provided to seniors five days a week
 - On-site, weekly activities including: life skills classes, nutrition education, wellness checks, exercise classes and recreation
 - Transportation provided to and from the Center, as well as trips to the doctor, pharmacy and other life-sustaining services for enrolled participants
 - <https://www.dumaswesley.org/seniors/>
- **Food pantry**
 - A community partner of the Dumas Wesley Community Center, The Joseph Project (TJP), is a mission of Ashland Place United Methodist Church.
 - The food pantry is open to all in need and completely volunteer-supported and operated on the 1st and 3rd Thursday of each month. The food pantry is open from 10:00 AM – Noon at the Dumas Wesley Community Center.
 - The pantry serves 100 households on a first come, first served basis. Participants can receive supplemental food once a month.
- **Clothing Closet:**
 - Provides clothing and items free of charge to our program participants, helping them on their path to self-sustainability. Clothing assistance is also available to the local community by appointment only.
 - <https://www.dumaswesley.org/clothingcloset/>
- **Utility Assistance Program**
 - The Utility Assistance Program helps current and former Dumas Wesley participants maintain utility services. This program

requires accountability as the participant must pay 50% of their utility bill.

- Dumas Wesley subsequently pays the remainder of the bill directly to the utility company to ensure that funds are used for intended purposes. Assistance is available by appointment only.
- <https://www.dumaswesley.org/utilityassistance/>

- **Franklin Medical and Dental Express**

- **Phone Number:** (251) 432-4117
- **Address:** 1303 Dr Martin Luther King Jr Ave., Mobile, AL 36603
- **Hours:** Monday - Friday from 8:00 A.M. – 5:00 P.M.
- **Web Address:** <https://franklinprimary.org/>
- **Programs:**
 - **Dental:** Exams, cleanings, sealants temporary fillings, extractions, partials, dentures, flippers, whitening
 - **Franklin Medical & Dental Express:** by appointment only.
 - Pediatrics
 - OB/GYN
 - Family medicine
 - Internal medicine
 - Geriatrics
 - Rheumatology
 - Optometry
 - Physical therapy
 - Nutrition services, wellness & fitness services
 - Social services
 - Substance abuse prevention and treatment
 - HIV/AIDS services including case management and health education
 - Pharmacy
 - Laboratory and x-ray
 - Transportation services for the homeless

- **Goodwill Gulf Coast**

- **Phone Number:** (251) 471-1581
- **Address:** 2440 Gordon Smith Dr., Mobile, AL 36617
- **Web Address:** <https://www.goodwillgulfcoast.org/>
- **Programs:**
 - Early childhood resources
 - GED and English Language Learner classes
 - Goodwill Gulf Coast is partnering with Mobile Public Library to offer small GED classes, tailored to YOU, on Tuesday and Thursday evenings beginning at 4:00 p.m. in the Technology Center at the Ben Main May Library. You must sign up in advance before joining the class. Complete the form to be entered into the state system and enroll in the class. For more information about GED classes, call LaToya with Goodwill Gulf Coast at 251-300-6278.
 - Work training and job search assistance
 - Medical and disability services are available as well.

- **The We Share program** provides equipment such as wheelchairs, walkers, and personal care items, available at no cost, with limited funding from the Alabama Department of Rehab (STAR program). Medical equipment is available for anyone at all our retail stores (ask a cashier, items subject to availability).
 - **Kaleidoscope** is a program for younger adults who have recently transitioned out of high school and other non-senior adults who desire to remain active and engaged in structured daytime learning and recreational activities. Our goal is to help adults with developmental and/or other disabilities to enhance skills and characteristics important to personal growth, happiness, and self-sufficiency through meaningful and challenging group activities. The program operates in Mobile on our Gordon Smith campus, Monday – Friday (7:30 – 5:00).
 - Through the **Volunteer Income Tax Assistance (VITA)** program, low- to moderate-income families can file a Federal and State return for free with help from a volunteer, IRS-certified and trained tax preparer.
 - **Child development center** in partnership with the local school system in Mobile. Children of all abilities receive high quality instruction with small child-staff ratios. Our center is in Mobile off Old Shell Road at Spring Hill Presbyterian Church.
- **Gulf States Immigration Services**
 - **Phone Number:** (251) 391-6012
 - **Address:** 126 Mobile St., Mobile, AL 36607
 - **Hours:** Monday - Friday from 9:00 A.M. – 4:30 P.M.
 - **Web Address:** <https://gulfstatesvisas.org/>
 - **Programs:**
 - Gulf States provides assistance to families and individuals working their way through the complexities of the process of immigrating to or staying in the United States.
 - The goal of our service is to help families remain intact by ensuring that everyone entitled to immigration benefits can access those opportunities.
 - We also assist battered and abused spouses who are dealing with immigration issues. This service usually involves developing a petition for protection under the Violence Against Women Act which, when approved, allows such spouses to self-petition for the right to permanently stay in the United States.
 - Fees for services are means-tested and range from nothing to a nominal amount.
- **Lifelines/Family Counseling Center of Mobile, Inc.**
 - **Phone Number:** (251) 602-0909
 - **Address:** 705 Oak Circle Drive E., Mobile, AL 36609
 - **Web Address:** <https://www.lifelinesmobile.org/>
 - **Programs:**
 - Mental & Emotional Wellness & Anger Counseling
 - Family, Marital & Divorce Counseling
 - Children & Adolescent Counseling
 - Grief & Loss
 - Budget & Debt Counseling

- Housing Counseling
 - Suicide Support and Resources
 - Prevention Education
 - **Rape Crisis Center** 24/7 Victim Services call
 - (251) 602-0909 or 800-718-7273
 - Early Intervention
 - Regardless of if you are someone in need of services, or someone who wants to give back to the community, or both – there is a place for you at Lifelines. At Lifelines, we CARE. Through Counseling, Assistance, Referrals and Education, it is our goal to provide Real Solutions for Real Problems that are experienced as a part of daily living.
- **McKemie Place - Shelter for Women**
 - **Phone Number:** (251) 287-2225
 - **Web Address:** <https://www.mckemieplace.org/>
 - **Programs:**
 - McKemie Place is the only temporary emergency shelter for unaccompanied women 18 years old or older in our Region.
 - Each client that comes to McKemie Place is required to have bi-weekly meetings with our case manager in an effort to create and achieve goals that enable them to regain their independence. We connect women with local resources to help them grow spiritually and leave us in better mental and emotional health ready to sustain long term self-sufficiency.
 - We do not discriminate in providing services to anyone based on their religion or beliefs. Our clients can voluntarily choose to participate in any services offered by the local faith-based community.
 - Women needing our services should contact the shelter at (251) 287-2225 to speak with a staff person and go through a brief phone screening. Our phones are answered 24 hours per day.
- **Mobile County Health Department - Community Prevention Programs**
 - **Phone Number:** (251) 690-7525
 - **Address:** 248 Cox Street, Mobile, AL 36604
 - **Web Address:** <https://mchd.org/community-health/>
 - **Programs:**
 - Lead Poisoning Prevention
 - Maternal & Child Health
 - Community Health Workers
- **Mobile County Health Department - Downtown Health Center**
 - **Phone Number:** (251) 690-8158
 - **Address:** 251 N. Bayou St., Mobile, AL 36603
 - **Web Address:** <https://mchd.org>
 - **Programs:**
 - **The Bureau of Community and Nutrition Services** includes the Fatherhood Initiative, Faith-based Initiatives & Outreaches, Community Prevention programs (Students Working Against Tobacco, Teen Pregnancy Prevention, Family Support, Maternal & Child Health, Lead Prevention, Community Health Workers), Health Equity Office, Overdose Prevention, Vital Records (birth and death certificates, marriage and

- divorce decrees), Fetal & Infant Mortality Review plus Women, Infants & Children (WIC) supplemental nutrition services.
 - **The Bureau of Disease Surveillance and Control** includes Tuberculosis Surveillance and Control, Sexually Transmitted Disease Surveillance and Control (based at the Southwest Public Health Center in Tillman's Corner), Infectious Diseases and Outbreaks (Rabies Control and Vaccine Preventable Diseases), an COVID-19 Response.
 - **The Bureau of Environmental Health** includes Inspection Services (restaurant ratings, food inspections), Onsite Services (septic tanks) and Vector Services (mosquito and rodent control).
 - Emergency Preparedness (natural and manmade disasters).
- **Mobile County Health Department - Family Health and Primary Care**
 - **Phone Number:** (251) 690-8158
 - **Address:** 251 N. Bayou St., Mobile, AL 36603
 - **Web Address:** <https://mchd.org/family-health/>
 - **Programs:**
 - Since its inception in 1979, Family Health has provided services (adult health, pediatric health, women's health, dental services) to the uninsured, underinsured, insured, and medically underserved populations of Mobile County.
 - In addition to the general population, the center has also targeted special populations (such as migrant and seasonal workers, refugees, public housing residents, and people living with HIV/AIDS)
 - With the addition of **Mobile Medical Unit II**, Family Health now operates 13 Federally Qualified Health Center service delivery sites conveniently located throughout Mobile County. This includes the original MMU I, which has been in service since 2001.
- **Mobile VA Clinic**
 - **Phone Number:**
 - Main phone: (251) 219-3900
 - VA health connect: 833-363-1063
 - Mental health care: (251) 219-3918
 - **Address:** 4444 Demetropolis Rd. Mobile, AL 36619
 - **Hours:** Monday - Friday from 8:00 A.M. - 4:30 P.M.
 - **Web Address:** <https://www.va.gov/gulf-coast-health-care/locations/mobile-va-clinic/>
 - **Programs:**
 - Labs and blood work
 - Mental health care
 - Women's health care
 - Radiology
 - Social services
 - Telehealth
 - A strong network of family and internal medicine specialists and services can offer you the best possible care. Internal medicine doctors (internists) prevent, diagnose, and treat adult diseases. Doctors who specialize in family medicine provide primary health care to the entire family.

- **National Domestic Violence Hotline**
 - **Phone Number:** (800) 799-7233
 - **Web Address:** <https://www.thehotline.org/>
 - **Programs:**
 - The Family Violence Prevention and Services Act (FVPSA) provides funding for the ongoing operation of a 24-hour, national, toll-free telephone hotline.
- **National Sexual Assault Hotline**
 - **Phone Number:** (800) 656-4673
 - **Web Address:** <https://rainn.org/>
 - **Programs:**
 - Please call us 24 hours a day.
 - RAINN is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline in partnership with more than 1,000 local sexual assault service providers across the country. If you or someone you know has been sexually assaulted, help is available.
 - Online chat hotline
 - Spanish online chat hotline
- **Penelope House**
 - **Phone Number:** (251) 342-8994
 - **Web Address:** <https://penelopehouse.org/>
 - **Programs:**
 - The crisis line is answered 24 hours a day, 365 days a year to provide emergency shelter, Domestic Violence counseling, information, and referral services to victims of Domestic Violence and their children.
 - **Males and Females are welcome.**
- **Rape Crisis Center**
 - **Phone Number:**
 - **Local:** (251) 602-0909
 - **24/7 Hotline:** (800) 718-7273
 - **Address:** 705 Oak Cir. Dr. E., Mobile, AL 36609
 - **Web Address:** <https://www.lifelinesmobile.org/>
 - **Programs:**
 - **Counseling:** Free and confidential crisis counseling is provided to survivors of sexual violence. This is available for the survivor and their family, friends, intimate partners, or other secondary survivors.
 - **Legal Advocacy:** If a client wishes to press charges against her/his assailant, our staff will serve as an advocate throughout the law enforcement and criminal justice proceedings.
 - **Forensic Examination**, where do I go? - Specially trained to handle sexual assault cases, Sexual Assault Nurse Examiners (SANE) are available 24 hours a day at USA Children's and Women's Hospital in Mobile, AL. If you have been assaulted, a forensic exam can be performed and evidence collected up to 120 (preferably within 72) hours after the assault. Victim participation is at the discretion of the victim while at the hospital. A victim may decline any or all parts of the exam and

choose whether to report to law enforcement. Trained volunteer advocates will meet you at the hospital.

- **The Child Therapeutic Unit:** The Child Therapeutic Unit works with children of sexual and domestic abuse. Children and their families are referred through the Department of Human Resources, the Mobile Police Department, the Mobile Sheriff's Office, the Prichard Police Department or by calling the Rape Crisis Center Sexual Assault Hotline.

- **Rebuilding Together of South Alabama**

- **Phone Number:** (251) 289-1684
- **Email Address:** Twalker@rebuildingtogethersa.org
- **Address:** P.O. Box 1752, Mobile, AL 36633
- **Hours:** Monday- Friday from 8:00 A.M. – 4:00 P.M.
- **Web Address:** <https://www.rebuildingtogethersa.org/>
- **Programs:**
 - Minor Home Repairs
 - Accessibility Supports/Modification
 - Lawn Care Services
 - Disaster Preparedness
 - Disaster Response
 - Disaster Long Term Recovery/Repair/Rebuild
 - Community Revitalization (Playgrounds, Community Org Projects, etc)
 - Volunteer Services
 - Services are free to low-income homeowners in Choctaw, Clarke, Mobile, and Washington counties. Our client base is veterans, senior citizens, those living with disabilities, and single-parent households. Our services are offered by volunteers-skilled and unskilled.
 - Requirements are: must own the home (no rental property or heir properties), have resided in the home for more than 3 years, and meet our income requirements.

- **Safe Kids of South Alabama**

- **Phone Number:** 251-415-1274
- **Address:** 1700 Center St., Mobile, AL 36604
- **Web Address:** <https://www.safekids.org/coalition/safe-kids-south-alabama>
- **Programs:**
 - Free car seat check appointments provided by a nationally certified car seat safety technician.
 - Please call 251-415-1274 to schedule an appointment.

- **The Family Center**

- **Phone Number:** (251) 479-5700
- **Email Address:**
 - To register for a class please email us at ParentProject@gulfcoastfamilycenter.org
 - To sign up for a service please email us at contact@familycentermobile.org

- o **Address:** 3100 Cottage Hill Rd., Mobile, AL 36606
- o **Web Address:** <https://familycentermobile.org/>
- o **Programs:**
 - **Positive Parenting Classes:** built on the premise that maltreatment of children can be treated and prevented through a systematic application of family-based parenting classes.
 - **Elevate Healthy Relationships:** free classes for couples that focus on strengthening communication skills, deepening emotional connections, conflict resolution techniques, and more.
 - **Strengthening Families Responsible Parenting Program** is a year-long program that strengthens families through parenting classes, workshops, case management, and supporting and establishing high-quality, emotionally supportive parent-child relationships. The target population for our program is custodial and non-custodial fathers and mothers who are underemployed or unemployed. Some may also need a high school diploma or GED, and others may need more skills or knowledge to obtain gainful career employment.
 - **A-RESET** is a 90-day program that aims to help SNAP recipients meet work requirements by gaining skills, training, education, or work experience to make them more self-sufficient. All program participants who want to become employed or find better employment must receive SNAP benefits or meet eligibility requirements. Participants will work on skills such as resume building, interviewing preparation, supervised job searches, and individualized case management to reduce barriers to employment. We are currently serving Mobile and Baldwin Counties.
 - **We provide Supervised Visitation** for non-custodial parents with physical locations in Baldwin and Mobile Counties. Our trained specialist offers one-on-one supervision to ensure children's safety and well-being during their visit in a home-like atmosphere in our offices. These visits are structured to mimic a home environment while the children create lifelong memories in a safe and nurturing space. Domestic, criminal, and juvenile courts, community programs, and parents can make referrals for supervised visitation. There are fees associated with this program, with discounts offered if parents engage in other Family Center programs. Visitation is available by appointment only in both offices, seven days a week.
 - **Monitored Exchanges** are available to those parents who need to avoid contact when transferring children for visitation. This service is available to any parent but focuses on parents with restraining orders or other domestic violence concerns. The goal is to provide children with safe and secure custody exchanges and a safe and secure place to visit with their non-custodial parent or grandparent. These exchanges are free, thanks to a generous grant from the Alabama Office of the Courts.
 - **Healthy Start - Never Shake a Baby** is a prevention program that deals directly with one of the most serious forms of child abuse in children: Shaken Baby Syndrome (SBS). We are currently partnered with USA Children's and Women's Hospital where we teach basic information about calming your baby, reducing stress, and finding support and services. They also learn about the deadly effects that can happen when a baby is shaken. We also provide a demonstration with our Shaken Baby Simulator.

- **Loving Solutions** is a parent program for parents raising difficult or out-of-control children ages 5 to 10. It offers step-by-step solutions for parents raising adolescent children in today's complex society. A built-in parent support group provides parents with both emotional and practical support as they make necessary changes at home.
 - **Parent Project Senior - Changing Destructive Adolescent Behavior** is a parent program to meet the needs of parents raising strong-willed or out-of-control adolescents. It uniquely focuses on the most destructive adolescent behaviors (alcohol and drug use, violence, sexual activity, etc.). Most parents in this course believe "nothing works with my child." Using 'Steps for Success,' parents will see positive changes at home. Preparing our Students for Success is a 2-hour virtual program focused on helping children improve their school attendance and performance. The strategies provided in this training program are to help reduce truancy and poor academic performance.
 - **Parent Community Liaison Program:** aims to strengthen family well-being and student academic performance for families with students in the Mobile County Public School System. Services include Parent Coaching and Support, Emergency Assistance, Housing Assistance, Employment Assistance, Educational Skills, and training.
- **USA Health: Children's & Women's Hospital**
 - **Phone Number:** (251) 415-1000
 - **Address:** 1700 Center St., Mobile, AL 36604
 - **Web Address:** <https://www.usahealthsystem.com/locations/childrens-womens-hospital>
 - **Programs:**
 - We provide highly regarded surgical, oncological, clinical and acute care to women and children. Our team of physician specialists, nurses and technicians care for the medical needs of women and children with a family-centered approach.
-

Focused Community Groups

English as a Second Language (ESL)

- **Bishop State English Language Acquisition Program**
 - **Phone Number:** (251) 405-7000
 - **Address:** 351 N Broad St., Mobile, AL 36603
 - **Web Address:** <https://www.bishop.edu/programs/adult-education/esl>
 - **Programs:**
 - The Bishop State Adult Education program is committed to serving students with limited English proficiency by developing their effective oral and reading skills through Integrated English Literacy and Civics Education (IELCE) classes. Students in IELCE classes will also learn the rights and responsibilities of citizenship and civic participation and workforce training.
 - English Language Acquisition (formerly referred to as ESL) is the instruction that assists individuals of limited English proficiency to achieve competence in the English language.
 - Instruction is geared to adults who want to become more fluent in English, pass the U.S. citizenship test and/or GED Test, and work on job-seeking skills. To meet the specific needs of these students, a wide variety of materials will be used. Many of these are authentic materials from the community or from the students themselves.
- **Christ United Church - English as a Second Language (ESL)**
 - **Phone Number:** (251) 259-1675
 - **Email Address:** jgenz@comcast.net
 - **Address:** 6101 Grelot Rd., Mobile, AL 36609
 - **Web Address:** <https://christunited.com/esl>
 - **Programs:**
 - **English as a Second Language program (ESL)** is designed to help individuals who are looking to learn English as their second, third, or in some cases, fourth language.
 - ESL offers Basic, Intermediate and Advanced English Grammar, Reading, Conversation, Citizenship & American History. New students are accepted on any class day. There is not a cost for classes, however, participants must purchase their own textbooks. The average cost of books is \$20 – \$40 for each class.
 - Free childcare is provided during class time for children 0 – 5 years old.
 - For more information, you may email Joyce Genz at jgenz@comcast.net
 - **Classes meet:** Monday and Friday from 9:00 A.M. – 11:50 A.M.
Rooms C201, C203 and C221/223
Beginning, Basic, Intermediate and Advanced English Grammar, Reading, Writing, Conversation, Vocabulary
- **Dwell Mobile**
 - **Phone Number:** (251) 487-9766
 - **Address:** 2496 Government Blvd., Mobile, AL 36606
 - **Web Address:** <https://www.dwellmobile.org/programs>

- **Programs:**
 - **Food Pantry:** 3rd Saturday of the month at 9:30 A.M. The line begins prior to the start time. Supply is limited, arrive accordingly.
 - **English Classes:** Mondays & Wednesdays 7:00 P.M.- 8:00 P.M. & Tuesdays and Thursdays 10:00 A.M.-11:15 A.M.
 - **Passport to Literacy:** A tutoring program that promotes literacy among 1st through 12th grade children of resettled refugee and immigrant families. Attendance is incentivized by membership on Dwell's soccer team. Passport is a 12-week program that runs both in the fall and spring of each year.
- **East Coast Migrant Head Start Project (ECMHS)**
 - **Phone Number:** (251) 415-5002
 - **Address:** 851 East Interstate 65 Service Road South, Suite 506, Mobile, AL 36606
 - **Web Address:** <https://www.ecmhsp.org/alabama>
 - **Programs**
 - We provide free educational services for the children of agricultural workers, from 6 weeks to 5 years old.
 - The families that qualify and enroll in our program do not have to pay for any of the services they receive.
 - Parenting education, parent training on topics related to child development, nutrition, and health & safety, adult education in financial literacy, computer basics, ESL and more.
 - ECMHSP actively recruits and provides services to children suspected of or diagnosed with a disability.
 - The agency partners with local providers to ensure children with disabilities receive appropriate services in the least restrictive environment, ensuring full inclusion with non-disabled peers.
 - Active recruitment of children with disabilities. Children enrolled in our program visit their medical provider on a schedule of preventive and primary health care to ensure that growth is as expected, and any problem is identified early. This early identification can reduce complications, improve health outcomes, and ensure each child attending our program is ready to learn and succeed.
- **Goodwill Gulf Coast**
 - **Phone Number:** (251) 471-1581
 - **Address:** 2440 Gordon Smith Dr., Mobile, AL 36617
 - **Web Address:** <https://www.goodwillgulfcoast.org/>
 - **Programs:**
 - Early childhood resources
 - GED and English Language Learner classes
 - Goodwill Gulf Coast is partnering with Mobile Public Library to offer small GED classes, tailored to YOU, on Tuesday and Thursday evenings beginning at 4:00 p.m. in the Technology Center at the Ben Main May Library. You must sign up in advance before joining the class. Complete the form to be entered into the state system and enroll in the class. For more information about

GED classes, call LaToya with Goodwill Gulf Coast at 251-300-6278.

- Work training and job search assistance
- Medical and disability services are available as well.
- **The We Share program** provides equipment such as wheelchairs, walkers, and personal care items, available at no cost, with limited funding from the Alabama Department of Rehab (STAR program). Medical equipment is available for anyone at all our retail stores (ask a cashier, items subject to availability).
- **Kaleidoscope** is a program for younger adults who have recently transitioned out of high school and other non-senior adults who desire to remain active and engaged in structured daytime learning and recreational activities. Our goal is to help adults with developmental and/or other disabilities to enhance skills and characteristics important to personal growth, happiness, and self-sufficiency through meaningful and challenging group activities. The program operates in Mobile on our Gordon Smith campus, Monday – Friday (7:30 – 5:00).
- Through the **Volunteer Income Tax Assistance (VITA)** program, low- to moderate-income families can file a Federal and State return for free with help from a volunteer, IRS-certified and trained tax preparer.
- **Child development center** in partnership with the local school system in Mobile. Children of all abilities receive high quality instruction with small child-staff ratios. Our center is in Mobile off Old Shell Road at Spring Hill Presbyterian Church.

Human Trafficking Assistance

- **Joseph Project**
 - **Phone Number:** 1-855-GEN-5020
 - **Web Address:** <https://www.josephproject.com/>
 - **Programs:**
 - The Joseph Project is a nonprofit organization that connects human trafficking survivors with pro bono legal services.
- **National Human Trafficking Hotline**
 - **Phone Number:** 888-373-7888
 - **Web Address:** <https://humantraffickinghotline.org/>
 - **Programs:**
 - For Human Trafficking Survivors or reporting
 - Online chat hotline

Immigration Services

- **Dwell Mobile**
 - **Phone Number:** (251) 487-9766
 - **Address:** 2496 Government Blvd., Mobile, AL 36606
 - **Web Address:** <https://www.dwellmobile.org/programs>
 - **Programs:**
 - Food Pantry: 3rd Saturday of the month at 9:30 A.M. The line begins prior to the start time. Supply is limited, arrive accordingly.
 - English Classes: Mondays & Wednesdays 7:00 P.M.- 8:00 P.M. & Tuesdays and Thursdays 10:00 A.M.-11:15 A.M.
 - **Passport to Literacy:** A tutoring program that promotes literacy among 1st through 12th grade children of resettled refugee and immigrant families. Attendance is incentivized by membership on Dwell's soccer team. Passport is a 12-week program that runs both in the fall and spring of each year.
- **East Coast Migrant Head Start Project (ECMHS)**
 - **Phone Number:** (251) 415-5002
 - **Address:** 851 East Interstate 65 Service Road South, Suite 506, Mobile, AL 36606
 - **Web Address:** <https://www.ecmhsp.org/alabama>
 - **Programs**
 - We provide free educational services for the children of agricultural workers, from 6 weeks to 5 years old.
 - The families that qualify and enroll in our program do not have to pay for any of the services they receive.
 - Parenting education, parent training on topics related to child development, nutrition, and health & safety, adult education in financial literacy, computer basics, ESL and more.
 - ECMHSP actively recruits and provides services to children suspected of or diagnosed with a disability.
 - The agency partners with local providers to ensure children with disabilities receive appropriate services in the least restrictive environment, ensuring full inclusion with non-disabled peers.
 - Active recruitment of children with disabilities. Children enrolled in our program visit their medical provider on a schedule of preventive and primary health care to ensure that growth is as expected, and any problem is identified early. This early identification can reduce complications, improve health outcomes, and ensure each child attending our program is ready to learn and succeed.
- **Gulf States Immigration Services**
 - **Phone Number:** (251) 391-6012
 - **Address:** 126 Mobile St., Mobile, AL 36607
 - **Hours:** Monday - Friday from 9:00 A.M. – 4:30 P.M.
 - **Web Address:** <https://gulfstatesvisas.org/>
 - **Programs:**

- Gulf States provides assistance to families and individuals working their way through the complexities of the process of immigrating to or staying in the United States.
- The goal of our service is to help families remain intact by ensuring that everyone entitled to immigration benefits can access those opportunities.
- We also assist battered and abused spouses who are dealing with immigration issues. This service usually involves developing a petition for protection under the Violence Against Women Act which, when approved, allows such spouses to self-petition for the right to permanently stay in the United States.
- Fees for services are means-tested and range from nothing to a nominal amount.

Interpretation Services

- **Alabama Institute for the Deaf and Blind (AIDB)**
 - **Phone Number:** (251) 432-7777
 - **Address:** 1050 Government St., Mobile, AL 36604
 - **Web Address:** <https://www.aidb.org/>
 - **Programs:**
 - Recognized leader of diverse residential and community-based education
 - Rehabilitation
 - Employment programs that prepare individuals who are deaf, blind, deafblind, and multi-disabled to reach their potential in education, independence, and career
 - Sign Language Interpreter Services
- **Catholic Social Services**
 - **Phone Number:** (251) 434-1500
 - **Address:** 188 S Florida St., Mobile, AL 36606
 - **Web Address:** <https://catholicsocialservices.org/ministries-and-services>
 - **Programs:**
 - Appointments for Emergency Assistance are made by phone, beginning at 8:45 A.M. on Friday, for the following week. All other program appointments can be made by calling (251) 434-1550.
 - Food Pantry:
 - Monday - Friday from 8:45 A.M. - 11:30 A.M.
 - And from 1:30 P.M. - 4:00 P.M.
 - Emergency Assistance
 - Pregnancy and parenting education
 - Adoption services counseling
 - Disability ministries and services
 - Refugee resettlement
 - St. Teresa of Calcutta Senior Ministries (non-medical) for seniors ages 60+
 - The Curiosity Shoppe is a resale store adjacent to our office.
 - Monday from Noon - 4:00 P.M.
 - Wednesday and Friday from 9:00 A.M. - 4:00 P.M.

- **Gulf States Immigration Services**

- **Phone Number:** (251) 391-6012
- **Address:** 126 Mobile St., Mobile, AL 36607
- **Hours:** Monday - Friday from 9:00 A.M. – 4:30 P.M.
- **Web Address:** <https://gulfstatesvisas.org/>
- **Programs:**
 - Gulf States provides assistance to families and individuals working their way through the complexities of the process of immigrating to or staying in the United States.
 - The goal of our service is to help families remain intact by ensuring that everyone entitled to immigration benefits can access those opportunities.
 - We also assist battered and abused spouses who are dealing with immigration issues. This service usually involves developing a petition for protection under the Violence Against Women Act which, when approved, allows such spouses to self-petition for the right to permanently stay in the United States.
 - Fees for services are means-tested and range from nothing to a nominal amount.

Legal Services

- **Joseph Project**

- **Phone Number:** 1-855-GEN-5020
- **Web Address:** <https://www.josephproject.com/>
- **Programs:**
 - The Joseph Project is a nonprofit organization that connects human trafficking survivors with pro bono legal services.

- **Legal Services Alabama**

- **Phone Number:** (251) 433-6560
- **Address:** 107 St Francis St., Suite 2100 Mobile, AL 36602
- **Web Address:** <https://legalservicesalabama.org/>
- **Programs:**
 - LSA is a private, nonprofit law firm that provides legal assistance in certain civil matters (not criminal matters) to people who have limited income, don't own too much property, and meet other requirements.
 - Call to find out if you are qualified and if your situation can be handled there.
 - Types of cases handled: family, consumer, housing, public benefits, education, estate, adoption, guardianship.

- **Prism United**

- **Phone Number:** (251) 219-8441
- **Email Address:** Info@prismunited.org
- **Web Address:** <https://prismunited.org/>
- **Programs:**

- Facilitated, curriculum-based virtual and in-person gatherings through our Prism Teens (14-18), Prism Pre-Teens (10-13), and Prism Families programs
 - Mental health support and free therapy services with our Prism Healing Fund
 - Referral Network of LGBTQ+-competent therapists, health professionals, and lawyers in Mobile and Baldwin counties
 - Access to HIV/STI testing and education
 - Special events and activities, such as workshops, seminars, and celebrations like our Prism Prom, Wig Walk, Gala, and Jack O' Lantern Jubilee, aimed at fostering community and providing opportunities for personal growth
 - Cultural competency training for students, educators, clinicians, employers, and other community members to enhance their understanding of LGBTQ+ issues and promote a more accepting environment
 - Prism United responds to the comprehensive needs of LGBTQ+ youth in Southwest Alabama. Specifically, Prism works to mitigate the psychological, socio-economic, and academic disadvantages caused by repression and victimization.
- **Rape Crisis Center**
 - **Phone Number:**
 - **Local:** (251) 602-0909
 - **24/7 Hotline:** (800) 718-7273
 - **Address:** 705 Oak Cir. Dr. E., Mobile, AL 36609
 - **Web Address:** <https://www.lifelinesmobile.org/>
 - **Programs:**
 - **Counseling:** Free and confidential crisis counseling is provided to survivors of sexual violence. This is available for the survivor and their family, friends, intimate partners, or other secondary survivors.
 - **Legal Advocacy:** If a client wishes to press charges against her/his assailant, our staff will serve as an advocate throughout the law enforcement and criminal justice proceedings.
 - **Forensic Examination**, where do I go? - Specially trained to handle sexual assault cases, Sexual Assault Nurse Examiners (SANE) are available 24 hours a day at USA Children's and Women's Hospital in Mobile, AL. If you have been assaulted, a forensic exam can be performed and evidence collected up to 120 (preferably within 72) hours after the assault. Victim participation is at the discretion of the victim while at the hospital. A victim may decline any or all parts of the exam and choose whether to report to law enforcement. Trained volunteer advocates will meet you at the hospital.
 - **The Child Therapeutic Unit:** The Child Therapeutic Unit works with children of sexual and domestic abuse. Children and their families are referred through the Department of Human Resources, the Mobile Police Department, the Mobile Sheriff's Office, the Prichard Police Department or by calling the Rape Crisis Center Sexual Assault Hotline.
- **South Alabama Volunteer Lawyers Program**
 - **Phone Number:** (251) 438-1102

- **Address:** 118 N. Royal St. #402, Mobile, AL 36602
- **Web Address:** <https://www.savlp.org/>
- **Programs:**
 - This program is run by the Mobile Bar Association.
 - Volunteer lawyers donate their time to provide free legal services in certain civil matters (not criminal matters) to Mobile County residents.
 - Call to find out if you are qualified and if your situation can be handled there.

LGBTQ+ Services

- **AIDS Alabama South**
 - **Phone Number:** (251) 471-5277
 - **Address:** 4321 Downtowner Loop N., Mobile, AL 36609
 - **Hours:**
 - Client Services:
 - Monday-Friday, 8am-4:00pm, with appointment.
 - 4321 Downtowner Loop N., Mobile, AL 36609
 - 251-471-5277
 - **Web Address:** <https://www.aidsalabamasouth.org/>
 - **Programs:**
 - **Free HIV & STI Testing, Treatment & PrEP:** SHELL Health Services (AIDS Alabama South's clinic)
 - Walk-ins Welcome
 - 717 Downtowner Loop W., Mobile, AL 36609
 - 251-694-6049
 - When someone tests positive for HIV at our clinic, we connect them with a dedicated social worker who helps coordinate comprehensive care. This includes medical support, financial assistance, housing help, mental health counseling, nutrition programs, peer support groups, and transportation services.
 - **Our services include:**
 - Free HIV & STI testing
 - HIV & STI Treatment and PrEP
 - Case management
 - Food support program
 - Housing assistance
 - Utility assistance
 - Transportation
 - Dental treatment
 - Linkage to care coordination
 - Mental health counseling
 - Support groups
- **Franklin Medical and Dental Express**
 - **Phone Number:** (251) 432-4117
 - **Address:** 1303 Dr. Martin Luther King Jr Ave., Mobile, AL 36603

- **Hours:** Monday - Friday from 8:00 A.M. – 5:00 P.M.
- **Web Address:** <https://franklinprimary.org/>
- **Programs:**
 - **Dental:** Exams, cleanings, sealants temporary fillings, extractions, partials, dentures, flippers, whitening
 - **Franklin Medical & Dental Express:** by appointment only.
 - Pediatrics
 - OB/GYN
 - Family medicine
 - Internal medicine
 - Geriatrics
 - Rheumatology
 - Optometry
 - Physical therapy
 - Nutrition services, wellness & fitness services
 - Social services
 - Substance abuse prevention and treatment
 - HIV/AIDS services including case management and health education
 - Pharmacy
 - Laboratory and x-ray
 - Transportation services for the homeless
- **Lifelines/Family Counseling Center of Mobile, Inc.**
 - **Phone Number:** (251) 602-0909
 - **Address:** 705 Oak Circle Drive E., Mobile, AL 36609
 - **Web Address:** <https://www.lifelinesmobile.org/>
 - **Programs:**
 - Mental & Emotional Wellness & Anger Counseling
 - Family, Marital & Divorce Counseling
 - Children & Adolescent Counseling
 - Grief & Loss
 - Budget & Debt Counseling
 - Housing Counseling
 - Suicide Support and Resources
 - Prevention Education
 - **Rape Crisis Center** 24/7 Victim Services call
 - (251) 602-0909 or 800-718-7273
 - Early Intervention
 - Regardless of if you are someone in need of services, or someone who wants to give back to the community, or both – there is a place for you at Lifelines. At Lifelines, we CARE. Through Counseling, Assistance, Referrals and Education, it is our goal to provide Real Solutions for Real Problems that are experienced as a part of daily living.
- **Prism United**
 - **Phone Number:** (251) 219-8441
 - **Email Address:** Info@prismunited.org

- **Web Address:** <https://prismunited.org/>
- **Programs:**
 - Facilitated, curriculum-based virtual and in-person gatherings through our Prism Teens (14-18), Prism Pre-Teens (10-13), and Prism Families programs
 - Mental health support and free therapy services with our Prism Healing Fund
 - Referral Network of LGBTQ+-competent therapists, health professionals, and lawyers in Mobile and Baldwin counties
 - Access to HIV/STI testing and education
 - Special events and activities, such as workshops, seminars, and celebrations like our Prism Prom, Wig Walk, Gala, and Jack O' Lantern Jubilee, aimed at fostering community and providing opportunities for personal growth
 - Cultural competency training for students, educators, clinicians, employers, and other community members to enhance their understanding of LGBTQ+ issues and promote a more accepting environment
 - Prism United responds to the comprehensive needs of LGBTQ+ youth in Southwest Alabama. Specifically, Prism works to mitigate the psychological, socio-economic, and academic disadvantages caused by repression and victimization.
- **Rainbow Mobile**
 - **Email Address:** info@rainbowmobile.org
 - **Web Address:** <https://www.rainbowprideofmobile.org/>
 - **Programs:**
 - Rainbow Mobile is the heart and home for the LGBTQ+ community of Mobile & Baldwin Counties. All are welcome to access our variety of resources for individuals, youth, and families.

Senior Services

- **A Servant's Love**
 - **Phone Number:** (251) 895-6967
 - **Address:** P. O. Box 9068, Mobile, AL 36691
 - **Hours:**
 - Monday – Friday from 9:00 A.M. - 5:00 P.M.
 - Saturday: By appointment
 - **Web Address:** <https://www.aservantslove.org/>
 - **Programs:**
 - **Senior Nutrition & Wellness program (SNWP)** is a multifaceted program focused on providing senior citizens with hunger relief and healthy eating choices.
 - SNWP provides nutritious food assistance to income-challenged senior citizens every month. Prequalified participants receive nutritious non-perishable food items and fresh fruits and vegetables. Meat and fresh eggs are provided when available.

- Household supplies such as bathroom tissue and other paper products are also given each month.
 - Call for more information.
- **AARP Foundation**
 - **Phone Number:**
 - (877) 926-8300
 - (251) 470-5235
 - **Address:** 1717 Dauphin St., Mobile, AL 36604
 - **Web Address:** <https://www.aarp.org/aarp-foundation/>
 - **Programs:**
 - **AARP Foundation**, the charitable affiliate of AARP, provides resources so millions of older adults living with low income can secure good jobs, get the benefits and refunds they've earned, and stay connected to their communities. Our programs and services are available to AARP members and nonmembers alike.
 - **Workforce Assistance and Financial Resilience programs**, AARP Foundation SCSEP (Senior Community Service Employment program) offers unemployed adults 55 and older work-based training and skill-building opportunities within a variety of community service organizations and agencies, AARP Foundation Tax-Aide.
- **AltaPointe Health**
 - **Phone Number:**
 - Access To Care: (251) 450-2211
 - Patient Relations: (833) 921-1811
 - Human Resources: (251) 450-5919
 - **Address:** 5750 Southland Dr. # A. Mobile, AL 36693
 - **Web Address:** <https://altapointe.org/>
 - **Programs:**
 - Shelter Plus Care
 - Projects for Assistance in Transition from Homelessness PATH
 - Semi-Independent Living
 - Rehabilitative Day Program
 - Jail Diversion
 - Substance Abuse
 - Children's Day Treatment (Mobile and Baldwin)
 - Reaching & Encouraging Active Parenting (REAP)
 - **Crisis Services for Children and Teens:** call (251) 450-2211 / (888) 335-3044 any time of the day or night
 - **Project Achieve:** Addresses the complex challenges of families with children diagnosed with mental illness and developmental disability.
 - **The Independent Living Program:** prepares young people for the challenges and opportunities they face as self-sufficient adults. The program serves young adults ages 16 to 21 who have either gainful employment or are in school full time. *Residents must be referred by the Alabama Department of Human Resources*
 - **Adolescent Independence Program:** Through a contract with the Alabama Department of Human Resources, Alta Pointe provides intensive services and support to young adults, ages 16 to 21, who are

under DHR care. This home-like facility in Mobile County can accommodate ten young men. Group homes and a supported employment program are also available.

- **Catholic Social Services**

- **Phone Number:** (251) 434-1500
- **Address:** 188 S Florida St., Mobile, AL 36606
- **Web Address:** <https://catholicsocialservices.org/ministries-and-services>
- **Programs:**
 - Appointments for Emergency Assistance are made by phone, beginning at 8:45 A.M. on Friday, for the following week. All other program appointments can be made by calling (251) 434-1550.
 - Food Pantry:
 - Monday - Friday from 8:45 A.M. - 11:30 A.M.
 - And from 1:30 P.M. - 4:00 P.M.
 - Emergency Assistance
 - Pregnancy and parenting education
 - Adoption services counseling
 - Disability ministries and services
 - Refugee resettlement
 - St. Teresa of Calcutta Senior Ministries (non-medical) for seniors ages 60+
 - The Curiosity Shoppe is a resale store adjacent to our office.
 - Monday from Noon - 4:00 P.M.
 - Wednesday and Friday from 9:00 A.M. - 4:00 P.M.

- **Christ United Church Lifegate**

- **Phone Number:** (251) 380-0583
- **Address:** 6101 Grelot Rd., Mobile, AL 36609
- **Hours:** For Appointments call Mondays and Wednesdays from 8:00 A.M. - 10:30 A.M.
- **Web Address:** <https://christunited.com/lifegate>
- **Programs:**
 - Lifegate offers food bags, Thanksgiving food baskets, utility bills, free Bibles, prayer, and spiritual guidance.
 - Lifegate **clients are seen by appointment only. Walk-in clients will not be seen.** Call (251) 380-0583 on Mondays or Wednesdays between 8:00 A.M. – 10:30 A.M.
 - Lifegate is a vital outreach ministry of love and compassion within Christ United Church. The purpose of Lifegate is to minister to church members and people in our community in a crisis situation.
 - Priority assistance is given to the elderly and the disabled.
 - If you qualify for services, you will be given an appointment for the next day that Lifegate is open.

- **Department of Human Resources: Adult Services**

- **Phone Number:**
 - Office: (251) 450-7000

- Adult Abuse Hotline 1-800-458-7214
 - **Address:** 3103 Airport Blvd., Mobile, AL 36606
 - **Hours:** Monday - Friday from 8:00 A.M. – 4:30 P.M.
 - **Web Address:** <https://dhr.alabama.gov/adult-protective-services/>
 - **Programs:**
 - The mission of the Adult Protective Services Division is to support and enable County Departments to protect elderly and disabled adults from abuse, neglect, and exploitation and prevent unnecessary institutionalization
- **Dumas Wesley Community Center**
 - **Phone Number:** (251) 479-0649
 - **Address:** 126 Mobile St., Mobile, AL 36607
 - **Web Address:** <https://www.dumaswesley.org/>
 - **Programs:**
 - **Transitional Housing Program, Sybil H. Smith Family Village, (SSFV)**
 - SSFV seeks to help homeless single women and homeless women with children establish and maintain self-sufficiency. An 18-unit facility that provides 24 months of housing for up to 150 individuals annually.
 - Contact Sybil Smith Family Village at 251-473-5526 for further information on eligibility requirements and application procedures.
 - Mandatory case management, life skills classes and job readiness courses for program participants
 - Residents are required to work full-time and/or attend school full-time
 - Childcare and after school care provided for families
 - Sober living environment
 - <https://www.dumaswesley.org/transitional-housing/>
 - **Baldwin Family Village**
 - The Baldwin Family Village provides 12 months of housing stability and wrap-around services for up to 100 single women and women with children annually from Baldwin County.
 - BFV seeks to break the cycle of homelessness and help women and children re-establish and maintain self-sufficiency by focusing on accountability, case management, life skills, and behavior modification.
 - Contact the Baldwin Family Village, at 251-210-4045 for further information on eligibility requirements and application procedures.
 - <https://www.dumaswesley.org/baldwinfamilyvillage/>
 - **Youth Programming**
 - **The After School Achievement Program (ASAP)** provides a variety of academic and character-building activities for underserved youth. Programming includes: tutoring, science, technology, engineering, arts and mathematics (STEAM) workshops, career exploration, sports activities, a meal program and special "youth-empowered" events.
 - **The Summer Recreation Program** serves area children ages 6-15. The fun-filled summer includes a variety of educational field

- trips, academic enrichment, STEAM workshops, swimming, and a five-day trip to Camp Blue Lake in Andalusia, Alabama.
- <https://www.dumaswesley.org/afterschoolachievementprogram/>
- <https://www.dumaswesley.org/summerprogram/>
- **Senior Services**
 - The Senior Activities for Independent Living (SAIL) program offers daily enrichment to low-income seniors 60 and older living in the 36607 and 36617 zip codes.
 - Congregate and homebound meals provided to seniors five days a week
 - On-site, weekly activities including: life skills classes, nutrition education, wellness checks, exercise classes and recreation
 - Transportation provided to and from the Center, as well as trips to the doctor, pharmacy and other life-sustaining services for enrolled participants
 - <https://www.dumaswesley.org/seniors/>
- **Food pantry**
 - A community partner of the Dumas Wesley Community Center, The Joseph Project (TJP), is a mission of Ashland Place United Methodist Church.
 - The food pantry is open to all in need and completely volunteer-supported and operated on the 1st and 3rd Thursday of each month. The food pantry is open from 10:00 AM – Noon at the Dumas Wesley Community Center.
 - The pantry serves 100 households on a first come, first served basis. Participants can receive supplemental food once a month.
- **Clothing Closet:**
 - Provides clothing and items free of charge to our program participants, helping them on their path to self-sustainability. Clothing assistance is also available to the local community by appointment only.
 - <https://www.dumaswesley.org/clothingcloset/>
- **Utility Assistance Program**
 - The Utility Assistance Program helps current and former Dumas Wesley participants maintain utility services. This program requires accountability as the participant must pay 50% of their utility bill.
 - Dumas Wesley subsequently pays the remainder of the bill directly to the utility company to ensure that funds are used for intended purposes. Assistance is available by appointment only.
 - <https://www.dumaswesley.org/utilityassistance/>
- **Franklin Medical and Dental Express**
 - **Phone Number:** (251) 432-4117
 - **Address:** 1303 Dr. Martin Luther King Jr. Ave., Mobile, AL 36603
 - **Hours:** Monday - Friday from 8:00 A.M. – 5:00 P.M.
 - **Web Address:** <https://franklinprimary.org/>
 - **Programs:**
 - **Dental:** Exams, cleanings, sealants temporary fillings, extractions, partials, dentures, flippers, whitening

- **Franklin Medical & Dental Express:** by appointment only.
 - Pediatrics
 - OB/GYN
 - Family medicine
 - Internal medicine
 - Geriatrics
 - Rheumatology
 - Optometry
 - Physical therapy
 - Nutrition services, wellness & fitness services
 - Social services
 - Substance abuse prevention and treatment
 - HIV/AIDS services including case management and health education
 - Pharmacy
 - Laboratory and x-ray
 - Transportation services for the homeless
- **Goodwill Gulf Coast**
 - **Phone Number:** (251) 471-1581
 - **Address:** 2440 Gordon Smith Dr., Mobile, AL 36617
 - **Web Address:** <https://www.goodwillgulfcoast.org/>
 - **Programs:**
 - Early childhood resources
 - GED and English Language Learner classes
 - Goodwill Gulf Coast is partnering with Mobile Public Library to offer small GED classes, tailored to YOU, on Tuesday and Thursday evenings beginning at 4:00 p.m. in the Technology Center at the Ben Main May Library. You must sign up in advance before joining the class. Complete the form to be entered into the state system and enroll in the class. For more information about GED classes, call LaToya with Goodwill Gulf Coast at 251-300-6278.
 - Work training and job search assistance
 - Medical and disability services are available as well.
 - **The We Share program** provides equipment such as wheelchairs, walkers, and personal care items, available at no cost, with limited funding from the Alabama Department of Rehab (STAR program). Medical equipment is available for anyone at all our retail stores (ask a cashier, items subject to availability).
 - **Kaleidoscope** is a program for younger adults who have recently transitioned out of high school and other non-senior adults who desire to remain active and engaged in structured daytime learning and recreational activities. Our goal is to help adults with developmental and/or other disabilities to enhance skills and characteristics important to personal growth, happiness, and self-sufficiency through meaningful and challenging group activities. The program operates in Mobile on our Gordon Smith campus, Monday – Friday (7:30 – 5:00).
 - Through the **Volunteer Income Tax Assistance (VITA)** program, low- to moderate-income families can file a Federal and State return for free with help from a volunteer, IRS-certified and trained tax preparer.

- **Child development center** in partnership with the local school system in Mobile. Children of all abilities receive high quality instruction with small child-staff ratios. Our center is in Mobile off Old Shell Road at Spring Hill Presbyterian Church.
- **Independent Living Center of Mobile**
 - **Phone Number:** (251) 460-0301
 - **Address:** 6750 Howell's Ferry Rd., Mobile, AL 36618
 - **Web Address:** <https://ilcmobile.org/>
 - **Programs:**
 - We provide several core services, including information and referral, advocacy, skills and training, peer support, transition to home setting, and additional services.
- **Medicare**
 - **Phone Number:** (800) 633-4227
 - **Web Address:** <https://www.medicare.gov/>
 - **Programs:**
 - Medicare is health insurance for people 65 or older. You're first eligible to sign up for Medicare 3 months before you turn 65.
 - You may be eligible to get Medicare earlier if you have a disability, End-Stage Renal Disease (ESRD), or ALS (also called Lou Gehrig's disease).
- **Mercy Life of Alabama**
 - **Phone Number:** (251) 287-8427
 - **Address:** 2900 Springhill Ave., Mobile, AL 36607
 - **Web Address:** <https://www.trinityhealthpace.org/alabama/mercy-life-of-alabama>
 - **Programs:**
 - Medical care
 - Transport
 - Physical therapy
 - Recreational therapy
 - Social services
 - Home help
 - Nutritional planning
 - Our unique care model provides a full spectrum of healthcare services, so seniors can live at home, stay connected to their community and ultimately maintain their independence.
 - Participants receive all healthcare services from Mercy Life of Alabama and our network of providers.
 - Social workers on call 24/7
 - Medication pick up assistance
 - Laundry and light housekeeping assistance
- **Mobile County Health Department - Family Health and Primary Care**
 - **Phone Number:** (251) 690-8158
 - **Address:** 251 N. Bayou St., Mobile, AL 36603

- **Web Address:** <https://mchd.org/family-health/>
- **Programs:**
 - Since its inception in 1979, Family Health has provided services (adult health, pediatric health, women's health, dental services) to the uninsured, underinsured, insured, and medically underserved populations of Mobile County.
 - In addition to the general population, the center has also targeted special populations (such as migrant and seasonal workers, refugees, public housing residents, and people living with HIV/AIDS)
 - With the addition of **Mobile Medical Unit II**, Family Health now operates 13 Federally Qualified Health Center service delivery sites conveniently located throughout Mobile County. This includes the original MMU I, which has been in service since 2001.
- **Mobile Housing Authority**
 - **Phone Number:**
 - **Office:** (251) 434-2200
 - **Clinton Johnson Center:** (251) 470-1728
 - **Bishop State:** (251) 662-5370
 - **Career Links:** (251) 433-1358 for ages 16-21
 - **Address:** 151 S. Claiborne St., Mobile, AL 36602
 - **Hours:** Monday - Friday from 8:00 AM to 4:30 PM.
 - **Web Address:** <https://www.mobilehousing.org/>
 - **Programs:**
 - **Educational programs:** GED preparation, free to low-income people within the city limits of Mobile. These programs are available at three centers:
 - **Senior Services:** Housing assistance, case management, transportation, wellness programs, meal services, computer access.
 - Housing counseling program
 - Financial planning assistance
 - Daycare and after-school care for children. Cost varies by ability to pay and is discounted for people in public housing.
- **Mobile Parks and Recs Community Centers**
 - **Phone Number:** (251) 208-1652
 - **Web Address:** <https://www.cityofmobile.org/parks-rec/community-centers>
 - **Programs:**
 - The City of Mobile has fifteen community centers: nine large centers with multiple rooms and gymnasiums and six small centers located in neighborhood parks.
 - Our center staff and partners provide daily classes and activities, as well as seasonal sports leagues.
 - Most of our centers can be rented or reserved for private events.
 - For more information on rentals, go to our Rentals & Permits page.
- **Mobile Parks and Recs Senior Centers**
 - **Phone Number:** (251) 208-6165
 - **Web Address:** <https://www.cityofmobile.org/parks-rec/seniors>

- **Programs:**
 - Our community includes 55+seasoned community members who are active, engaged, independent and lifelong learners.
 - Programs include social and recreational activities, health and fitness classes, educational and enrichment programs, technology assistance, retirement planning, and volunteer activities.
 - We currently have three Senior Centers that we manage and Programs: Connie Hudson Senior Center, Parkway Senior Center, and Tricksey Senior Center.
- **Mobile VA Clinic**
 - **Phone Number:**
 - Main phone: (251) 219-3900
 - VA health connect: 833-363-1063
 - Mental health care: (251) 219-3918
 - **Address:** 4444 Demetropolis Rd. Mobile, AL 36619
 - **Hours:** Monday - Friday from 8:00 A.M. - 4:30 P.M.
 - **Web Address:** <https://www.va.gov/gulf-coast-health-care/locations/mobile-vaclinic/>
 - **Programs:**
 - Labs and blood work
 - Mental health care
 - Women's health care
 - Radiology
 - Social services
 - Telehealth
 - A strong network of family and internal medicine specialists and services can offer you the best possible care. Internal medicine doctors (internists) prevent, diagnose, and treat adult diseases. Doctors who specialize in family medicine provide primary health care to the entire family.
- **Project Life Saver**
 - **Phone Number:** (251) 402-6811
 - **Address:** 510 S. Royal St., Mobile, AL 36603
 - **Web Address:** <https://www.mobileso.com/project/project-lifesaver/>
 - **Programs:**
 - This program is designed to track participants who are traveling on foot; however, it also has proved to be an asset when other scenarios arise.
 - If you are a caregiver of an individual with Alzheimer's, Autism, Down Syndrome, or a related disorder, and are interested in applying for Project Life Saver, call or email the contact information below.
 - This is a free service offered by Sheriff Paul Burch, so call today.
- **Rebuilding Together of South Alabama**
 - **Phone Number:** (251) 289-1684
 - **Email Address:** Twalker@rebuildingtogethersa.org
 - **Address:** P.O. Box 1752, Mobile, AL 36633
 - **Hours:** Monday- Friday from 8:00 A.M. – 4:00 P.M.
 - **Web Address:** <https://www.rebuildingtogethersa.org/>
 - **Programs:**

- Minor Home Repairs
 - Accessibility Supports/Modification
 - Lawn Care Services
 - Disaster Preparedness
 - Disaster Response
 - Disaster Long Term Recovery/Repair/Rebuild
 - Community Revitalization (Playgrounds, Community Org Projects, etc)
 - Volunteer Services
 - Services are free to low-income homeowners in Choctaw, Clarke, Mobile, and Washington counties. Our client base is veterans, senior citizens, those living with disabilities, and single-parent households. Our services are offered by volunteers-skilled and unskilled.
 - Requirements are: must own the home (no rental property or heir properties), have resided in the home for more than 3 years, and meet our income requirements.
- **Salvation Army**
 - **Phone Number:** (251) 438-1625
 - **Address:** 1009 Dauphin St., Mobile, AL 36604
 - **Web Address:** <https://www.salvationarmyusa.org/usn/>
 - **Programs:**
 - Rehabilitation
 - Missing persons
 - Adult rehabilitation center
 - Disaster services
 - Casework services
 - Emergency shelter
 - Community recreation programs
 - Food pantry
 - Alcohol, and drug treatment
 - Day camp activities
- **Senior Resource Information Guide**
 - **Web Address:** <https://www.ecdol.org/independent-living-for-seniors-and-assisted-living-residences-in-mobile-alabama.html>
 - **Programs:**
 - **Senior Resources** in Alabama and the United States including assisted living, home health/in-home care, independent living, memory care, palliative care, personal care, respite care, and skilled nursing.
- **Social Security Administration**
 - **Phone Number:** (800) 772-1213
 - **Address:** 550 Government St. Suite 100, Mobile, AL 36602
 - **Web Address:** <https://www.ssa.gov/>
 - **Programs:**
 - The Social Security Administration (SSA) is a U.S. government agency that administers social programs covering disability, retirement, and survivors' benefits, among other services. It is also responsible for issuing

Social Security numbers and managing the program's finances and trust fund.

- **South Alabama Regional Planning Commission Area Agency on Aging**
 - **Phone Number:** (251) 706-4680
 - **Address:** 110 Beauregard St., Mobile, AL 36602
 - **Web Address:** <https://agingsouthalabama.org/>
 - **Programs:**
 - The agency provides various services for older adults, persons with disabilities and caregivers.
 - Over 25 **senior centers** provide recreation, transportation to the center, and a midday meal; or home-delivered meals for the homebound.
 - Other programs include in-home services through the Medicaid Waiver program, information, assistance and referral, benefits screening and application assistance, State Health Insurance Counseling program for persons with Medicare, SenioRx.
 - Prescription assistance, health promotion classes, volunteer programs, Long Term Care Ombudsman for residents of nursing or assisted living facilities, legal counseling, and annual Senior Expos.
 - Cost-cutting internet/Wi-Fi program/lower monthly food and medical costs
- **Veterans Crisis Line**
 - **Phone Number:**
 - Dial 988 then Press 1
 - Text 838255
 - **Web Address:** <https://www.veteranscrisisline.net/>
 - **Programs:**
 - You're not alone, the Veterans Crisis Line is here for you. You don't have to be enrolled in VA benefits or health care to call.
 - Please call us 24 hours a day.
- **Veterans Recovery Resources**
 - **Phone Number:** (251) 405-3677
 - **Email Address:** info@vetsrecover.org
 - **Address:** 1200 Springhill Ave., Mobile, AL 36604
 - **Web Address:** <https://vetsrecover.org/>
 - **Programs:**
 - Vets Recover is a trusted organization dedicated to providing comprehensive care and support to veterans, first responders, and their families. Our mission is to remove barriers to care, deliver quality integrated health care, and build a better community through recovery and connection.
 - Our Outpatient Facility delivers the highest quality integrated healthcare and accelerates well-being to treat the whole person while providing hope and healing. We offer primary care screening and monitoring; psychiatric rehabilitation; behavioral health services, peer support services, transportation assistance; and more
 - We are working to remove barriers to care by offering services such as Telehealth, transportation assistance, and 24/7 Crisis Care.

- **Via! Health Fitness and Enrichment Center**
 - **Phone Number:** (251) 478-3311
 - **Address:** 1717 Dauphin St., Mobile, AL 36604
 - **Hours:**
 - Monday – Thursday from 7:00 A.M. - 6:00 P.M.
 - Friday from 7:00 A.M. - 1:00 P.M.
 - Saturday from 8:00 A.M. - 12:00 P.M.
 - **Web Address:** <https://viamobile.org/>
 - **Programs:**
 - The Via Health, Fitness and Enrichment Center/Senior Citizens Services promotes a healthy, active, independent lifestyle among adults. Via/SCS advocates, teaches, and leads healthy aging programs and initiatives for the surrounding community.
 - **GrandFriends Adult Day Program** is a community service program of Via Health, Fitness and Enrichment Center. This program is designed to offer caregivers an affordable opportunity for respite while providing supervised activities within a safe, healthy, and comfortable environment.

- **Volunteers of America**
 - **Phone Number:** (251) 300-3500
 - **Address:** 1204 Hillcrest Rd., Mobile, AL 36695
 - **Web Address:** <https://voase.org/>
 - **Programs:**
 - Volunteers of America Southeast offers direct human-care services, affordable housing, faith-based resource programs, and community outreach.
 - Some of our services provide care for people with intellectual and developmental disabilities, mental health issues, substance abuse, low-income seniors, and the homeless.

Veteran Services

- **AltaPointe Health**
 - **Phone Number:**
 - Access To Care: (251) 450-2211
 - Patient Relations: (833) 921-1811
 - Human Resources: (251) 450-5919
 - **Address:** 5750 Southland Dr. # A. Mobile, AL 36693
 - **Web Address:** <https://altapointe.org/>
 - **Programs:**
 - Shelter Plus Care
 - Projects for Assistance in Transition from Homelessness PATH
 - Semi-Independent Living
 - Rehabilitative Day Program
 - Jail Diversion
 - Substance Abuse
 - Children's Day Treatment (Mobile and Baldwin)
 - Reaching & Encouraging Active Parenting (REAP)

- **Crisis Services for Children and Teens:** call (251) 450-2211 / (888) 335-3044 any time of the day or night
 - **Project Achieve:** Addresses the complex challenges of families with children diagnosed with mental illness and developmental disability.
 - **The Independent Living Program:** prepares young people for the challenges and opportunities they face as self-sufficient adults. The program serves young adults ages 16 to 21 who have either gainful employment or are in school full time. *Residents must be referred by the Alabama Department of Human Resources*
 - **Adolescent Independence Program:** Through a contract with the Alabama Department of Human Resources, Alta Pointe provides intensive services and support to young adults, ages 16 to 21, who are under DHR care. This home-like facility in Mobile County can accommodate ten young men. Group homes and a supported employment program are also available.
- **American Red Cross**
 - **Phone Number:**
 - (800)-733-2767
 - Local Office: (251) 544-6100
 - **Address:** 35 N Sage Ave., Mobile, AL 36607
 - **Hours:** Monday – Friday from 8:00 A.M. – 5:00 P.M.
 - **Web Address:** <https://www.redcross.org/>
 - **Programs:**
 - Have you been affected by a home fire or other disaster? The Red Cross is here for you. Please call us 24 hours a day.
 - Emergency Shelters and Veteran Assistance: Call for more information.
 - Office hours are Monday - Friday, 8 AM – 5 P.M.
- **Department of Human Resources: Adult Services**
 - **Phone Number:**
 - Office: (251) 450-7000
 - Adult Abuse Hotline 1-800-458-7214
 - **Address:** 3103 Airport Blvd., Mobile, AL 36606
 - **Hours:** Monday - Friday from 8:00 A.M. – 4:30 P.M.
 - **Web Address:** <https://dhr.alabama.gov/adult-protective-services/>
 - **Programs:**
 - The mission of the Adult Protective Services Division is to support and enable County Departments to protect elderly and disabled adults from abuse, neglect, and exploitation and prevent unnecessary institutionalization
- **Franklin Medical and Dental Express**
 - **Phone Number:** (251) 432-4117
 - **Address:** 1303 Dr. Martin Luther King Jr. Ave., Mobile, AL 36603
 - **Hours:** Monday - Friday from 8:00 A.M. – 5:00 P.M.
 - **Web Address:** <https://franklinprimary.org/>
 - **Programs:**
 - **Dental:** Exams, cleanings, sealants temporary fillings, extractions, partials, dentures, flippers, whitening

- **Franklin Medical & Dental Express:** by appointment only.
 - Pediatrics
 - OB/GYN
 - Family medicine
 - Internal medicine
 - Geriatrics
 - Rheumatology
 - Optometry
 - Physical therapy
 - Nutrition services, wellness & fitness services
 - Social services
 - Substance abuse prevention and treatment
 - HIV/AIDS services including case management and health education
 - Pharmacy
 - Laboratory and x-ray
 - Transportation services for the homeless
- **HOPE For All Gulf Coast**
 - **Phone Number:** (251) 450-3345
 - **Address:** 279 N Washington Ave. Building B., Mobile, AL 36603
 - **Web Address:** <https://hfal.org/>
 - **Programs:**
 - **Community Housing Programs provide housing assistance to:** Families with children, unaccompanied youth (18 – 24 years old), chronically homeless individuals, homeless individuals and families with a disability, and unaccompanied homeless individuals.
 - Outreach provides services to those experiencing homelessness on location, removing the barrier of transportation for those in need of assistance.
 - Supportive Services for Veteran Families (SSVF) Program provides assistance to low-income veteran families that are experiencing homelessness or are at risk of homelessness.
- **Medicare**
 - **Phone Number:** (800) 633-4227
 - **Web Address:** <https://www.medicare.gov/>
 - **Programs:**
 - Medicare is health insurance for people 65 or older. You're first eligible to sign up for Medicare 3 months before you turn 65.
 - You may be eligible to get Medicare earlier if you have a disability, End-Stage Renal Disease (ESRD), or ALS (also called Lou Gehrig's disease).
- **Mobile County Health Department - Family Health and Primary Care**
 - **Phone Number:** (251) 690-8158
 - **Address:** 251 N. Bayou St., Mobile, AL 36603
 - **Web Address:** <https://mchd.org/family-health/>
 - **Programs:**
 - Since its inception in 1979, Family Health has provided services (adult health, pediatric health, women's health, dental services) to the

uninsured, underinsured, insured, and medically underserved populations of Mobile County.

- In addition to the general population, the center has also targeted special populations (such as migrant and seasonal workers, refugees, public housing residents, and people living with HIV/AIDS)
- With the addition of **Mobile Medical Unit II**, Family Health now operates 13 Federally Qualified Health Center service delivery sites conveniently located throughout Mobile County. This includes the original MMU I, which has been in service since 2001.

- **Mobile Housing Authority**

- **Phone Number:**

- **Office:** (251) 434-2200
 - **Clinton Johnson Center:** (251) 470-1728
 - **Bishop State:** (251) 662-5370
 - **Career Links:** (251) 433-1358 for ages 16-21

- **Address:** 151 S. Claiborne St., Mobile, AL 36602

- **Hours:** Monday - Friday from 8:00 AM to 4:30 PM.

- **Web Address:** <https://www.mobilehousing.org/>

- **Programs:**

- **Educational programs:** GED preparation, free to low-income people within the city limits of Mobile. These programs are available at three centers:
 - **Senior Services:** Housing assistance, case management, transportation, wellness programs, meal services, computer access.
 - Housing counseling program
 - Financial planning assistance
 - Daycare and after-school care for children. Cost varies by ability to pay and is discounted for people in public housing.

- **Mobile VA Clinic**

- **Phone Number:**

- Main phone: (251) 219-3900
 - VA health connect: 833-363-1063
 - Mental health care: (251) 219-3918

- **Address:** 4444 Demetropolis Rd. Mobile, AL 36619

- **Hours:** Monday - Friday from 8:00 A.M. - 4:30 P.M.

- **Web Address:** <https://www.va.gov/gulf-coast-health-care/locations/mobile-va-clinic/>

- **Programs:**

- Labs and blood work
 - Mental health care
 - Women's health care
 - Radiology
 - Social services
 - Telehealth
 - A strong network of family and internal medicine specialists and services can offer you the best possible care. Internal medicine doctors (internists) prevent, diagnose, and treat adult diseases. Doctors who specialize in family medicine provide primary health care to the entire family.

- **Mobile Vet Center**
 - **Phone Number:** (251) 478-5906
 - **Address:** 3221 Springhill Ave. Building 2, Suite C., Mobile, AL 36607
 - **Web Address:** <https://www.va.gov/mobile-vet-center/>
 - **Programs:**
 - We offer confidential help for Veterans, service members, and their families at no cost in a non-medical setting.
 - Counseling for needs such as depression, posttraumatic stress disorder (PTSD), and the psychological effects of military sexual trauma (MST).
 - We can also connect you with more support in VA and your community.
- **National Alliance of Mental Illness (Nami)**
 - **Phone Number:** (251) 461-3450
 - **Address:** P. O. Box 161522, Mobile, AL 36616
 - **Web Address:** <https://namimobile.org/>
 - **Programs:**
 - The peer-led programs and support groups offer education, skill training and support and are provided free to the community; connections recovery support group;
 - Offered virtually: Basics, Homefront
 - In our Own Voice, Peer-to-Peer, Family to Family, Family & Friends
- **People Engaged in Recovery**
 - **Phone Number:** (251) 219-7811
 - **Address:** 3103 Airport Blvd. Suite 160, Mobile, AL 36606
 - **Web Address:** <https://peopleengagedinrecovery.org/>
 - **Programs:**
 - Peer-led support groups
 - Peer mentoring
 - Yoga and Meditation
 - Basic living skills
 - Veterans support groups
 - Relapse prevention planning
- **Rebuilding Together of South Alabama**
 - **Phone Number:** (251) 289-1684
 - **Email Address:** Twalker@rebuildingtogethersa.org
 - **Address:** P.O. Box 1752, Mobile, AL 36633
 - **Hours:** Monday- Friday from 8:00 A.M. – 4:00 P.M.
 - **Web Address:** <https://www.rebuildingtogethersa.org/>
 - **Programs:**
 - Minor Home Repairs
 - Accessibility Supports/Modification
 - Lawn Care Services
 - Disaster Preparedness
 - Disaster Response
 - Disaster Long Term Recovery/Repair/Rebuild
 - Community Revitalization (Playgrounds, Community Org Projects, etc)
 - Volunteer Services

- Services are free to low-income homeowners in Choctaw, Clarke, Mobile, and Washington counties. Our client base is veterans, senior citizens, those living with disabilities, and single-parent households. Our services are offered by volunteers-skilled and unskilled.
 - Requirements are: must own the home (no rental property or heir properties), have resided in the home for more than 3 years, and meet our income requirements.
- **Salvation Army**
 - **Phone Number:** (251) 438-1625
 - **Address:** 1009 Dauphin St., Mobile, AL 36604
 - **Web Address:** <https://www.salvationarmyusa.org/usn/>
 - **Programs:**
 - Rehabilitation
 - Missing persons
 - Adult rehabilitation center
 - Disaster services
 - Casework services
 - Emergency shelter
 - Community recreation programs
 - Food pantry
 - Alcohol, and drug treatment
 - Day camp activities
- **South Alabama Regional Planning Commission Area Agency on Aging**
 - **Phone Number:** (251) 706-4680
 - **Address:** 110 Beauregard St., Mobile, AL 36602
 - **Web Address:** <https://agingsouthalabama.org/>
 - **Programs:**
 - The agency provides various services for older adults, persons with disabilities and caregivers.
 - Over 25 **senior centers** provide recreation, transportation to the center, and a midday meal; or home-delivered meals for the homebound.
 - Other programs include in-home services through the Medicaid Waiver program, information, assistance and referral, benefits screening and application assistance, State Health Insurance Counseling program for persons with Medicare, SenioRx.
 - Prescription assistance, health promotion classes, volunteer programs, Long Term Care Ombudsman for residents of nursing or assisted living facilities, legal counseling, and annual Senior Expos.
- **Veteran Affairs**
 - **Phone Number:** 1- 800-698-2411
 - **Web Address:** <https://www.va.gov/>
 - **Programs:**
 - Veterans who are homeless or at risk of homelessness and their family members, friends, and supporters can make the call to or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24 hours a day, 7 days a week.

- **Homeless Providers Grant and Per Diem (GPD) Program:** VA funds over 12,000 beds for eligible Veterans. Grantees work closely with an assigned liaison from the local VAMC. The VA GPD liaison monitors the services the grantees offer to Veterans and provides direct assistance to them.
- Grantees also collaborate with community-based organizations to connect Veterans with employment, housing and additional social services to promote housing stability. The maximum stay in this housing is up to 24 months, with the goal of moving Veterans into permanent housing.
- **Domiciliary Care for Homeless Veterans (DCHV) Program:** This program encompasses residential care for sheltered and unsheltered Veterans with multiple challenges, illnesses or rehabilitative care needs. DCHV provides a structured setting to foster Veterans' independence and mutual support.
- **Homeless Veteran Community Employment Services (HVCES):** Under this program, each VA Medical Center (VAMC) has received funding to hire new vocational development specialists who are serving as Community Employment Coordinators (CECs) to boost employment outcomes for Veterans who are homeless or at risk of becoming homeless.
- **Compensated Work Therapy (CWT):** CWT is comprised of transitional work and supported employment program, which assists homeless Veterans in returning to competitive employment.
- **Health Care for Homeless Veterans (HCHV):** This program offers outreach, case management and residential treatment services to help Veterans transition from living on the street or in institutions to stable housing situations.
- **Homeless Patient Aligned Care Teams (HPACTs) Program:** Located on the campuses of VA medical centers (VAMCs), community-based outpatient clinics and Community Resource and Referral Centers, HPACT clinics provide a coordinated "medical home" tailored to the needs of homeless Veterans. They integrate clinical care, social services, enhanced access and community coordination.
- **Veterans Justice Outreach (VJO) and Health Care for Reentry Veterans (HCRV) Programs:** VJO aims to prevent homelessness by helping justice-involved Veterans who have mental health or substance use issues access needed VA clinical services. HCRV specialists work with Veterans to ease their transition from prison back into the community.
- **Veterans Transportation Service:** The Veterans Transportation Service (VTS) provides safe and reliable transportation to Veterans who require assistance traveling to and from VA health care facilities and authorized non-VA health care appointments. VTS also partners with service providers in local communities to serve Veterans' transportation needs.
- **Veterans Crisis Line**
 - **Phone Number:**
 - Dial 988 then Press 1
 - Text 838255
 - **Web Address:** <https://www.veteranscrisisline.net/>

- **Programs:**
 - You're not alone, the Veterans Crisis Line is here for you. You don't have to be enrolled in VA benefits or health care to call.
 - Please call us 24 hours a day.
 - **Veterans Recovery Resources**
 - **Phone Number:** (251) 405-3677
 - **Email Address:** info@vetsrecover.org
 - **Address:** 1200 Springhill Ave., Mobile, AL 36604
 - **Web Address:** <https://vetsrecover.org/>
 - **Programs:**
 - Vets Recover is a trusted organization dedicated to providing comprehensive care and support to veterans, first responders, and their families. Our mission is to remove barriers to care, deliver quality integrated health care, and build a better community through recovery and connection.
 - Our Outpatient Facility delivers the highest quality integrated healthcare and accelerates well-being to treat the whole person while providing hope and healing. We offer primary care screening and monitoring; psychiatric rehabilitation; behavioral health services, peer support services, transportation assistance; and more
 - We are working to remove barriers to care by offering services such as Telehealth, transportation assistance, and 24/7 Crisis Care.
 - **Volunteers of America**
 - **Phone Number:** (251) 300-3500
 - **Address:** 1204 Hillcrest Rd., Mobile, AL 36695
 - **Web Address:** <https://voase.org/>
 - **Programs:**
 - Volunteers of America Southeast offers direct human-care services, affordable housing, faith-based resource programs, and community outreach.
 - Some of our services provide care for people with intellectual and developmental disabilities, mental health issues, substance abuse, low-income seniors, and the homeless.
 - **Workforce Alabama**
 - **Phone Number:** (251) 461-4146
 - **Address:** 515 Springhill Plaza Ct., Mobile, AL 36608
 - **Web Address:** <https://alabamaworks.alabama.gov/vosnet/default.aspx>
 - **Programs:**
 - Alabama's network of 57 **One-Stop Alabama Career Centers** and satellites are strategically located throughout the state.
 - Job search and development, occupational and educational training, vocational rehabilitation, veterans' services, and unemployment insurance information are offered.
-

Food and Shelter

Day Centers

- **Alabama Department of Rehabilitation**
 - **Phone Number:**
 - (800) 879-8163
 - (251) 432-4560
 - **Address:** 1610 Center St. Suite A., Mobile, AL 36604
 - **Web Address:** <https://www.rehab.alabama.gov/>
 - **Programs:**
 - Early Intervention (EI) Birth to 3
 - Children's Rehabilitation (CRS) Under 21
 - Vocational Rehabilitation (VRS) Job Training
 - VRS – Blind and Deaf (VRS-BD) Specialized
 - Independent Living (SAIL) Homebound
 - From birth through adulthood, we have programs and a highly skilled, compassionate staff who can help assess your situation and provide the most appropriate treatment, therapies, and services. Whatever we can do to help you reach your maximum potential, we'll be with you and your family all the way.
- **Goodwill Gulf Coast**
 - **Phone Number:** (251) 471-1581
 - **Address:** 2440 Gordon Smith Dr., Mobile, AL 36617
 - **Web Address:** <https://www.goodwillgulfcoast.org/>
 - **Programs:**
 - Early childhood resources
 - GED and English Language Learner classes
 - Goodwill Gulf Coast is partnering with Mobile Public Library to offer small GED classes, tailored to YOU, on Tuesday and Thursday evenings beginning at 4:00 p.m. in the Technology Center at the Ben Main May Library. You must sign up in advance before joining the class. Complete the form to be entered into the state system and enroll in the class. For more information about GED classes, call LaToya with Goodwill Gulf Coast at 251-300-6278.
 - Work training and job search assistance
 - Medical and disability services are available as well.
 - **The We Share program** provides equipment such as wheelchairs, walkers, and personal care items, available at no cost, with limited funding from the Alabama Department of Rehab (STAR program). Medical equipment is available for anyone at all our retail stores (ask a cashier, items subject to availability).
 - **Kaleidoscope** is a program for younger adults who have recently transitioned out of high school and other non-senior adults who desire to remain active and engaged in structured daytime learning and recreational activities. Our goal is to help adults with developmental and/or other disabilities to enhance skills and characteristics important to

personal growth, happiness, and self-sufficiency through meaningful and challenging group activities. The program operates in Mobile on our Gordon Smith campus, Monday – Friday (7:30 – 5:00).

- Through the **Volunteer Income Tax Assistance (VITA)** program, low- to moderate-income families can file a Federal and State return for free with help from a volunteer, IRS-certified and trained tax preparer.
- **Child development center** in partnership with the local school system in Mobile. Children of all abilities receive high quality instruction with small child-staff ratios. Our center is in Mobile off Old Shell Road at Spring Hill Presbyterian Church.

- **McKemie Place - Shelter for Women**

- **Phone Number:** (251) 287-2225
- **Web Address:** <https://www.mckemieplace.org/>
- **Programs:**
 - McKemie Place is the only temporary emergency shelter for unaccompanied women 18 years old or older in our Region.
 - Each client that comes to McKemie Place is required to have bi-weekly meetings with our case manager in an effort to create and achieve goals that enable them to regain their independence. We connect women with local resources to help them grow spiritually and leave us in better mental and emotional health ready to sustain long term self-sufficiency.
 - We do not discriminate in providing services to anyone based on their religion or beliefs. Our clients can voluntarily choose to participate in any services offered by the local faith-based community.
 - Women needing our services should contact the shelter at (251) 287-2225 to speak with a staff person and go through a brief phone screening. Our phones are answered 24 hours per day.

- **Mobile Parks and Recs Senior Centers**

- **Phone Number:** (251) 208-6165
- **Web Address:** <https://www.cityofmobile.org/parks-rec/seniors>
- **Programs:**
 - Our community includes 55+seasoned community members who are active, engaged, independent and lifelong learners.
 - Programs include social and recreational activities, health and fitness classes, educational and enrichment programs, technology assistance, retirement planning, and volunteer activities.
 - We currently have three Senior Centers that we manage and Programs: Connie Hudson Senior Center, Parkway Senior Center, and Tricksey Senior Center.

- **Salvation Army**

- **Phone Number:** (251) 438-1625
- **Address:** 1009 Dauphin St., Mobile, AL 36604
- **Web Address:** <https://www.salvationarmyusa.org/usn/>
- **Programs:**
 - Rehabilitation
 - Missing persons
 - Adult rehabilitation center

- Disaster services
 - Casework services
 - Emergency shelter
 - Community recreation programs
 - Food pantry
 - Alcohol, and drug treatment
 - Day camp activities
- **Via! Health Fitness and Enrichment Center**
 - **Phone Number:** (251) 478-3311
 - **Address:** 1717 Dauphin St., Mobile, AL 36604
 - **Hours:**
 - Monday – Thursday from 7:00 A.M. - 6:00 P.M.
 - Friday from 7:00 A.M. - 1:00 P.M.
 - Saturday from 8:00 A.M. - 12:00 P.M.
 - **Web Address:** <https://viamobile.org/>
 - **Programs:**
 - The Via Health, Fitness and Enrichment Center/Senior Citizens Services promotes a healthy, active, independent lifestyle among adults. Via/SCS advocates, teaches, and leads healthy aging programs and initiatives for the surrounding community.
 - **GrandFriends Adult Day Program** is a community service program of Via Health, Fitness and Enrichment Center. This program is designed to offer caregivers an affordable opportunity for respite while providing supervised activities within a safe, healthy, and comfortable environment.
- **Waterfront Rescue Mission of Alabama**
 - **Phone Number:** (251) 433-1847
 - **Address:** 279-A N. Washington Ave., Mobile, AL 36603
 - **Web Address:** <https://waterfrontmission.org/>
 - **Programs:**
 - Waterfront Rescue Mission of Mobile, Alabama serves men experiencing food insecurity, homelessness, addiction, and other personal challenges. Our services include free day services for men, women, and families in need—providing meals, clothing, basic hygiene items, bag storage, and mail services; overnight shelter for men; comprehensive rescue programs designed to break the cycle of homelessness and help men achieve employment and sustainable housing; and a nine-month recovery program for those seeking to overcome life-dominating addictions.
 - **Overnight Shelter** (Men Only): Check-in from 4 PM to 6:30 PM.
 - **Day Services** (Men, Women, and Families): Monday-Friday from 8 AM to 3 PM.

Emergency Shelter Information

- **American Red Cross**
 - **Phone Number:**
 - (800)-733-2767
 - Local Office: (251) 544-6100
 - **Address:** 35 N Sage Ave., Mobile, AL 36607
 - **Hours:** Monday – Friday from 8:00 A.M. – 5:00 P.M.
 - **Web Address:** <https://www.redcross.org/>
 - **Programs:**
 - Have you been affected by a home fire or other disaster? The Red Cross is here for you. Please call us 24 hours a day.
 - Emergency Shelters and Veteran Assistance: Call for more information.
 - Office hours are Monday - Friday, 8 AM – 5 P.M.
- **Family Promise of Coastal Alabama**
 - **Phone Number:** (251) 441-1991
 - **Web Address:** <https://www.familypromisemobile.org/>
 - **Programs:**
 - Mission: To provide temporary shelter, related services and nurturing support to families with children who are experiencing a homelessness crisis.
 - Short-term shelter, meals, and life skills classes for families with children.
 - We offer transitional housing for 12 or more months, and temporary support after program participation. For families experiencing housing insecurity but have identified temporary housing on their own.
 - Shelter Diversion assistance to help them avoid entering the shelter system. If eligible families can receive transportation assistance, household goods, and financial assistance for re-housing. All families receive intensive client-centered case management.
- **McKemie Place - Shelter for Women**
 - **Phone Number:** (251) 287-2225
 - **Web Address:** <https://www.mckemieplace.org/>
 - **Programs:**
 - McKemie Place is the only temporary emergency shelter for unaccompanied women 18 years old or older in our Region.
 - Each client that comes to McKemie Place is required to have bi-weekly meetings with our case manager in an effort to create and achieve goals that enable them to regain their independence. We connect women with local resources to help them grow spiritually and leave us in better mental and emotional health ready to sustain long term self-sufficiency.
 - We do not discriminate in providing services to anyone based on their religion or beliefs. Our clients can voluntarily choose to participate in any services offered by the local faith-based community.
 - Women needing our services should contact the shelter at (251) 287-2225 to speak with a staff person and go through a brief phone screening. Our phones are answered 24 hours per day.

- **Mobile County Emergency Management Agency**
 - **Phone Number:** (251) 460-8000
 - **Website:** <https://mcema.net/>
 - **Programs:**
 - Check the website or call for shelter locations at time of emergency as they are subject to change.
- **Penelope House**
 - **Phone Number:** (251) 342-8994
 - **Web Address:** <https://penelopehouse.org/>
 - **Programs:**
 - The crisis line is answered 24 hours a day, 365 days a year to provide emergency shelter, Domestic Violence counseling, information, and referral services to victims of Domestic Violence and their children.
 - **Males and Females are welcome.**
- **Ryan's Refuge**
 - **Phone Number:**
 - Eric Overstreet - (251) 228-8454
 - Heather Overstreet - (207) 267-0530
 - **Address:** 554 South Craft Hwy., Mobile, AL 36617
 - **Web Address:** <https://www.ryanrefuge.com/>
 - **Programs:**
 - Mission Statement: Stabilization of Displaced Persons.
 - **We are a First Steps Program with the goal of getting men off the streets and into the kingdom!**
 - Our 1st step and number one goal is stabilization. We do this through providing housing, mental health care, rehabilitation, detox, and health care.
 - Step 2 is Legalization. We will make sure they have all documentation (birth cert, SS card, ID, etc.) We will also handle legal issues such as probation, warrants, fines, etc.
 - Step 3 is referral to Next Step Programs and job training to prepare these men to be active and successful member of society.
- **Salvation Army**
 - **Phone Number:** (251) 438-1625
 - **Address:** 1009 Dauphin St., Mobile, AL 36604
 - **Web Address:** <https://www.salvationarmyusa.org/usn/>
 - **Programs:**
 - Rehabilitation
 - Missing persons
 - Adult rehabilitation center
 - Disaster services
 - Casework services
 - Emergency shelter
 - Community recreation programs
 - Food pantry
 - Alcohol, and drug treatment
 - Day camp activities

- **Showered by the Holy Spirit**
 - **Phone Number:** (251) 365-5629
 - **Address:** 6360 Theodore Dawes Rd., Theodore, AL 36582
 - **Web Address:** <https://theodorecog.com/>
 - **Programs:**
 - Free Showers: 4:00 P.M. every Friday rides available upon request. Toiletries, towels and cloths provided Call to schedule: (251) 365-5629
 - **Emergency Hot and Cold Shelter** off and on throughout the Year.
- **Via! Health Fitness and Enrichment Center**
 - **Phone Number:** (251) 478-3311
 - **Address:** 1717 Dauphin St., Mobile, AL 36604
 - **Hours:**
 - Monday – Thursday from 7:00 A.M. - 6:00 P.M.
 - Friday from 7:00 A.M. - 1:00 P.M.
 - Saturday from 8:00 A.M. - 12:00 P.M.
 - **Web Address:** <https://viamobile.org/>
 - **Programs:**
 - The Via Health, Fitness and Enrichment Center/Senior Citizens Services promotes a healthy, active, independent lifestyle among adults. Via/SCS advocates, teaches, and leads healthy aging programs and initiatives for the surrounding community.
 - **GrandFriends Adult Day Program** is a community service program of Via Health, Fitness and Enrichment Center. This program is designed to offer caregivers an affordable opportunity for respite while providing supervised activities within a safe, healthy, and comfortable environment.

Free Showers

- **First Christian Church - Homeless Ministry**
 - **Phone Number:** (251) 473-7979
 - **Email Address:** leehixonfcc@gmail.com
 - **Address:** 1419 Government St., Mobile, AL 36604
 - **Web Address:** <https://www.facebook.com/FirstChristianChurchMobile/>
 - **Programs:**
 - Free Services for the Homeless
 - Showers, Free Clothing and Shoes and Hot Meals - Mondays from 11:00 A.M. - 1:30 P.M.
 - Brown Bag lunches every Tuesday and Thursday 10:00 A.M. - 2:00 P.M.
- **Showered by the Holy Spirit**
 - **Phone Number:** (251) 365-5629
 - **Address:** 6360 Theodore Dawes Rd., Theodore, AL 36582
 - **Web Address:** <https://theodorecog.com/>

- **Programs:**
 - Free Showers: 4:00 P.M. every Friday rides available upon request. Toiletries, towels and cloths provided Call to schedule: (251) 365-5629
 - **Emergency Hot and Cold Shelter** off and on throughout the Year.
- **Waterfront Rescue Mission of Alabama**
 - **Phone Number:** (251) 433-1847
 - **Address:** 279-A N. Washington Ave., Mobile, AL 36603
 - **Web Address:** <https://waterfrontmission.org/>
 - **Programs:**
 - Waterfront Rescue Mission of Mobile, Alabama serves men experiencing food insecurity, homelessness, addiction, and other personal challenges. Our services include free day services for men, women, and families in need—providing meals, clothing, basic hygiene items, bag storage, and mail services; overnight shelter for men; comprehensive rescue programs designed to break the cycle of homelessness and help men achieve employment and sustainable housing; and a nine-month recovery program for those seeking to overcome life-dominating addictions.
 - **Overnight Shelter** (Men Only): Check-in from 4 PM to 6:30 PM.
 - **Day Services** (Men, Women, and Families): Monday-Friday from 8 AM to 3 PM.

Food Pantries and Assistance

- **A Servant's Love**
 - **Phone Number:** (251) 895-6967
 - **Address:** P. O. Box 9068, Mobile, AL 36691
 - **Hours:**
 - Monday - Friday from 9:00 A.M. - 5:00 P.M.
 - Saturdays by appointment
 - **Web Address:** <https://www.aservantslove.org/>
 - **Programs:**
 - **Senior Nutrition & Wellness program (SNWP)** is a multifaceted program focused on providing senior citizens with hunger relief and healthy eating choices.
 - SNWP provides nutritious food assistance to income-challenged senior citizens every month. Prequalified participants receive nutritious non-perishable food items and fresh fruits and vegetables. Meat and fresh eggs are provided when available.
 - Household supplies such as bathroom tissue and other paper products are also given each month.
 - Call for more information.

- **African Universal Church**
 - **Phone Number:** (251) 626-6056
 - **Address:** 8355 Jonesboro Rd., Daphne, AL 36526
 - **Web Address:** <https://africanuniversalchurch.org/>
 - **Programs:**
 - **Food Pantry:** Thursdays from 10:00 A.M. — Noon

- **AIDS Alabama South**
 - **Phone Number:** (251) 471-5277
 - **Address:** 4321 Downtowner Loop N., Mobile, AL 36609
 - **Hours:**
 - Client Services:
 - Monday-Friday, 8am-4:00pm, with appointment.
 - 4321 Downtowner Loop N., Mobile, AL 36609
 - 251-471-5277
 - **Web Address:** <https://www.aidsalabamasouth.org/>
 - **Programs:**
 - **Free HIV & STI Testing, Treatment & PrEP:** SHELL Health Services (AIDS Alabama South's clinic)
 - Walk-ins Welcome
 - 717 Downtowner Loop W., Mobile, AL 36609
 - 251-694-6049
 - When someone tests positive for HIV at our clinic, we connect them with a dedicated social worker who helps coordinate comprehensive care. This includes medical support, financial assistance, housing help, mental health counseling, nutrition programs, peer support groups, and transportation services.
 - **Our services include:**
 - Free HIV & STI testing
 - HIV & STI Treatment and PrEP
 - Case management
 - Food support program
 - Housing assistance
 - Utility assistance
 - Transportation
 - Dental treatment
 - Linkage to care coordination
 - Mental health counseling
 - Support groups

- **Airport Boulevard Baptist Church**
 - **Phone Number:** (251) 342-3280
 - **Address:** 6301 Airport Blvd., Mobile, AL 36608
 - **Web Address:** <https://abbclife.com/>
 - **Programs:**
 - **Food Pantry:** Please call for an appointment Monday through Thursday only.
 - We only serve residents in the 36608, 36609, and 36695 zip codes.

- **Azalea City Church of Christ**
 - **Phone Number:** (251) 649-2436
 - **Address:** 3550 Schillinger Rd. N., Semmes, AL 36575
 - **Web Address:** <https://azaleacity.org/>
 - **Programs:**
 - **Food Pantry:** First Thursday of the Month 9:00 A.M. – 11:00 A.M.
 - **Must bring I.D.**
- **Bayou Sara Baptist Church**
 - **Phone Number:** (251) 675-1770
 - **Address:** 12 Bayou Sara Ave., Saraland, AL 36571
 - **Web Address:** <https://www.bayousarabaptist.org/>
 - **Programs:**
 - **Food Pantry:** Tuesdays from 8:00 A.M. - 10:00 A.M. and Thursdays from 1:00 P.M. - 2:30 P.M.
 - Serves the Communities of Saraland and Satsuma.
- **Calvary Chapel Fellowship of Foley**
 - **Phone Number:** (251) 943-7990
 - **Address:** 18464 Underwood Rd., Foley, AL 36535
 - **Web Address:** <https://www.ccfoley.com/>
 - **Programs:**
 - **Food Pantry:** Every Thursdays: 9:00 A.M. - 10:00 A.M.
 - Current I.D. Required.
- **Catholic Social Services**
 - **Phone Number:** (251) 434-1500
 - **Address:** 188 S Florida St., Mobile, AL 36606
 - **Web Address:** <https://catholicsocialservices.org/ministries-and-services>
 - **Programs:**
 - Appointments for Emergency Assistance are made by phone, beginning at 8:45 A.M. on Friday, for the following week. All other program appointments can be made by calling (251) 434-1550.
 - Food Pantry:
 - Monday - Friday from 8:45 A.M. - 11:30 A.M.
 - And from 1:30 P.M. - 4:00 P.M.
 - Emergency Assistance
 - Pregnancy and parenting education
 - Adoption services counseling
 - Disability ministries and services
 - Refugee resettlement
 - St. Teresa of Calcutta Senior Ministries (non-medical) for seniors ages 60+
 - The Curiosity Shoppe is a resale store adjacent to our office.
 - Monday from Noon - 4:00 P.M.
 - Wednesday and Friday from 9:00 A.M. - 4:00 P.M.

- **Catholic Social Services of Baldwin County**
 - **Phone Number:** (251) 947-2293
 - **Address:** 23010 Highway 59 N., Robertsdale, AL 36567
 - **Web Address:** <https://catholicsocialservices.org/catholic-social-services-robertsdale>
 - **Programs:**
 - Limited financial and material assistance for individuals and families experiencing a financial crisis.
 - **Food Pantry:** By Appointment Only, Baldwin County Residents Only
 - Pregnancy testing
 - Parenting classes
 - Disability Services
 - **The Second-Hand Blessing**, which is a resale store adjacent to our offices.
 - Monday to Friday from 9:00 A.M. - 4:00 P.M.
- **Chickasaw United Methodist Church - Mike's Pantry**
 - **Phone Number:** (251) 452-3461
 - **Email Address:** Chickasawumc@gmail.com
 - **Address:** 108 Lee St., Chickasaw, AL 36611
 - **Hours:** Monday - Thursday from 8:00 A.M. - 3:00 P.M. and Friday from 8:00 A.M. - Noon.
 - **Web Address:** <https://www.chickasawmethodist.com/>
 - **Programs:**
 - Food Pantry: 1st and 3rd Tuesday of the month from 3:00 P.M. - 5:00 P.M.
 - Get free Filling, shelf-stable foods. Dairy, Ensure for seniors, or paper products too.
 - Some families may be given gift cards or vouchers.
- **Christ United Church Lifegate**
 - **Phone Number:** (251) 380-0583
 - **Address:** 6101 Grelot Rd., Mobile, AL 36609
 - **Hours:** For Appointments call Mondays and Wednesdays from 8:00 A.M. - 10:30 A.M.
 - **Web Address:** <https://christunited.com/lifegate>
 - **Programs:**
 - Lifegate offers food bags, Thanksgiving food baskets, utility bills, free Bibles, prayer, and spiritual guidance.
 - Lifegate **clients are seen by appointment only. Walk-in clients will not be seen.** Call (251) 380-0583 on Mondays or Wednesdays between 8:00 A.M. – 10:30 A.M.
 - Lifegate is a vital outreach ministry of love and compassion within Christ United Church. The purpose of Lifegate is to minister to church members and people in our community in a crisis situation.
 - Priority assistance is given to the elderly and the disabled.
 - If you qualify for services, you will be given an appointment for the next day that Lifegate is open.
- **Congregation Tree of Life**

- **Phone Number:** (251) 776-1002
- **Address:** 8715 Jeff Hamilton Rd., Mobile, AL 36695
- **Web Address:** <https://congregationtreeoflife.wordpress.com/food-outreach/>
- **Programs:**
 - **Food Pantry:** Last Sunday of every month from 2:00 P.M. – 3:30 P.M.
- **Dauphin Island United Methodist Church**
 - **Phone Number:** (251) 861-5509
 - **Address:** 302 Key St., Dauphin Island, AL 36528
 - **Web Address:** <https://www.diumc.org/>
 - **Programs:**
 - **Food Pantry:** 3rd Thursday of the month: 3:00 P.M. - 5:00 P.M.
- **Department of Human Resources: Food Assistance Division**
 - **Phone Number:** (251) 450-7000
 - **Address:** 2970 Cottage Hill Rd. Suite 150, Mobile, AL 36606
 - **Web Address:** <https://dhr.alabama.gov/food-assistance/>
 - **Programs:**
 - This program administers the Food Stamp Program.
 - The eligibility rules and benefit amounts are based on income and household size.
- **Dumas Wesley Community Center**
 - **Phone Number:** (251) 479-0649
 - **Address:** 126 Mobile St., Mobile, AL 36607
 - **Web Address:** <https://www.dumaswesley.org/>
 - **Programs:**
 - **Transitional Housing Program, Sybil H. Smith Family Village, (SSFV)**
 - SSFV seeks to help homeless single women and homeless women with children establish and maintain self-sufficiency. An 18-unit facility that provides 24 months of housing for up to 150 individuals annually.
 - Contact Sybil Smith Family Village at 251-473-5526 for further information on eligibility requirements and application procedures.
 - Mandatory case management, life skills classes and job readiness courses for program participants
 - Residents are required to work full-time and/or attend school full-time
 - Childcare and after school care provided for families
 - Sober living environment
 - <https://www.dumaswesley.org/transitional-housing/>
 - **Baldwin Family Village**
 - The Baldwin Family Village provides 12 months of housing stability and wrap-around services for up to 100 single women and women with children annually from Baldwin County.
 - BFV seeks to break the cycle of homelessness and help women and children re-establish and maintain self-sufficiency by focusing

- on accountability, case management, life skills, and behavior modification.
- Contact the Baldwin Family Village, at 251-210-4045 for further information on eligibility requirements and application procedures.
- <https://www.dumaswesley.org/baldwinfamilyvillage/>
- **Youth Programming**
 - **The After School Achievement Program (ASAP)** provides a variety of academic and character-building activities for underserved youth. Programming includes: tutoring, science, technology, engineering, arts and mathematics (STEAM) workshops, career exploration, sports activities, a meal program and special "youth-empowered" events.
 - **The Summer Recreation Program** serves area children ages 6-15. The fun-filled summer includes a variety of educational field trips, academic enrichment, STEAM workshops, swimming, and a five-day trip to Camp Blue Lake in Andalusia, Alabama.
 - <https://www.dumaswesley.org/afterschoolachievementprogram/>
 - <https://www.dumaswesley.org/summerprogram/>
- **Senior Services**
 - The Senior Activities for Independent Living (SAIL) program offers daily enrichment to low-income seniors 60 and older living in the 36607 and 36617 zip codes.
 - Congregate and homebound meals provided to seniors five days a week
 - On-site, weekly activities including: life skills classes, nutrition education, wellness checks, exercise classes and recreation
 - Transportation provided to and from the Center, as well as trips to the doctor, pharmacy and other life-sustaining services for enrolled participants
 - <https://www.dumaswesley.org/seniors/>
- **Food pantry**
 - A community partner of the Dumas Wesley Community Center, The Joseph Project (TJP), is a mission of Ashland Place United Methodist Church.
 - The food pantry is open to all in need and completely volunteer-supported and operated on the 1st and 3rd Thursday of each month. The food pantry is open from 10:00 AM – Noon at the Dumas Wesley Community Center.
 - The pantry serves 100 households on a first come, first served basis. Participants can receive supplemental food once a month.
- **Clothing Closet:**
 - Provides clothing and items free of charge to our program participants, helping them on their path to self-sustainability. Clothing assistance is also available to the local community by appointment only.
 - <https://www.dumaswesley.org/clothingcloset/>
- **Utility Assistance Program**
 - The Utility Assistance Program helps current and former Dumas Wesley participants maintain utility services. This program requires accountability as the participant must pay 50% of their utility bill.

- Dumas Wesley subsequently pays the remainder of the bill directly to the utility company to ensure that funds are used for intended purposes. Assistance is available by appointment only.
 - <https://www.dumaswesley.org/utilityassistance/>
- **Dwell Mobile**
 - **Phone Number:** (251) 487-9766
 - **Address:** 2496 Government Blvd., Mobile, AL 36606
 - **Web Address:** <https://www.dwellmobile.org/programs>
 - **Programs:**
 - **Food Pantry:** 3rd Saturday of the month at 9:30 A.M. The line begins prior to the start time. Supply is limited, arrive accordingly.
 - **English Classes:** Mondays & Wednesdays 7:00 P.M.- 8:00 P.M. & Tuesdays and Thursdays 10:00 A.M.-11:15 A.M.
 - **Passport to Literacy:** A tutoring program that promotes literacy among 1st through 12th grade children of resettled refugee and immigrant families. Attendance is incentivized by membership on Dwell's soccer team. Passport is a 12-week program that runs both in the fall and spring of each year.
- **Faith Factory**
 - **Phone Number:** (251) 401-5345
 - **Address:** 17927 Samantha Dr., Foley, AL 36535
 - **Web Address:** <https://www.faithfactorygc.com/>
 - **Programs:**
 - **Food Pantry:** Wednesdays by appointment only. Please call to schedule.
 - **Hot Meals:** Tuesday from 5:00 P.M. to 7:00 P.M.
- **First Baptist Church of Satsuma**
 - **Phone Number:** (251) 675-1280
 - **Address:** 5600 Old Highway 43, Satsuma, AL 36572
 - **Web Address:** <https://fbcsatsuma.com/events/tag/food-pantry>
 - **Programs:**
 - **Food Panty:** Tuesday and Thursday from 10:00 A.M. to Noon.
 - **Must have ID.**
- **First Baptist Church of Tillman's Corner**
 - **Phone Number:** (251) 661-0114
 - **Address:** 5660 Three Notch Rd. Mobile, AL 36619
 - **Web Address:** <https://fbtc.org/community-missions/>
 - **Programs:**
 - **Food Pantry:** Fridays from 9:00 A.M. - Noon
 - Eligibility to receive help is based on a number of factors. Call our office to make sure you qualify.
 - Including basic hygiene items, clothes, diapers through discipleship, gas vouchers and Christmas Store (applications take in October)
 - **Free Hot Meal:** open to all every first Friday of the month. From 9:00 A.M. - Noon with limited availability.

- **Greater New Hope Baptist Church**
 - **Phone Number:** (251) 229-8660
 - **Address:** 8570 E. Warner St. Bayou, La Batre, AL 36509
 - **Programs:**
 - **Food Pantry:** Please call Shoemate Ministries for an appointment
- **Helping Hands**
 - **Phone Number:** (251)-216-6615
 - **Address:** 328 S. Sage Ave., 3rd flr #302, Mobile, AL 36606
 - **Web Address:** <https://www.helpinghandsfoodpantry.net/>
 - **Programs:**
 - **Food Pantry:** by appointment only.
 - Please call (251) 216-6615 to arrange a time for assistance.
 - We serve anyone in Mobile County who has an emergency food need.
- **Holy Name of Jesus Church**
 - **Phone Number:** (251) 649-4794
 - **Address:** 2275 Snow Road N., Semmes, AL 36575
 - **Web Address:** <https://www.hnjcatholic.com/>
 - **Programs:**
 - **Food Pantry:** 1st and 3rd Thursday of the month from 8:30 A.M. - 11:30 A.M. Semmes and Wilmer residents only.
- **House of Rescue Church Ministries**
 - **Phone Number:** (251) 533-6803
 - **Address:** 726 Elba Ave., Mobile, AL 36612
 - **Web Address:** <https://www.facebook.com/houseofrescuechurch/>
 - **Programs:**
 - **Food Pantry:** Please call to make an appointment for the food pantry. 4th Saturday of each month from 8:00 A.M. - Noon.
- **Kingswood United Methodist Church**
 - **Phone Number:** (251) 661-0420
 - **Address:** 5200 Perin Rd., Mobile, AL 36693
 - **Web Address:** <https://www.facebook.com/kingswoodchurch1/>
 - **Programs:**
 - **Food Pantry:** Tuesdays from 10:00 A.M. - 12:00 P.M.
 - Serves 36582, 36609, 36619, 36693 zip codes only.
- **Love All Pantry Food Pantry**
 - **Phone Number:**
 - (251) 999-9019
 - (251) 432-0591
 - **Address:** 1260 Dauphin St. Mobile, AL 36604

- **Web Address:** <https://www.facebook.com/loveallpantry/>
- **Programs:**
 - Call For appointment:
 - Please call (251) 999-9019 after 2 P.M. on Tuesdays to make an appointment for the next Tuesday.
 - Call (251) 432-0591 with any questions or problems you may have in making an appointment
 - We strive to provide our clients with healthy fruits and vegetables, meats, and grains to encourage a healthy diet.
- **Manna House or Hands of Hope**
 - **Phone Number:** (251) 342-4886
 - **Address:** 3750 Michael Blvd., Mobile, AL 36609
 - **Web Address:** <https://authenticlife.tv/food-support/>
 - **Programs:**
 - **Food Pantry:** 2nd Saturday of each month from 8:00 A.M. - 10:00 AM.
 - Homeless Ministry: Our “Hands of Hope” homeless ministry seeks out the homeless and hurting and provides hot meals and resources.
- **Mobile County Community Action**
 - **Phone Number:** (251) 457-5700
 - **Address:** 461 Donald St., Mobile, AL 36617
 - **Web Address:** <https://www.mcamobile.org/departments/-community-services>
 - **Programs:**
 - Educate children
 - Feed the hungry
 - Offer assistance to the homeless
 - Provide heating and cooling assistance to those most in need
 - Adult literacy
 - Home repairs to reduce energy bills of low-income families and much more!
 - Food vouchers
 - Assistance with utility bills
 - Rent assistance.
 - We have several locations. The main office number is (251) 457-5700.
- **Mt. Hebron Missionary Baptist Church**
 - **Phone Number:** (251) 457-9900
 - **Address:** 2531 Berkley Ave., Mobile, AL 36617
 - **Web Address:** <https://www.mthebroncm.org/>
 - **Programs:**
 - **Food Pantry:** Every Friday from 9:00 A.M. – Noon.
- **Mt. Zion Baptist Church**
 - **Phone Number:** (251) 432-2997
 - **Address:** 1012 Adams St. Mobile, AL 36603
 - **Web Address:** <https://www.mtzionmissionary.org/>
 - **Programs:**

- **Food Pantry:** 3rd Saturday of the month from 9:00 AM - 2:00 PM.
 - **The Soup Kitchen:** Hot meals each Wednesday.
 - **Health Fair:** twice a year to provide non-invasive health and wellness screenings to families in our community.
 - **Clothing Closet:** operates on a quarterly basis to provide clothing to needy families in the community.
- **New Generation Church**
 - **Phone Number:** (251) 344-0898
 - **Address:** 7054 Howells Ferry Rd., Mobile, AL 36618
 - **Web Address:** <https://newgc.org/>
 - **Programs:**
 - **Food Pantry:** 2nd and 4th Fridays from 11:00 AM - 1:00 PM.
- **New Life in Christ Church**
 - **Phone Number:** (251) 943-2225
 - **Address:** 102 East Berry Ave., Foley, AL 36536
 - **Web Address:** <http://www.newlifeinchristchurch.net/>
 - **Programs:**
 - **Food Bank:** Monday and Thursday from Noon to 3:00 P.M. (must sign in by 10:00 A.M.)
 - **Hot Meal:** Wednesdays at 5:30 P.M.
 - **Hot Breakfast:** Sundays from 9:00 A.M. to 9:20 A.M.
 - New and Gently Used Clothing and Shoes Free: Noon to 3:00 P.M. Monday and Thursday
- **Prodisee Pantry**
 - **Phone Number:** (251) 626-1720
 - **Address:** 9315 Spanish Fort Blvd., Spanish Fort, AL 36527
 - **Programs:**
 - Prodisee Pantry is a non-profit community ministry providing emergency food and disaster relief.
 - **Food Pantry:** Tuesdays from 9:00 A.M. - 11:30 A.M. For Baldwin County residents only.
 - The Pantry provides food to single parents, homeless persons, retirees, families in transition, under-employed and unemployed households, grandparents raising grandchildren and others in need.
 - Prodisee Pantry is a food Pantry for any Baldwin County resident (or transient) in need of food.
- **Providence Presbyterian Church**
 - **Phone Number:** (251) 633-9701
 - **Address:** 2320 Schillinger Rd. S., Mobile, AL 36695
 - **Web Address:** <https://www.providence-pc.org/>
 - **Programs:**
 - **Food Pantry:** 3rd Friday of the month from 10:00 AM - 11:00 AM
 - Serves residents of 36693, 36609, 36695, 36619, and 36582.
- **Refuge Church Food Pantry**

- **Phone Number:** (251) 649-3502
- **Address:** 6159 Moffett Rd. Mobile, AL 36618
- **Email Address:** info@refugemobile.com
- **Web Address:** <https://www.refugemobile.com/>
- **Programs:**
 - **Food Pantry:** Please call to make an appointment.
 - Thursdays from 9:30 A.M. - 11:00 A.M.
- **Regency Church of Christ**
 - **Phone Number:** (251) 345-8050
 - **Address:** 501 University Blvd. S., Mobile, AL 36609
 - **Web Address:** <http://www.regencycc.org/>
 - **Programs:**
 - **Food Pantry:** 3rd Thursday of the month from 9:30 AM - 11:00 AM.
 - Mobile County Residents only.
- **S.O.U.P. (Serving Our Unique People)**
 - **Phone Number:** (251) 377-0030
 - **Address:** 1320 Center St., Mobile, AL 36604
 - **Web Address:** <https://servingouruniquepeople.oursite.co/>
 - **Programs:**
 - **Food Pantry:** Every Monday and Wednesday from 8:30 A.M. - 10:30 A.M.
- **Salvation Army**
 - **Phone Number:** (251) 438-1625
 - **Address:** 1009 Dauphin St., Mobile, AL 36604
 - **Web Address:** <https://www.salvationarmyusa.org/usn/>
 - **Programs:**
 - Rehabilitation
 - Missing persons
 - Adult rehabilitation center
 - Disaster services
 - Casework services
 - Emergency shelter
 - Community recreation programs
 - Food pantry
 - Alcohol, and drug treatment
 - Day camp activities
- **South Alabama Regional Planning Commission Area Agency on Aging**
 - **Phone Number:** (251) 706-4680
 - **Address:** 110 Beauregard St., Mobile, AL 36602
 - **Web Address:** <https://agingsouthalabama.org/>
 - **Programs:**
 - The agency provides various services for older adults, persons with disabilities and caregivers.
 - Over 25 **senior centers** provide recreation, transportation to the center, and a midday meal; or home-delivered meals for the homebound.

- Other programs include in-home services through the Medicaid Waiver program, information, assistance and referral, benefits screening and application assistance, State Health Insurance Counseling program for persons with Medicare, SenioRx.
 - Prescription assistance, health promotion classes, volunteer programs, Long Term Care Ombudsman for residents of nursing or assisted living facilities, legal counseling, and annual Senior Expos.
 - Cost-cutting internet/Wi-Fi program/lower monthly food and medical costs
- **South Baldwin Christian Church**
 - **Phone Number:** (251) 981-1000
 - **Address:** 19489 Keller Rd., Foley, AL 36535
 - **Web Address:** <https://www.sbccdisciples.org/>
 - **Programs:**
 - **Food Pantry:**
 - Mondays and Tuesdays: 10:00 A.M. - 1:00 P.M.
 - Wednesdays and Fridays: 5:00 P.M. - 7:00 P.M.
- **St. James Major Parish**
 - **Phone Number:** (251) 456-6842
 - **Address:** 714 N College St., Prichard, AL 36610
 - **Web Address:** <https://stjamesmajor.org/>
 - **Programs:**
 - **Food Pantry:** Tuesdays and Thursday from 10:00 A.M. - 2:00 P.M.
- **St. Louis Street Missionary Baptist Church**
 - **Phone Number:** (251) 689-4309
 - **Address:** 108 North Dearborn St., Mobile, AL 36602
 - **Web Address:** <https://www.slsmbc.org/>
 - **Programs:**
 - **Food Pantry:** 2nd Monday 10:00 A.M.
- **St. Mark United Methodist Church Society of St. Stephen**
 - **Phone Number:** (251) 342-5861
 - **Address:** 439 Azalea Rd., Mobile, AL 36609
 - **Web Address:** <https://stmarkmobile.com/support/st-stephans-food-bank>
 - **Programs:**
 - **Food Panty:** 2nd and 4th Monday of each month from 9:00 A.M. to 11:00 A.M.
 - I.D. Required
 - Serves 36608, 36609 36693 or 36695 zip codes only.
- **Stillwater Church**
 - **Phone Number:** (251) 675-2728
 - **Address:** 415 McKeough Ave., Saraland, AL 36571
 - **Web Address:** <https://www.stillwaterchurch.com/>
 - **Programs:**

- **Food Pantry:** Mondays from 9:00 A.M. - 11:00 A.M.
- Serves the Satsuma, Saraland, Creola, Axis, and Chunchula areas.
- **Tillmans Corner Senior Service Center**
 - **Phone Number:** (251) 661-6600
 - **Address:** 5863 Nevius Rd., Mobile, AL 36619
 - **Web Address:** <https://www.swmcchamber.com/community-center/>
 - **Programs:**
 - **Food Pantry:** Emergency boxes for seniors only. Please call Pam or Cathy at (251) 661-6600 for an appointment.
 - To get regular assistance please call to be added to the wait list.
- **Woodridge Baptist Church**
 - **Phone Number:** (251) 633-6000
 - **Address:** 2700 Schillinger Rd., Mobile, AL 36695
 - **Web Address:** <https://www.wbcmobile.com/>
 - **Programs:**
 - **Food Pantry:** Mondays and Thursdays: 9:00 A.M. - 11:00 A.M.
 - Serves residents of 36695, 36609, 36619, and 36582.

Hot Meals

- **American Lunch**
 - **Phone Number:** (205) 807-5511
 - **Web Address:** <https://www.americanlunch.org/find-us/>
 - **Programs:**
 - **Hot Meals:** At the YMCA on Dearborne St. Every Monday and Wednesday from 11:30 A.M. - 12:30 P.M.
- **Faith Factory**
 - **Phone Number:** (251) 401-5345
 - **Address:** 17927 Samantha Dr., Foley, AL 36535
 - **Web Address:** <https://www.faithfactorygc.com/>
 - **Programs:**
 - **Food Pantry:** Wednesdays by appointment only. Please call to schedule.
 - **Hot Meals:** Tuesday from 5:00 P.M. to 7:00 P.M.
- **First Baptist Church of Tillman's Corner**
 - **Phone Number:** (251) 661-0114
 - **Address:** 5660 Three Notch Rd. Mobile, AL 36619
 - **Web Address:** <https://fbtc.org/community-missions/>
 - **Programs:**
 - **Food Pantry:** Fridays from 9:00 A.M. - Noon
 - Eligibility to receive help is based on a number of factors. Call our office to make sure you qualify.

- Including basic hygiene items, clothes, diapers through discipleship, gas vouchers and Christmas Store (applications take in October)
 - **Free Hot Meal:** open to all every first Friday of the month. From 9:00 A.M. - Noon with limited availability.
- **First Christian Church - Homeless Ministry**
 - **Phone Number:** (251) 473-7979
 - **Email Address:** leehixonfcc@gmail.com
 - **Address:** 1419 Government St., Mobile, AL 36604
 - **Web Address:** <https://www.facebook.com/FirstChristianChurchMobile/>
 - **Programs:**
 - Free Services for the Homeless
 - Showers, Free Clothing and Shoes and Hot Meals - Mondays from 11:00 A.M. - 1:30 P.M.
 - Brown Bag lunches every Tuesday and Thursday 10:00 A.M. - 2:00 P.M.
- **Lasagna Love**
 - **Email Address:** infor@lasagnalove.org
 - **Website:** <https://lasagnalove.org/>
 - **Programs:**
 - Our mission is to feed families, spread kindness, and strengthen communities. Through our neighbor-to-neighbor movement, we connect volunteer lasagna chefs who want to help with individuals and families in need, providing home-cooked lasagnas made with love.
 - We focus on removing barriers to asking for help, ensuring dignity and support, and delivering kindness without judgment or qualifications. Whether someone is facing financial challenges, emotional overwhelm, medical issues, or any other hardship, Lasagna Love strives to provide relief, hope, and connection through the simple yet profound gesture of a warm meal.
- **Light of the Village Church**
 - **Phone Number:** (251) 680-4613
 - **Address:** 333 Baldwin Dr., Prichard, AL 36610
 - **Web Address:** <https://www.lightofthevillage.org/>
 - **Programs:**
 - **Hot Meal:** Free of Charge Thursdays at Noon Contact morganc@lightofthevillage.org for more info.
 - **Camp LOV After School Programs:** Meal, Bible Study, Tutoring & Activities for Elementary Students on Tuesdays and Thursdays from 3:00 P.M. - 5:15 P.M. Contact elisabeth@lightofthevillage.org for more info and to register.
- **Manna House or Hands of Hope**
 - **Phone Number:** (251) 342-4886
 - **Address:** 3750 Michael Blvd., Mobile, AL 36609

- **Web Address:** <https://authenticlife.tv/food-support/>
- **Programs:**
 - **Food Pantry:** 2nd Saturday of each month from 8:00 A.M. - 10:00 AM.
 - Homeless Ministry: Our “Hands of Hope” homeless ministry seeks out the homeless and hurting and provides hot meals and resources.
- **Mt. Zion Baptist Church**
 - **Phone Number:** (251) 432-2997
 - **Address:** 1012 Adams St. Mobile, AL 36603
 - **Web Address:** <https://www.mtzionmissionary.org/>
 - **Programs:**
 - **Food Pantry:** 3rd Saturday of the month from 9:00 AM - 2:00 PM.
 - **The Soup Kitchen:** Hot meals each Wednesday.
 - **Health Fair:** twice a year to provide non-invasive health and wellness screenings to families in our community.
 - **Clothing Closet:** operates on a quarterly basis to provide clothing to needy families in the community.
- **New Life in Christ Church**
 - **Phone Number:** (251) 943-2225
 - **Address:** 102 East Berry Ave., Foley, AL 36536
 - **Web Address:** <http://www.newlifeinchristchurch.net/>
 - **Programs:**
 - **Food Bank:** Monday and Thursday from Noon to 3:00 P.M. (must sign in by 10:00 A.M.)
 - **Hot Meal:** Wednesdays at 5:30 P.M.
 - **Hot Breakfast:** Sundays from 9:00 A.M. to 9:20 A.M.
 - New and Gently Used Clothing and Shoes Free: Noon to 3:00 P.M. Monday and Thursday
- **Salvation Army**
 - **Phone Number:** (251) 438-1625
 - **Address:** 1009 Dauphin St., Mobile, AL 36604
 - **Web Address:** <https://www.salvationarmyusa.org/usn/>
 - **Programs:**
 - Rehabilitation
 - Missing persons
 - Adult rehabilitation center
 - Disaster services
 - Casework services
 - Emergency shelter
 - Community recreation programs
 - Food pantry
 - Alcohol, and drug treatment
 - Day camp activities
- **South Alabama Regional Planning Commission Area Agency on Aging**
 - **Phone Number:** (251) 706-4680
 - **Address:** 110 Beauregard St., Mobile, AL 36602
 - **Web Address:** <https://agingsouthalabama.org/>
 - **Programs:**

- The agency provides various services for older adults, persons with disabilities and caregivers.
- Over 25 **senior centers** provide recreation, transportation to the center, and a midday meal; or home-delivered meals for the homebound.
- Other programs include in-home services through the Medicaid Waiver program, information, assistance and referral, benefits screening and application assistance, State Health Insurance Counseling program for persons with Medicare, SenioRx.
- Prescription assistance, health promotion classes, volunteer programs, Long Term Care Ombudsman for residents of nursing or assisted living facilities, legal counseling, and annual Senior Expos.
- Cost-cutting internet/Wi-Fi program/lower monthly food and medical costs

Housing Assistance

- **AIDS Alabama South**
 - **Phone Number:** (251) 471-5277
 - **Address:** 4321 Downtowner Loop N., Mobile, AL 36609
 - **Hours:**
 - Client Services:
 - Monday-Friday, 8am-4:00pm, with appointment.
 - 4321 Downtowner Loop N., Mobile, AL 36609
 - 251-471-5277
 - **Web Address:** <https://www.aidsalabamasouth.org/>
 - **Programs:**
 - **Free HIV & STI Testing, Treatment & PrEP:** SHELL Health Services (AIDS Alabama South's clinic)
 - Walk-ins Welcome
 - 717 Downtowner Loop W., Mobile, AL 36609
 - 251-694-6049
 - When someone tests positive for HIV at our clinic, we connect them with a dedicated social worker who helps coordinate comprehensive care. This includes medical support, financial assistance, housing help, mental health counseling, nutrition programs, peer support groups, and transportation services.
 - **Our services include:**
 - Free HIV & STI testing
 - HIV & STI Treatment and PrEP
 - Case management
 - Food support program
 - Housing assistance
 - Utility assistance
 - Transportation
 - Dental treatment
 - Linkage to care coordination
 - Mental health counseling
 - Support groups

- **Alabama Baptist Children's Home and Family Ministries**
 - **Phone Number:** (251) 639-1022
 - **Address:** 6512 Grelot Rd., Mobile, AL 36695
 - **Hours:** Monday – Friday from 8:00 A.M. – 4:30 P.M.
 - **Web Address:** <https://www.alabamachild.org/>
 - **Programs:**
 - Provides safe and stable homes to help struggling mothers and their dependent children to get back on their feet.
 - This program provides a mother and her children with transitional housing while she gains or maintains employment, saves money, receives counseling, and learns life skills such as budgeting and healthy parenting techniques.
 - Depending on their commitment to the program, mothers may stay for up to one year.

- **Alabama Department of Rehabilitation**
 - **Phone Number:**
 - (800) 879-8163
 - (251) 432-4560
 - **Address:** 1610 Center St. Suite A., Mobile, AL 36604
 - **Web Address:** <https://www.rehab.alabama.gov/>
 - **Programs:**
 - Early Intervention (EI) Birth to 3
 - Children's Rehabilitation (CRS) Under 21
 - Vocational Rehabilitation (VRS) Job Training
 - VRS – Blind and Deaf (VRS-BD) Specialized
 - Independent Living (SAIL) Homebound
 - From birth through adulthood, we have programs and a highly skilled, compassionate staff who can help assess your situation and provide the most appropriate treatment, therapies, and services. Whatever we can do to help you reach your maximum potential, we'll be with you and your family all the way.

- **Alabama Disabilities Advocacy Program (ADAP)**
 - **Phone Number:** (205) 348-4928
 - **Web Address:** <https://sites.ua.edu/adap/>
 - **Programs:**
 - Housing
 - Employment
 - Healthcare Access
 - Treatment and supports in the least restrictive environment
 - Community Access: Individuals with SMI or SED will have access to services and opportunities that will enhance their ability to live and work independently, as active and equal members of their communities
 - Individual special education advocacy services to families of children with SED, engage in systems change activities to ensure that youth with SED are afforded equal educational opportunities
 - Educational Opportunities: youth with SED will be provided a free appropriate public education in their least restrictive environment.

- **Alabama Governor's Office on Disability (Good)**
 - **Phone Number:** 888-879-3582
 - **Address:** 602 South Lawrence St., Montgomery, AL 36104
 - **Web Address:** <https://www.good.alabama.gov/>
 - **Programs:**
 - Our mission is to facilitate the inclusion of Alabamians with disabilities in education, employment, housing, transportation, health care, and leisure.

- **AltaPointe Health**
 - **Phone Number:**
 - Access To Care: (251) 450-2211
 - Patient Relations: (833) 921-1811
 - Human Resources: (251) 450-5919
 - **Address:** 5750 Southland Dr. # A. Mobile, AL 36693
 - **Web Address:** <https://altapointe.org/>
 - **Programs:**
 - Shelter Plus Care
 - Projects for Assistance in Transition from Homelessness PATH
 - Semi-Independent Living
 - Rehabilitative Day Program
 - Jail Diversion
 - Substance Abuse
 - Children's Day Treatment (Mobile and Baldwin)
 - Reaching & Encouraging Active Parenting (REAP)
 - **Crisis Services for Children and Teens:** call (251) 450-2211 / (888) 335-3044 any time of the day or night
 - **Project Achieve:** Addresses the complex challenges of families with children diagnosed with mental illness and developmental disability.
 - **The Independent Living Program:** prepares young people for the challenges and opportunities they face as self-sufficient adults. The program serves young adults ages 16 to 21 who have either gainful employment or are in school full time. *Residents must be referred by the Alabama Department of Human Resources*
 - **Adolescent Independence Program:** Through a contract with the Alabama Department of Human Resources, Alta Pointe provides intensive services and support to young adults, ages 16 to 21, who are under DHR care. This home-like facility in Mobile County can accommodate ten young men. Group homes and a supported employment program are also available.

- **City of Mobile Rental Assistance**
 - **Phone Number:** (251) 208-6290
 - **Address:** 205 Government St., Mobile, AL 36602
 - **Web Address:** <https://www.cityofmobile.org/city-updates/american-rescue-plan-arp-rental-assistance-application/>

- **Programs:**
 - Rental Assistance
- **Driftwood Housing Project Inc.**
 - **Phone Number:** (251) 219-8233
 - **Web Address:** <https://driftwoodhousing.org/>
 - **Programs:**
 - Our mission is to provide affordable housing for the chronically homeless where they will receive services in a safe environment.
- **Dumas Wesley Community Center**
 - **Phone Number:** (251) 479-0649
 - **Address:** 126 Mobile St., Mobile, AL 36607
 - **Web Address:** <https://www.dumaswesley.org/>
 - **Programs:**
 - **Transitional Housing Program, Sybil H. Smith Family Village, (SSFV)**
 - SSFV seeks to help homeless single women and homeless women with children establish and maintain self-sufficiency. An 18-unit facility that provides 24 months of housing for up to 150 individuals annually.
 - Contact Sybil Smith Family Village at 251-473-5526 for further information on eligibility requirements and application procedures.
 - Mandatory case management, life skills classes and job readiness courses for program participants
 - Residents are required to work full-time and/or attend school full-time
 - Childcare and after school care provided for families
 - Sober living environment
 - <https://www.dumaswesley.org/transitional-housing/>
 - **Baldwin Family Village**
 - The Baldwin Family Village provides 12 months of housing stability and wrap-around services for up to 100 single women and women with children annually from Baldwin County.
 - BFV seeks to break the cycle of homelessness and help women and children re-establish and maintain self-sufficiency by focusing on accountability, case management, life skills, and behavior modification.
 - Contact the Baldwin Family Village, at 251-210-4045 for further information on eligibility requirements and application procedures.
 - <https://www.dumaswesley.org/baldwinfamilyvillage/>
 - **Youth Programming**
 - **The After School Achievement Program (ASAP)** provides a variety of academic and character-building activities for underserved youth. Programming includes: tutoring, science, technology, engineering, arts and mathematics (STEAM) workshops, career exploration, sports activities, a meal program and special "youth-empowered" events.
 - **The Summer Recreation Program** serves area children ages 6-15. The fun-filled summer includes a variety of educational field

- trips, academic enrichment, STEAM workshops, swimming, and a five-day trip to Camp Blue Lake in Andalusia, Alabama.
- <https://www.dumaswesley.org/afterschoolachievementprogram/>
- <https://www.dumaswesley.org/summerprogram/>
- **Senior Services**
 - The Senior Activities for Independent Living (SAIL) program offers daily enrichment to low-income seniors 60 and older living in the 36607 and 36617 zip codes.
 - Congregate and homebound meals provided to seniors five days a week
 - On-site, weekly activities including: life skills classes, nutrition education, wellness checks, exercise classes and recreation
 - Transportation provided to and from the Center, as well as trips to the doctor, pharmacy and other life-sustaining services for enrolled participants
 - <https://www.dumaswesley.org/seniors/>
- **Food pantry**
 - A community partner of the Dumas Wesley Community Center, The Joseph Project (TJP), is a mission of Ashland Place United Methodist Church.
 - The food pantry is open to all in need and completely volunteer-supported and operated on the 1st and 3rd Thursday of each month. The food pantry is open from 10:00 AM – Noon at the Dumas Wesley Community Center.
 - The pantry serves 100 households on a first come, first served basis. Participants can receive supplemental food once a month.
- **Clothing Closet:**
 - Provides clothing and items free of charge to our program participants, helping them on their path to self-sustainability. Clothing assistance is also available to the local community by appointment only.
 - <https://www.dumaswesley.org/clothingcloset/>
- **Utility Assistance Program**
 - The Utility Assistance Program helps current and former Dumas Wesley participants maintain utility services. This program requires accountability as the participant must pay 50% of their utility bill.
 - Dumas Wesley subsequently pays the remainder of the bill directly to the utility company to ensure that funds are used for intended purposes. Assistance is available by appointment only.
 - <https://www.dumaswesley.org/utilityassistance/>
- **Family Promise of Coastal Alabama**
 - **Phone Number:** (251) 441-1991
 - **Web Address:** <https://www.familypromisemobile.org/>
 - **Programs:**

- Mission: To provide temporary shelter, related services and nurturing support to families with children who are experiencing a homelessness crisis.
 - Short-term shelter, meals, and life skills classes for families with children.
 - We offer transitional housing for 12 or more months, and temporary support after program participation. For families experiencing housing insecurity but have identified temporary housing on their own.
 - Shelter Diversion assistance to help them avoid entering the shelter system. If eligible families can receive transportation assistance, household goods, and financial assistance for re-housing. All families receive intensive client-centered case management.
- **Habitat for Humanity of Southwest Alabama**
 - **Phone Number:** (251) 476-7171
 - **Address:** 3712 Airport Blvd., Mobile, AL 36608
 - **Web Address:** <https://www.habitat.org/al/mobile/southwest-alabama-hfh>
 - **Programs:**
 - Habitat works toward our vision by building strength, stability and self-reliance in partnership with families in need of decent and affordable housing.
 - Habitat homeowners help build their own homes alongside volunteers and pay an affordable mortgage.
- **HOPE For All Gulf Coast**
 - **Phone Number:** (251) 450-3345
 - **Address:** 279 N Washington Ave. Building B., Mobile, AL 36603
 - **Web Address:** <https://hfal.org/>
 - **Programs:**
 - **Community Housing Programs provide housing assistance to:** Families with children, unaccompanied youth (18 – 24 years old), chronically homeless individuals, homeless individuals and families with a disability, and unaccompanied homeless individuals.
 - Outreach provides services to those experiencing homelessness on location, removing the barrier of transportation for those in need of assistance.
 - Supportive Services for Veteran Families (SSVF) Program provides assistance to low-income veteran families that are experiencing homelessness or are at risk of homelessness.
- **McKemie Place - Shelter for Women**
 - **Phone Number:** (251) 287-2225
 - **Web Address:** <https://www.mckemieplace.org/>
 - **Programs:**
 - McKemie Place is the only temporary emergency shelter for unaccompanied women 18 years old or older in our Region.
 - Each client that comes to McKemie Place is required to have bi-weekly meetings with our case manager in an effort to create and achieve goals that enable them to regain their independence. We connect women with local resources to help them grow spiritually and leave us in better mental and emotional health ready to sustain long term self-sufficiency.

- We do not discriminate in providing services to anyone based on their religion or beliefs. Our clients can voluntarily choose to participate in any services offered by the local faith-based community.
 - Women needing our services should contact the shelter at (251) 287-2225 to speak with a staff person and go through a brief phone screening. Our phones are answered 24 hours per day.
- **Mobile Area Interfaith Conference**
 - **Phone Number:** (251) 308-8725
 - **Address:** 67 Midtown Park E., Mobile, AL 36606
 - **Web Address:** <https://mobileareainterfaith.org/>
 - **Programs:**
 - **Mobile County Metro Chaplaincy Programs:** Through the pre-release services at Mobile County Metro Jail Chaplaincy Program, inmates can attend GED classes, job readiness classes and religious services.
 - **The Neighbor Center:** Neighbors returning from incarceration to the Mobile Area can receive reentry case management services along with assistance with housing, employment, transportation, identification, and other needs.
 - **Academy for Workforce Development:** The Academy offers Neighbors assistance with Job Placement, Job Training, Internships, Preparatory Classes, and Employment Case Management.
 - Mobile Area Interfaith Conference, Inc (MAIC) is a collaborative effort involving faith-based organizations and religious congregations. The organization is dedicated to fostering the development of community resources to address unmet human needs, with a primary focus on serving marginalized citizens.
- **Mobile County Community Action**
 - **Phone Number:** (251) 457-5700
 - **Address:** 461 Donald St., Mobile, AL 36617
 - **Web Address:** <https://www.mcamobile.org/departments/-community-services>
 - **Programs:**
 - Educate children
 - Feed the hungry
 - Offer assistance to the homeless
 - Provide heating and cooling assistance to those most in need
 - Adult literacy
 - Home repairs to reduce energy bills of low-income families and much more!
 - Food vouchers
 - Assistance with utility bills
 - Rent assistance.
 - We have several locations. The main office number is (251) 457-5700.
- **Mobile Housing Authority**
 - **Phone Number:**
 - **Office:** (251) 434-2200
 - **Clinton Johnson Center:** (251) 470-1728
 - **Bishop State:** (251) 662-5370

- **Career Links:** (251) 433-1358 for ages 16-21
 - **Address:** 151 S. Claiborne St., Mobile, AL 36602
 - **Hours:** Monday - Friday from 8:00 AM to 4:30 PM.
 - **Web Address:** <https://www.mobilehousing.org/>
 - **Programs:**
 - **Educational programs:** GED preparation, free to low-income people within the city limits of Mobile. These programs are available at three centers:
 - **Senior Services:** Housing assistance, case management, transportation, wellness programs, meal services, computer access.
 - Housing counseling program
 - Financial planning assistance
 - Daycare and after-school care for children. Cost varies by ability to pay and is discounted for people in public housing.
- **Mulherin Custodial Home**
 - **Phone Number:** (251) 471-1998
 - **Address:** 2496 Halls Mill Rd., Mobile, AL 36606
 - **Web Address:** <https://www.facebook.com/MulherinCustodialHome/>
 - **Programs:**
 - The basis of Mulherin's service is 24 hour/day- 365 days/year residential care and we are the only residential facility in Mobile that serves such a varied degree of disability.
 - We also provide respite services for individuals in the community whose family may need a "break" or temporary housing for their loved one.
- **Rebuilding Together of South Alabama**
 - **Phone Number:** (251) 289-1684
 - **Email Address:** Twalker@rebuildingtogethersa.org
 - **Address:** P.O. Box 1752, Mobile, AL 36633
 - **Hours:** Monday- Friday from 8:00 A.M. – 4:00 P.M.
 - **Web Address:** <https://www.rebuildingtogethersa.org/>
 - **Programs:**
 - Minor Home Repairs
 - Accessibility Supports/Modification
 - Lawn Care Services
 - Disaster Preparedness
 - Disaster Response
 - Disaster Long Term Recovery/Repair/Rebuild
 - Community Revitalization (Playgrounds, Community Org Projects, etc)
 - Volunteer Services
 - Services are free to low-income homeowners in Choctaw, Clarke, Mobile, and Washington counties. Our client base is veterans, senior citizens, those living with disabilities, and single-parent households. Our services are offered by volunteers-skilled and unskilled.
 - Requirements are: must own the home (no rental property or heir properties), have resided in the home for more than 3 years, and meet our income requirements.

- **Safe Harbor**
 - **Phone Number:** (251) 824-1814
 - **Address:** 12131 Safe Harbor Circle E., Irvington, AL 36544
 - **Hours:** Monday - Friday from 8:00 A.M. – 11:00 A.M. and 1:00 P.M. - 4:00 P.M.
 - **Web Address:** <https://safeharborhousing.org/>
 - **Programs:**
 - Safe Harbor is a residential community located in South Mobile County, Alabama that seeks to provide quality homes that are modest in cost to those in our workforce economy.

- **South Alabama Regional Planning Commission Area Agency on Aging**
 - **Phone Number:** (251) 706-4680
 - **Address:** 110 Beauregard St., Mobile, AL 36602
 - **Web Address:** <https://agingsouthalabama.org/>
 - **Programs:**
 - The agency provides various services for older adults, persons with disabilities and caregivers.
 - Over 25 **senior centers** provide recreation, transportation to the center, and a midday meal; or home-delivered meals for the homebound.
 - Other programs include in-home services through the Medicaid Waiver program, information, assistance and referral, benefits screening and application assistance, State Health Insurance Counseling program for persons with Medicare, SenioRx.
 - Prescription assistance, health promotion classes, volunteer programs, Long Term Care Ombudsman for residents of nursing or assisted living facilities, legal counseling, and annual Senior Expos.
 - Cost-cutting internet/Wi-Fi program/lower monthly food and medical costs

- **Veteran Affairs**
 - **Phone Number:** 1- 800-698-2411
 - **Web Address:** <https://www.va.gov/>
 - **Programs:**
 - Veterans who are homeless or at risk of homelessness and their family members, friends, and supporters can make the call to or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24 hours a day, 7 days a week.
 - **Homeless Providers Grant and Per Diem (GPD) Program:** VA funds over 12,000 beds for eligible Veterans. Grantees work closely with an assigned liaison from the local VAMC. The VA GPD liaison monitors the services the grantees offer to Veterans and provides direct assistance to them.
 - Grantees also collaborate with community-based organizations to connect Veterans with employment, housing and additional social services to promote housing stability. The maximum stay in this housing is up to 24 months, with the goal of moving Veterans into permanent housing.
 - **Domiciliary Care for Homeless Veterans (DCHV) Program:** This program encompasses residential care for sheltered and unsheltered Veterans with multiple challenges, illnesses or rehabilitative care needs.

DCHV provides a structured setting to foster Veterans' independence and mutual support.

- **Homeless Veteran Community Employment Services (HVCES):** Under this program, each VA Medical Center (VAMC) has received funding to hire new vocational development specialists who are serving as Community Employment Coordinators (CECs) to boost employment outcomes for Veterans who are homeless or at risk of becoming homeless.
- **Compensated Work Therapy (CWT):** CWT is comprised of transitional work and supported employment program, which assists homeless Veterans in returning to competitive employment.
- **Health Care for Homeless Veterans (HCHV):** This program offers outreach, case management and residential treatment services to help Veterans transition from living on the street or in institutions to stable housing situations.
- **Homeless Patient Aligned Care Teams (HPACTs) Program:** Located on the campuses of VA medical centers (VAMCs), community-based outpatient clinics and Community Resource and Referral Centers, HPACT clinics provide a coordinated "medical home" tailored to the needs of homeless Veterans. They integrate clinical care, social services, enhanced access and community coordination.
- **Veterans Justice Outreach (VJO) and Health Care for Reentry Veterans (HCRV) Programs:** VJO aims to prevent homelessness by helping justice-involved Veterans who have mental health or substance use issues access needed VA clinical services. HCRV specialists work with Veterans to ease their transition from prison back into the community.
- **Veterans Transportation Service:** The Veterans Transportation Service (VTS) provides safe and reliable transportation to Veterans who require assistance traveling to and from VA health care facilities and authorized non-VA health care appointments. VTS also partners with service providers in local communities to serve Veterans' transportation needs.

- **Volunteers of America**

- **Phone Number:** (251) 300-3500
- **Address:** 1204 Hillcrest Rd., Mobile, AL 36695
- **Web Address:** <https://voase.org/>
- **Programs:**
 - Volunteers of America Southeast offers direct human-care services, affordable housing, faith-based resource programs, and community outreach.
 - Some of our services provide care for people with intellectual and developmental disabilities, mental health issues, substance abuse, low-income seniors, and the homeless

- **Wilmer Hall**

- **Phone Number:** (251) 342-4931
- **Address:** 3811 Old Shell Rd., Mobile, AL 36608
- **Web Address:** <https://www.wilmerhall.org/>
- **Programs:**

- Non-Profit **Faith-Based Residential and Educational Program** for children and young adults.
- Transitional living programs, education programs, and community-based education programs.

Over Night Shelters

- **Alabama Baptist Children's Home and Family Ministries**
 - **Phone Number:** (251) 639-1022
 - **Address:** 6512 Grelot Rd., Mobile, AL 36695
 - **Hours:** Monday – Friday from 8:00 A.M. – 4:30 P.M.
 - **Web Address:** <https://www.alabamachild.org/>
 - **Programs:**
 - Provides safe and stable homes to help struggling mothers and their dependent children to get back on their feet.
 - This program provides a mother and her children with transitional housing while she gains or maintains employment, saves money, receives counseling, and learns life skills such as budgeting and healthy parenting techniques.
 - Depending on their commitment to the program, mothers may stay for up to one year.
- **Dumas Wesley Community Center**
 - **Phone Number:** (251) 479-0649
 - **Address:** 126 Mobile St., Mobile, AL 36607
 - **Web Address:** <https://www.dumaswesley.org/>
 - **Programs:**
 - **Transitional Housing Program, Sybil H. Smith Family Village, (SSFV)**
 - SSFV seeks to help homeless single women and homeless women with children establish and maintain self-sufficiency. An 18-unit facility that provides 24 months of housing for up to 150 individuals annually.
 - Contact Sybil Smith Family Village at 251-473-5526 for further information on eligibility requirements and application procedures.
 - Mandatory case management, life skills classes and job readiness courses for program participants
 - Residents are required to work full-time and/or attend school full-time
 - Childcare and after school care provided for families
 - Sober living environment
 - <https://www.dumaswesley.org/transitional-housing/>
 - **Baldwin Family Village**
 - The Baldwin Family Village provides 12 months of housing stability and wrap-around services for up to 100 single women and women with children annually from Baldwin County.
 - BFV seeks to break the cycle of homelessness and help women and children re-establish and maintain self-sufficiency by focusing

- on accountability, case management, life skills, and behavior modification.
- Contact the Baldwin Family Village, at 251-210-4045 for further information on eligibility requirements and application procedures.
- <https://www.dumaswesley.org/baldwinfamilyvillage/>
- **Youth Programming**
 - **The After School Achievement Program (ASAP)** provides a variety of academic and character-building activities for underserved youth. Programming includes: tutoring, science, technology, engineering, arts and mathematics (STEAM) workshops, career exploration, sports activities, a meal program and special "youth-empowered" events.
 - **The Summer Recreation Program** serves area children ages 6-15. The fun-filled summer includes a variety of educational field trips, academic enrichment, STEAM workshops, swimming, and a five-day trip to Camp Blue Lake in Andalusia, Alabama.
 - <https://www.dumaswesley.org/afterschoolachievementprogram/>
 - <https://www.dumaswesley.org/summerprogram/>
- **Senior Services**
 - The Senior Activities for Independent Living (SAIL) program offers daily enrichment to low-income seniors 60 and older living in the 36607 and 36617 zip codes.
 - Congregate and homebound meals provided to seniors five days a week
 - On-site, weekly activities including: life skills classes, nutrition education, wellness checks, exercise classes and recreation
 - Transportation provided to and from the Center, as well as trips to the doctor, pharmacy and other life-sustaining services for enrolled participants
 - <https://www.dumaswesley.org/seniors/>
- **Food pantry**
 - A community partner of the Dumas Wesley Community Center, The Joseph Project (TJP), is a mission of Ashland Place United Methodist Church.
 - The food pantry is open to all in need and completely volunteer-supported and operated on the 1st and 3rd Thursday of each month. The food pantry is open from 10:00 AM – Noon at the Dumas Wesley Community Center.
 - The pantry serves 100 households on a first come, first served basis. Participants can receive supplemental food once a month.
- **Clothing Closet:**
 - Provides clothing and items free of charge to our program participants, helping them on their path to self-sustainability. Clothing assistance is also available to the local community by appointment only.
 - <https://www.dumaswesley.org/clothingcloset/>
- **Utility Assistance Program**
 - The Utility Assistance Program helps current and former Dumas Wesley participants maintain utility services. This program

requires accountability as the participant must pay 50% of their utility bill.

- Dumas Wesley subsequently pays the remainder of the bill directly to the utility company to ensure that funds are used for intended purposes. Assistance is available by appointment only.
- <https://www.dumaswesley.org/utilityassistance/>

- **Family Promise of Coastal Alabama**

- **Phone Number:** (251) 441-1991
- **Web Address:** <https://www.familypromisemobile.org/>
- **Programs:**
 - Mission: To provide temporary shelter, related services and nurturing support to families with children who are experiencing a homelessness crisis.
 - Short-term shelter, meals, and life skills classes for families with children.
 - We offer transitional housing for 12 or more months, and temporary support after program participation. For families experiencing housing insecurity but have identified temporary housing on their own.
 - Shelter Diversion assistance to help them avoid entering the shelter system. If eligible families can receive transportation assistance, household goods, and financial assistance for re-housing. All families receive intensive client-centered case management.

- **McKemie Place - Shelter for Women**

- **Phone Number:** (251) 287-2225
- **Web Address:** <https://www.mckemieplace.org/>
- **Programs:**
 - McKemie Place is the only temporary emergency shelter for unaccompanied women 18 years old or older in our Region.
 - Each client that comes to McKemie Place is required to have bi-weekly meetings with our case manager in an effort to create and achieve goals that enable them to regain their independence. We connect women with local resources to help them grow spiritually and leave us in better mental and emotional health ready to sustain long term self-sufficiency.
 - We do not discriminate in providing services to anyone based on their religion or beliefs. Our clients can voluntarily choose to participate in any services offered by the local faith-based community.
 - Women needing our services should contact the shelter at (251) 287-2225 to speak with a staff person and go through a brief phone screening. Our phones are answered 24 hours per day.

- **Penelope House**

- **Phone Number:** (251) 342-8994
- **Web Address:** <https://penelopehouse.org/>
- **Programs:**

- The crisis line is answered 24 hours a day, 365 days a year to provide emergency shelter, Domestic Violence counseling, information, and referral services to victims of Domestic Violence and their children.
 - **Males and Females are welcome.**
- **Ryan's Refuge**
 - **Phone Number:**
 - Eric Overstreet - (251) 228-8454
 - Heather Overstreet - (207) 267-0530
 - **Address:** 554 South Craft Hwy., Mobile, AL 36617
 - **Web Address:** <https://www.ryanrefuge.com/>
 - **Programs:**
 - Mission Statement: Stabilization of Displaced Persons.
 - **We are a First Steps Program with the goal of getting men off the streets and into the kingdom!**
 - Our 1st step and number one goal is stabilization. We do this through providing housing, mental health care, rehabilitation, detox, and health care.
 - Step 2 is Legalization. We will make sure they have all documentation (birth cert, SS card, ID, etc.) We will also handle legal issues such as probation, warrants, fines, etc.
 - Step 3 is referral to Next Step Programs and job training to prepare these men to be active and successful member of society.
- **Salvation Army**
 - **Phone Number:** (251) 438-1625
 - **Address:** 1009 Dauphin St., Mobile, AL 36604
 - **Web Address:** <https://www.salvationarmyusa.org/usn/>
 - **Programs:**
 - Rehabilitation
 - Missing persons
 - Adult rehabilitation center
 - Disaster services
 - Casework services
 - Emergency shelter
 - Community recreation programs
 - Food pantry
 - Alcohol, and drug treatment
 - Day camp activities
- **Waterfront Rescue Mission of Alabama**
 - **Phone Number:** (251) 433-1847
 - **Address:** 279-A N. Washington Ave., Mobile, AL 36603
 - **Web Address:** <https://waterfrontmission.org/>
 - **Programs:**
 - Waterfront Rescue Mission of Mobile, Alabama serves men experiencing food insecurity, homelessness, addiction, and other personal challenges. Our services include free day services for men, women, and families in

need—providing meals, clothing, basic hygiene items, bag storage, and mail services; overnight shelter for men; comprehensive rescue programs designed to break the cycle of homelessness and help men achieve employment and sustainable housing; and a nine-month recovery program for those seeking to overcome life-dominating addictions.

- **Overnight Shelter** (Men Only): Check-in from 4 PM to 6:30 PM.
- **Day Services** (Men, Women, and Families): Monday-Friday from 8 AM to 3 PM.

Pet Assistance

- **Mobile SPCA**

- **Phone Number:** (251) 633-3531
- **Address:** 620 Zeigler Circle W., Mobile, AL 36608
- **Hours:**
 - **Resale Shop Hours:** Tuesday and Thursday from 8:30 A.M. to Noon and Wednesday, Friday and Saturday from 10:00 A.M. to 2:00 P.M.
 - **Adoption Center Hours:** Tuesday, Wednesday and Friday from 9:00 A.M. to 5:30 P.M. and Thursday and Saturday from 9:00 A.M. to Noon.
- **Web Address:** <https://www.mobilespca.org/>
- **Programs:**
 - The Mobile SPCA is a tax-exempt 501(c) (3) nonprofit charitable organization whose mission is to provide compassionate care, shelter, food, and medical attention to the animals entrusted to us while promoting adoptions, fostering, spay and neuter initiatives, transport, responsible pet ownership and community education.
 - Our members and supporters donate wonderful, gently or never-used items to the store that result in great bargains for you. And every purchase helps us help the animals. We have antiques, jewelry, art, home decor, electronics, tools, collectibles, books, pet items, clothing, DVDs, CDs and much more!
 - **DogsTrust spay/neuter voucher:** for dogs. You must live in one of the following zip codes: 36541, 36544, or 36587. To prove residency in one of these zip codes they can bring in a current driver's license or utility bill. You must also be on Medicaid, WIC, SNAP or disability or are considered to be at or under 250% of the federal poverty level. Residents can prove their eligibility by bringing in tax returns from the previous year, pay stubs or a letter of award from Medicaid or Disability.
 - If you do not qualify, please call the office and we will gladly email you a \$10 Off Coupon. If you need any more information or assistance, please call the office at (251) 633-3531.

- **Save a Stray**

- **Email Address:** saveastraymobile@gmail.com
- **Address:** 513 W I-65 Service Rd N., Mobile, AL 36604
- **Web Address:** <https://www.saveastray.org/>

- **Programs:**
 - **TNR (Trap-Neuter-Return):** Program will loan traps and help neuter and ear tip cats at a low-cost clinic.
 - We can only accept dogs under 50 lbs., and family pets that are easily handled. We do not have the space for aggressive dogs or feral cats at this time.
 - If you or a member of your household have Medicaid and would like surgery scheduled, please email mobilealspayneuter@gmail.com for information and scheduling. Medicaid card required.
 - If you do not have Medicaid and would like to make a spay or neuter appointment, please be mindful of the location of the day you select. There are limited spaces and due to high demand, a NON-REFUNDABLE deposit is required to hold a surgery spot. If you miss or cancel your appointment the deposit will be considered a donation to help pets in need. [Please click here to schedule an appointment.](#)
 - **Low cost spay and neuter services** are only made possible by the supplementation of financing by Save a Stray. Donations allow us to reach more pets and make a larger impact in the community. Costs continue to rise, as does the stray pet population in our area. Please help decrease the stray population and get your pet spayed or neutered.
 - **The Chow Line Pet Food Pantry**
 - **Phone Number:** (251) 455-3738
 - **Address:** 1260 Dauphin St., Mobile, AL 36604
 - **Web Address:** <https://the-chow-line-pet-food-pantry.square.site/>
 - **Programs:**
 - Apply for both regular and emergency help on the website.
 - **No-cost Pet Food Bank** serving Baldwin County, City of Mobile Residents, and parts of Pensacola
-

Household Expenses

Bill Assistance

- **Catholic Social Services of Baldwin County**
 - **Phone Number:** (251) 947-2293
 - **Address:** 23010 Highway 59 N., Robertsdale, AL 36567
 - **Web Address:** <https://catholicsocialservices.org/catholic-social-services-robertsdale>
 - **Programs:**
 - Limited financial and material assistance for individuals and families experiencing a financial crisis.
 - **Food Pantry:** By Appointment Only, Baldwin County Residents Only
 - Pregnancy testing
 - Parenting classes
 - Disability Services
 - **The Second-Hand Blessing**, which is a resale store adjacent to our offices.
 - Monday to Friday from 9:00 A.M. - 4:00 P.M.
- **Department of Human Resources: The Family Assistance (TANF) Program**
 - **Phone Number:**
 - (251) 450-7300 Option 2
 - **Address:** 2970 Cottage Hill Rd., Suite 150, Mobile, AL 36606
 - **Web Address:** <https://dhr.alabama.gov/family-assistance/>
 - **Programs:**
 - This program provides help to low-income families with a dependent child under age 18 or under age 19 if the child is a full-time student.
 - Services that are provided are temporary cash payments, work and training services, and childcare assistance for parents who are employed or in training activities. **Temporary assistance for needy families (T.A.N.F.)**
- **Individual & Family Support of South Alabama**
 - **Phone Number:** (251) 438-1609
 - **Address:** 1050 Government St., Mobile, AL 36604
 - **Web Address:** <https://famsupport.com/>
 - **Programs:**
 - I&FS strives to meet the unmet needs of individuals with developmental disabilities developed before the age of 22.
 - Assist with funds for transportation, bills, etc.
 - Help connect people with other resources and have an annual food, summer building program and toy drive.

- **Lifeline Support**
 - **Phone Number:** (800) 234-9473
 - **Web Address:** <https://www.lifelinesupport.org/>
 - **Programs:**
 - Eligible consumers can get up to \$9.25 off the cost of phone, internet, or bundled services.

- **Mobile County Community Action**
 - **Phone Number:** (251) 457-5700
 - **Address:** 461 Donald St., Mobile, AL 36617
 - **Web Address:** <https://www.mcamobile.org/departments/-community-services>
 - **Programs:**
 - Educate children
 - Feed the hungry
 - Offer assistance to the homeless
 - Provide heating and cooling assistance to those most in need
 - Adult literacy
 - Home repairs to reduce energy bills of low-income families and much more!
 - Food vouchers
 - Assistance with utility bills
 - Rent assistance.
 - We have several locations. The main office number is (251) 457-5700.

- **South Alabama Regional Planning Commission Area Agency on Aging**
 - **Phone Number:** (251) 706-4680
 - **Address:** 110 Beauregard St., Mobile, AL 36602
 - **Web Address:** <https://agingsouthalabama.org/>
 - **Programs:**
 - The agency provides various services for older adults, persons with disabilities and caregivers.
 - Over 25 **senior centers** provide recreation, transportation to the center, and a midday meal; or home-delivered meals for the homebound.
 - Other programs include in-home services through the Medicaid Waiver program, information, assistance and referral, benefits screening and application assistance, State Health Insurance Counseling program for persons with Medicare, SenioRx.
 - Prescription assistance, health promotion classes, volunteer programs, Long Term Care Ombudsman for residents of nursing or assisted living facilities, legal counseling, and annual Senior Expos.
 - Cost-cutting internet/Wi-Fi program/lower monthly food and medical costs

Clothing Assistance

- **Catholic Social Services of Baldwin County**
 - **Phone Number:** (251) 947-2293
 - **Address:** 23010 Highway 59 N., Robertsdale, AL 36567
 - **Web Address:** <https://catholicsocialservices.org/catholic-social-services-robertsdale>
 - **Programs:**
 - Limited financial and material assistance for individuals and families experiencing a financial crisis.
 - **Food Pantry:** By Appointment Only, Baldwin County Residents Only
 - Pregnancy testing
 - Parenting classes
 - Disability Services
 - **The Second-Hand Blessing**, which is a resale store adjacent to our offices.
 - Monday to Friday from 9:00 A.M. - 4:00 P.M.
- **Dumas Wesley Community Center**
 - **Phone Number:** (251) 479-0649
 - **Address:** 126 Mobile St., Mobile, AL 36607
 - **Web Address:** <https://www.dumaswesley.org/>
 - **Programs:**
 - **Transitional Housing Program, Sybil H. Smith Family Village, (SSFV)**
 - SSFV seeks to help homeless single women and homeless women with children establish and maintain self-sufficiency. An 18-unit facility that provides 24 months of housing for up to 150 individuals annually.
 - Contact Sybil Smith Family Village at 251-473-5526 for further information on eligibility requirements and application procedures.
 - Mandatory case management, life skills classes and job readiness courses for program participants
 - Residents are required to work full-time and/or attend school full-time
 - Childcare and after school care provided for families
 - Sober living environment
 - <https://www.dumaswesley.org/transitional-housing/>
 - **Baldwin Family Village**
 - The Baldwin Family Village provides 12 months of housing stability and wrap-around services for up to 100 single women and women with children annually from Baldwin County.
 - BFV seeks to break the cycle of homelessness and help women and children re-establish and maintain self-sufficiency by focusing on accountability, case management, life skills, and behavior modification.
 - Contact the Baldwin Family Village, at 251-210-4045 for further information on eligibility requirements and application procedures.
 - <https://www.dumaswesley.org/baldwinfamilyvillage/>
 - **Youth Programming**

- **The After School Achievement Program (ASAP)** provides a variety of academic and character-building activities for underserved youth. Programming includes: tutoring, science, technology, engineering, arts and mathematics (STEAM) workshops, career exploration, sports activities, a meal program and special "youth-empowered" events.
- **The Summer Recreation Program** serves area children ages 6-15. The fun-filled summer includes a variety of educational field trips, academic enrichment, STEAM workshops, swimming, and a five-day trip to Camp Blue Lake in Andalusia, Alabama.
- <https://www.dumaswesley.org/afterschoolachievementprogram/>
- <https://www.dumaswesley.org/summerprogram/>
- **Senior Services**
 - The Senior Activities for Independent Living (SAIL) program offers daily enrichment to low-income seniors 60 and older living in the 36607 and 36617 zip codes.
 - Congregate and homebound meals provided to seniors five days a week
 - On-site, weekly activities including: life skills classes, nutrition education, wellness checks, exercise classes and recreation
 - Transportation provided to and from the Center, as well as trips to the doctor, pharmacy and other life-sustaining services for enrolled participants
 - <https://www.dumaswesley.org/seniors/>
- **Food pantry**
 - A community partner of the Dumas Wesley Community Center, The Joseph Project (TJP), is a mission of Ashland Place United Methodist Church.
 - The food pantry is open to all in need and completely volunteer-supported and operated on the 1st and 3rd Thursday of each month. The food pantry is open from 10:00 AM – Noon at the Dumas Wesley Community Center.
 - The pantry serves 100 households on a first come, first served basis. Participants can receive supplemental food once a month.
- **Clothing Closet:**
 - Provides clothing and items free of charge to our program participants, helping them on their path to self-sustainability. Clothing assistance is also available to the local community by appointment only.
 - <https://www.dumaswesley.org/clothingcloset/>
- **Utility Assistance Program**
 - The Utility Assistance Program helps current and former Dumas Wesley participants maintain utility services. This program requires accountability as the participant must pay 50% of their utility bill.
 - Dumas Wesley subsequently pays the remainder of the bill directly to the utility company to ensure that funds are used for intended purposes. Assistance is available by appointment only.
 - <https://www.dumaswesley.org/utilityassistance/>
- **First Baptist Church of Tillman's Corner**

- **Phone Number:** (251) 661-0114
- **Address:** 5660 Three Notch Rd. Mobile, AL 36619
- **Web Address:** <https://fbtc.org/community-missions/>
- **Programs:**
 - **Food Pantry:** Fridays from 9:00 A.M. - Noon
 - Eligibility to receive help is based on a number of factors. Call our office to make sure you qualify.
 - Including basic hygiene items, clothes, diapers through discipleship, gas vouchers and Christmas Store (applications take in October)
 - **Free Hot Meal:** open to all every first Friday of the month. From 9:00 A.M. - Noon with limited availability.
- **First Christian Church - Homeless Ministry**
 - **Phone Number:** (251) 473-7979
 - **Email Address:** leehixonfcc@gmail.com
 - **Address:** 1419 Government St., Mobile, AL 36604
 - **Web Address:** <https://www.facebook.com/FirstChristianChurchMobile/>
 - **Programs:**
 - Free Services for the Homeless
 - Showers, Free Clothing and Shoes and Hot Meals - Mondays from 11:00 A.M. - 1:30 P.M.
 - Brown Bag lunches every Tuesday and Thursday 10:00 A.M. - 2:00 P.M.
- **Mt. Zion Baptist Church**
 - **Phone Number:** (251) 432-2997
 - **Address:** 1012 Adams St. Mobile, AL 36603
 - **Web Address:** <https://www.mtzionmissionary.org/>
 - **Programs:**
 - **Food Pantry:** 3rd Saturday of the month from 9:00 AM - 2:00 PM.
 - **The Soup Kitchen:** Hot meals each Wednesday.
 - **Health Fair:** twice a year to provide non-invasive health and wellness screenings to families in our community.
 - **Clothing Closet:** operates on a quarterly basis to provide clothing to needy families in the community.
- **New Life in Christ Church**
 - **Phone Number:** (251) 943-2225
 - **Address:** 102 East Berry Ave., Foley, AL 36536
 - **Web Address:** <http://www.newlifeinchristchurch.net/>
 - **Programs:**
 - **Food Bank:** Monday and Thursday from Noon to 3:00 P.M. (must sign in by 10:00 A.M.)
 - **Hot Meal:** Wednesdays at 5:30 P.M.
 - **Hot Breakfast:** Sundays from 9:00 A.M. to 9:20 A.M.
 - New and Gently Used Clothing and Shoes Free: Noon to 3:00 P.M. Monday and Thursday

- **St. John's Episcopal Church**
 - **Phone Number:** (251) 479-5474
 - **Address:** 1707 Government St., Mobile, AL 36604
 - **Web Address:** <https://www.stjohnsmobile.org/clothesline>
 - **Programs:**
 - **Clothing Ministry:** Tuesdays from 10:00 A.M. - 1:00 P.M.
 - Location: 2nd floor of the Mission House

Furniture, Appliances and Household Items

- **Family Promise of Coastal Alabama**
 - **Phone Number:** (251) 441-1991
 - **Web Address:** <https://www.familypromisemobile.org/>
 - **Programs:**
 - Mission: To provide temporary shelter, related services and nurturing support to families with children who are experiencing a homelessness crisis.
 - Short-term shelter, meals, and life skills classes for families with children.
 - We offer transitional housing for 12 or more months, and temporary support after program participation. For families experiencing housing insecurity but have identified temporary housing on their own.
 - Shelter Diversion assistance to help them avoid entering the shelter system. If eligible families can receive transportation assistance, household goods, and financial assistance for re-housing. All families receive intensive client-centered case management.
- **Goodwill Gulf Coast**
 - **Phone Number:** (251) 471-1581
 - **Address:** 2440 Gordon Smith Dr., Mobile, AL 36617
 - **Web Address:** <https://www.goodwillgulfcoast.org/>
 - **Programs:**
 - Early childhood resources
 - GED and English Language Learner classes
 - Goodwill Gulf Coast is partnering with Mobile Public Library to offer small GED classes, tailored to YOU, on Tuesday and Thursday evenings beginning at 4:00 p.m. in the Technology Center at the Ben Main May Library. You must sign up in advance before joining the class. Complete the form to be entered into the state system and enroll in the class. For more information about GED classes, call LaToya with Goodwill Gulf Coast at 251-300-6278.
 - Work training and job search assistance
 - Medical and disability services are available as well.
 - **The We Share program** provides equipment such as wheelchairs, walkers, and personal care items, available at no cost, with limited funding from the Alabama Department of Rehab (STAR program).

Medical equipment is available for anyone at all our retail stores (ask a cashier, items subject to availability).

- **Kaleidoscope** is a program for younger adults who have recently transitioned out of high school and other non-senior adults who desire to remain active and engaged in structured daytime learning and recreational activities. Our goal is to help adults with developmental and/or other disabilities to enhance skills and characteristics important to personal growth, happiness, and self-sufficiency through meaningful and challenging group activities. The program operates in Mobile on our Gordon Smith campus, Monday – Friday (7:30 – 5:00).
- Through the **Volunteer Income Tax Assistance (VITA)** program, low- to moderate-income families can file a Federal and State return for free with help from a volunteer, IRS-certified and trained tax preparer.
- **Child development center** in partnership with the local school system in Mobile. Children of all abilities receive high quality instruction with small child-staff ratios. Our center is in Mobile off Old Shell Road at Spring Hill Presbyterian Church.

- **Mobile SPCA**

- **Phone Number:** (251) 633-3531
- **Address:** 620 Zeigler Circle W., Mobile, AL 36608
- **Hours:**
 - **Resale Shop Hours:** Tuesday and Thursday from 8:30 A.M. to Noon and Wednesday, Friday and Saturday from 10:00 A.M. to 2:00 P.M.
 - **Adoption Center Hours:** Tuesday, Wednesday and Friday from 9:00 A.M. to 5:30 P.M. and Thursday and Saturday from 9:00 A.M. to Noon.
- **Web Address:** <https://www.mobilespca.org/>
- **Programs:**
 - The Mobile SPCA is a tax-exempt 501(c) (3) nonprofit charitable organization whose mission is to provide compassionate care, shelter, food, and medical attention to the animals entrusted to us while promoting adoptions, fostering, spay and neuter initiatives, transport, responsible pet ownership and community education.
 - Our members and supporters donate wonderful, gently or never-used items to the store that result in great bargains for you. And every purchase helps us help the animals. We have antiques, jewelry, art, home decor, electronics, tools, collectibles, books, pet items, clothing, DVDs, CDs and much more!
 - DogsTrust spay/neuter voucher: for dogs. You must live in one of the following zip codes: 36541, 36544, or 36587. To prove residency in one of these zip codes they can bring in a current driver's license or utility bill. You must also be on Medicaid, WIC, SNAP or disability or are considered to be at or under 250% of the federal poverty level. Residents can prove their eligibility by bringing in tax returns from the previous year, pay stubs or a letter of award from Medicaid or Disability.
 - If you do not qualify, please call the office and we will gladly email you a \$10 Off Coupon. If you need any more information or assistance, please call the office at (251) 633-3531

- **ReStore**

- **Phone Number:** (251) 662-1121
- **Address:** 3712 Airport Blvd. Mobile, AL 36608
- **Web Address:** <https://www.habitatswalabama.org/restore>
- **Programs:**
 - At ReStore you will find antiques, furniture, appliances, cabinets, doors, windows, flooring, plumbing, tools, garden, paint, and lighting. Inventory is donated by individuals, contractors, businesses, and wholesalers. ReStore profits helps Habitat for Humanity build affordable homes.

Health Insurance Assistance

- **Enroll Alabama**
 - **Phone Number:** (251) 465-5897 or 1-844-248-7698
 - **Address:** 4321 Downtowner Loop N., Mobile, AL 36609
 - **Web Address:** <https://www.enrollala.com/>
 - **Programs:**
 - We offer free assistance in enrolling people in health insurance with the Affordable Care Act through healthcare.gov to see if they are eligible for the assistance.
- **Medicare**
 - **Phone Number:** (800) 633-4227
 - **Web Address:** <https://www.medicare.gov/>
 - **Programs:**
 - Medicare is health insurance for people 65 or older. You're first eligible to sign up for Medicare 3 months before you turn 65.
 - You may be eligible to get Medicare earlier if you have a disability, End-Stage Renal Disease (ESRD), or ALS (also called Lou Gehrig's disease).
- **South Alabama Regional Planning Commission Area Agency on Aging**
 - **Phone Number:** (251) 706-4680
 - **Address:** 110 Beauregard St., Mobile, AL 36602
 - **Web Address:** <https://agingsouthalabama.org/>
 - **Programs:**
 - The agency provides various services for older adults, persons with disabilities and caregivers.
 - Over 25 **senior centers** provide recreation, transportation to the center, and a midday meal; or home-delivered meals for the homebound.
 - Other programs include in-home services through the Medicaid Waiver program, information, assistance and referral, benefits screening and application assistance, State Health Insurance Counseling program for persons with Medicare, SenioRx.
 - Prescription assistance, health promotion classes, volunteer programs, Long Term Care Ombudsman for residents of nursing or assisted living facilities, legal counseling, and annual Senior Expos.
 - Cost-cutting internet/Wi-Fi program/lower monthly food and medical costs

Medical Bill Assistance

- **Infirmary Cancer Care**
 - **Phone Number:** (251) 435-2273
 - **Address:** 5 Mobile Infirmiry Cir., Mobile, AL 36607
 - **Web Address:** <https://www.infirmiryhealth.org/infirmiry-cancer-care/>
 - **Programs:**
 - Infirmiry Cancer Care, an affiliate of the UAB O'Neal Comprehensive Cancer Center, provides comprehensive oncology services to the Mobile area and surrounding communities.
 - Access Infirmiry Health's full network of resources, along with the research and expertise available through the UAB O'Neal Comprehensive Cancer Center.
 - From diagnosis, to treatment, and beyond, Infirmiry Cancer Care is here to provide patients with cancer the care that they need.
- **Mobile Infirmiry**
 - **Phone Number:** (251) 435-2400
 - **Address:** 5 Mobile Infirmiry Cir., Mobile, AL 36607
 - **Web Address:** <https://www.infirmiryhealth.org/patients-visitors/financial-assistance/>
 - **Programs:**
 - Infirmiry Health's flagship hospital, Mobile Infirmiry, was founded in 1910. With 667 licensed beds, including J.L. Bedsole / Rotary Rehabilitation Hospital, it is among the leading hospitals in the state for surgical volume, houses a comprehensive cardiovascular program with a hybrid OR/Cath lab, the region's only long-term acute care hospital and a freestanding emergency department in Saraland.
 - Mobile Infirmiry also boasts a renowned cancer program, Infirmiry Cancer Care with surgical, radiation and medical oncology
 - Financial assistance program
- **South Alabama Regional Planning Commission Area Agency on Aging**
 - **Phone Number:** (251) 706-4680
 - **Address:** 110 Beauregard St., Mobile, AL 36602
 - **Web Address:** <https://agingsouthalabama.org/>
 - **Programs:**
 - The agency provides various services for older adults, persons with disabilities and caregivers.
 - Over 25 **senior centers** provide recreation, transportation to the center, and a midday meal; or home-delivered meals for the homebound.
 - Other programs include in-home services through the Medicaid Waiver program, information, assistance and referral, benefits screening and application assistance, State Health Insurance Counseling program for persons with Medicare, SenioRx.
 - Prescription assistance, health promotion classes, volunteer programs, Long Term Care Ombudsman for residents of nursing or assisted living facilities, legal counseling, and annual Senior Expos.
 - Cost-cutting internet/Wi-Fi program/lower monthly food and medical costs

- **Springhill Medical Center**
 - **Phone Number:** (251) 344-9630
 - **Address:** 3719 Dauphin St., Mobile, AL 36608
 - **Web Address:** <https://www.springhillmedicalcenter.com/patients-visitors/patient-financial-resources>
 - **Programs:**
 - Springhill Medical Center is a 263-bed acute care hospital located in the U.S. city of Mobile, Alabama. It is accredited by The Joint Commission.
 - Patient Financial Counseling

- **USA Health: Children's & Women's Hospital**
 - **Phone Number:** (251) 415-1000
 - **Address:** 1700 Center St., Mobile, AL 36604
 - **Web Address:** <https://www.usahealthsystem.com/locations/childrens-womens-hospital>
 - **Programs:**
 - We provide highly regarded surgical, oncological, clinical and acute care to women and children. Our team of physician specialists, nurses and technicians care for the medical needs of women and children with a family-centered approach.

- **USA Health: Mitchell Cancer Institute**
 - **Phone Number:** (251) 665-8000
 - **Address:** 1660 SpringHill Ave., Mobile, AL 36604
 - **Hours:** Monday – Friday from 8 A.M. to 5 P.M.
 - **Web Address:** <https://www.usahealthsystem.com/locations/mitchell-cancer-institute>
 - **Programs:**
 - Our mission is to discover, develop and deliver innovative solutions to improve cancer outcomes. Every breakthrough we make is built on an advancement of knowledge through science.

- **USA Health: Providence Hospital**
 - **Phone Number:** (251) 633-1000
 - **Address:** 6801 Airport Blvd., Mobile, AL 36608
 - **Web Address:** <https://www.usahealthsystem.com/locations/providence>
 - **Programs:**
 - USA Health Providence in Mobile, Alabama, is a full-service 349-bed hospital with 24/7 emergency care that also operates an outpatient diagnostic center and a freestanding rehabilitation and wellness center.
 - We provide advanced surgical care for serious and life-threatening injuries and illnesses. Our care teams listen to understand your health needs and deliver care that's right for you. Ascension Providence is a destination for specialty care. We offer a wide range of minimally invasive procedures, imaging, lab tests, wound care, rehabilitation services and diabetes care, all on one campus.
 - **Financial assistance** available at <https://www.usahealthsystem.com/bill-pay/financial-assistance>

- **USA Health: University Hospital**

- **Phone Number:** (251) 471-7000
- **Address:** 2451 University Hospital Dr., Mobile, AL 36617
- **Web Address:** <https://www.usahealthsystem.com/locations/university-hospital>
- **Programs:**
 - USA Health University Hospital is an acute care facility serving as the major referral center for southwest Alabama, southeast Mississippi, and portions of northwest Florida.
 - We offer centers for Level I trauma, burn, stroke, cardiovascular disease, and sickle cell disease.
 - As a teaching and research facility for the Frederick P. Whiddon College of Medicine at the University of South Alabama, University Hospital plays a key role in the development of new technology, treatments, and training of future healthcare professionals.
 - The hospital also includes outpatient care services such as cardiology, medicine, and surgery.
 - **Financial assistance** available at <https://www.usahealthsystem.com/bill-pay/financial-assistance>

Transportation Assistance

- **AIDS Alabama South**
 - **Phone Number:** (251) 471-5277
 - **Address:** 4321 Downtowner Loop N., Mobile, AL 36609
 - **Hours:**
 - Client Services:
 - Monday-Friday, 8am-4:00pm, with appointment.
 - 4321 Downtowner Loop N., Mobile, AL 36609
 - 251-471-5277
 - **Web Address:** <https://www.aidsalabamasouth.org/>
 - **Programs:**
 - **Free HIV & STI Testing, Treatment & PrEP:** SHELL Health Services (AIDS Alabama South's clinic)
 - Walk-ins Welcome
 - 717 Downtowner Loop W., Mobile, AL 36609
 - 251-694-6049
 - When someone tests positive for HIV at our clinic, we connect them with a dedicated social worker who helps coordinate comprehensive care. This includes medical support, financial assistance, housing help, mental health counseling, nutrition programs, peer support groups, and transportation services.
 - **Our services include:**
 - Free HIV & STI testing
 - HIV & STI Treatment and PrEP
 - Case management
 - Food support program
 - Housing assistance
 - Utility assistance
 - Transportation

- Dental treatment
 - Linkage to care coordination
 - Mental health counseling
 - Support groups
- **Alabama Governor's Office on Disability (Good)**
 - **Phone Number:** 888-879-3582
 - **Address:** 602 South Lawrence St., Montgomery, AL 36104
 - **Web Address:** <https://www.good.alabama.gov/>
 - **Programs:**
 - Our mission is to facilitate the inclusion of Alabamians with disabilities in education, employment, housing, transportation, health care, and leisure.
- **Family Promise of Coastal Alabama**
 - **Phone Number:** (251) 441-1991
 - **Web Address:** <https://www.familypromisemobile.org/>
 - **Programs:**
 - Mission: To provide temporary shelter, related services and nurturing support to families with children who are experiencing a homelessness crisis.
 - Short-term shelter, meals, and life skills classes for families with children.
 - We offer transitional housing for 12 or more months, and temporary support after program participation. For families experiencing housing insecurity but have identified temporary housing on their own.
 - Shelter Diversion assistance to help them avoid entering the shelter system. If eligible families can receive transportation assistance, household goods, and financial assistance for re-housing. All families receive intensive client-centered case management.
- **Franklin Medical and Dental Express**
 - **Phone Number:** (251) 432-4117
 - **Address:** 1303 Dr. Martin Luther King Jr. Ave., Mobile, AL 36603
 - **Hours:** Monday - Friday from 8:00 A.M. – 5:00 P.M.
 - **Web Address:** <https://franklinprimary.org/>
 - **Programs:**
 - Dental: Exams, cleanings, sealants temporary fillings, extractions, partials, dentures, flippers, whitening
 - Franklin Medical & Dental Express: by appointment only.
 - Pediatrics
 - OB/GYN
 - Family medicine
 - Internal medicine
 - Geriatrics
 - Rheumatology
 - Optometry
 - Physical therapy
 - Nutrition services, wellness & fitness services
 - Social services
 - Substance abuse prevention and treatment
 - HIV/AIDS services including case management and health education

- Pharmacy
- Laboratory and x-ray
- Transportation services for the homeless
- **Greyhound Bus Station**
 - **Phone Number:** (800) 231-2222
 - **Address:** 2545 Government Blvd., Mobile, AL 36606
 - **Web Address:** <https://www.greyhound.com/>
 - **Programs:**
 - Discounted bus tickets to travelers who need help completing their journey. **Travelers Aid** helps all kinds of travelers. This could be a vulnerable young person trying to get home, an elderly person who may have missed their bus, or just someone who's down on their luck. You can find Travelers Aid staff and stations in some of the country's busiest bus stations and transport hubs. For a list of locations, visit www.travelersaid.org
 - Some agencies offer services specifically tailored for veterans, senior citizens, or families, including a range of housing options, job training, and food assistance. Travelers Aid funding, services, and hours vary, and services are provided based on available funding, eligibility, and location.
 - We have a lot of respect for our active and retired military personnel. So, if they need to travel to a Veterans Affairs hospital, we'll give them a discounted bus ticket as part of the **Veterans Transportation Program**. The Office of Veterans Affairs recognizes veterans who face challenges traveling to their Veterans Affairs health care appointments, whether that's due to living in remote or rural areas, visual impairment, old age, disease, or disability. By providing discounted tickets, we're able to help veterans all across the country access the medical care they need at Veterans Affairs hospitals. Find out more about The Office of Veteran Affairs and the Veterans Transportation Program at www.va.gov.
 - Greyhound offers **free bus travel to organ transplant patients** to help reduce expenses for them and their families. If you're a social worker or transplant coordinator, you can find out more about this service and get a transportation request form at www.atriumhealthycommunityresourcehub.org.
 - **Our Home Free program**, in partnership with the National Runaway Safeline, is the only national transportation and reunification program supporting at-risk-youth. We provide runaway, homeless, and exploited youth ages 12 to 21 with a free bus ticket to get to a parent, legal guardian, or alternative safe living arrangement. For more information, visit www.1800runaway.org or call toll-free 1-800-RUNAWAY (1-800-786-2929)
- **Mercy Life of Alabama**
 - **Phone Number:** (251) 287-8427
 - **Address:** 2900 Springhill Ave., Mobile, AL 36607
 - **Web Address:** <https://www.trinityhealthpace.org/alabama/mercy-life-of-alabama>
 - **Programs:**
 - Medical care
 - Transport

- Physical therapy
 - Recreational therapy
 - Social services
 - Home help
 - Nutritional planning
 - Our unique care model provides a full spectrum of healthcare services, so seniors can live at home, stay connected to their community and ultimately maintain their independence.
 - Participants receive all healthcare services from Mercy Life of Alabama and our network of providers.
 - Social workers on call 24/7
 - Medication pick up assistance
 - Laundry and light housekeeping assistance
- **Mobile Area Interfaith Conference**
 - **Phone Number:** (251) 308-8725
 - **Address:** 67 Midtown Park E., Mobile, AL 36606
 - **Web Address:** <https://mobileareainterfaith.org/>
 - **Programs:**
 - **Mobile County Metro Chaplaincy Programs:** Through the pre-release services at Mobile County Metro Jail Chaplaincy Program, inmates can attend GED classes, job readiness classes and religious services.
 - **The Neighbor Center:** Neighbors returning from incarceration to the Mobile Area can receive reentry case management services along with assistance with housing, employment, transportation, identification, and other needs.
 - **Academy for Workforce Development:** The Academy offers Neighbors assistance with Job Placement, Job Training, Internships, Preparatory Classes, and Employment Case Management.
 - Mobile Area Interfaith Conference, Inc (MAIC) is a collaborative effort involving faith-based organizations and religious congregations. The organization is dedicated to fostering the development of community resources to address unmet human needs, with a primary focus on serving marginalized citizens.
- **Mobile Housing Authority**
 - **Phone Number:**
 - **Office:** (251) 434-2200
 - **Clinton Johnson Center:** (251) 470-1728
 - **Bishop State:** (251) 662-5370
 - **Career Links:** (251) 433-1358 for ages 16-21
 - **Address:** 151 S. Claiborne St., Mobile, AL 36602
 - **Hours:** Monday - Friday from 8:00 AM to 4:30 PM.
 - **Web Address:** <https://www.mobilehousing.org/>
 - **Programs:**
 - **Educational programs:** GED preparation, free to low-income people within the city limits of Mobile. These programs are available at three centers:
 - **Senior Services:** Housing assistance, case management, transportation, wellness programs, meal services, computer access.

- Housing counseling program
 - Financial planning assistance
 - Daycare and after-school care for children. Cost varies by ability to pay and is discounted for people in public housing.
- **Mobility Assistance Program**
 - **Phone Number:** (251) 344-5656
 - **Address:** 110 Beauregard St. Suite 104, Mobile, AL 36602
 - **Web Address:** <https://www.thewavetransit.com/159/Paratransit-Mobility-Assistance-Program>
 - **Programs:**
 - Mobility Assistance program (MAP) is a specialized, curb to curb transportation service for certified disabled people.
 - The cost is \$2.50 one way.
 - Applications can be acquired from our GM&O location. Applicants must pass an in-person assessment and re-certify every three years.
 - For more information, please call (251) 338-0099 and read our MAP User Guide (PDF).
- **MoGo**
 - **Phone Number:** (251) 312-4372
 - **Hours:** Everyday 6:00 A.M. to 8:00 P.M.
 - **Web Address:** <https://city.ridewithvia.com/mogo>
 - **Programs:**
 - Price: Each ride costs \$1.25 or less.
 - FREE rides to/from certain employment and training centers for employees and trainees.
 - Easy ways to pay: Credit/debit card, Cash payments not accepted
 - Accessibility: Wheelchair accessible vehicles are available
- **National Runaway Safeline**
 - **Phone Number:** Call or text 1-800-RUNAWAY (1-800-786-2929)
 - **Web Address:** <https://www.1800runaway.org/>
 - **Programs:**
 - Confidential crisis intervention and support for runaway, homeless, and at-risk youth and their families.
 - Available 24/7 via phone or live chat through our website.
 - May provide free bus tickets back home for qualifying youth ages 12-21.
- **South Alabama Regional Planning Commission Area Agency on Aging**
 - **Phone Number:** (251) 706-4680
 - **Address:** 110 Beauregard St., Mobile, AL 36602
 - **Web Address:** <https://agingsouthalabama.org/>
 - **Programs:**
 - The agency provides various services for older adults, persons with disabilities and caregivers.

- Over 25 **senior centers** provide recreation, transportation to the center, and a midday meal; or home-delivered meals for the homebound.
 - Other programs include in-home services through the Medicaid Waiver program, information, assistance and referral, benefits screening and application assistance, State Health Insurance Counseling program for persons with Medicare, SenioRx.
 - Prescription assistance, health promotion classes, volunteer programs, Long Term Care Ombudsman for residents of nursing or assisted living facilities, legal counseling, and annual Senior Expos.
 - Cost-cutting internet/Wi-Fi program/lower monthly food and medical costs
- **Veteran Affairs**
 - **Phone Number:** 1- 800-698-2411
 - **Web Address:** <https://www.va.gov/>
 - **Programs:**
 - Veterans who are homeless or at risk of homelessness and their family members, friends, and supporters can make the call to or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24 hours a day, 7 days a week.
 - **Homeless Providers Grant and Per Diem (GPD) Program:** VA funds over 12,000 beds for eligible Veterans. Grantees work closely with an assigned liaison from the local VAMC. The VA GPD liaison monitors the services the grantees offer to Veterans and provides direct assistance to them.
 - Grantees also collaborate with community-based organizations to connect Veterans with employment, housing and additional social services to promote housing stability. The maximum stay in this housing is up to 24 months, with the goal of moving Veterans into permanent housing.
 - **Domiciliary Care for Homeless Veterans (DCHV) Program:** This program encompasses residential care for sheltered and unsheltered Veterans with multiple challenges, illnesses or rehabilitative care needs. DCHV provides a structured setting to foster Veterans' independence and mutual support.
 - **Homeless Veteran Community Employment Services (HVCES):** Under this program, each VA Medical Center (VAMC) has received funding to hire new vocational development specialists who are serving as Community Employment Coordinators (CECs) to boost employment outcomes for Veterans who are homeless or at risk of becoming homeless.
 - **Compensated Work Therapy (CWT):** CWT is comprised of transitional work and supported employment program, which assists homeless Veterans in returning to competitive employment.
 - **Health Care for Homeless Veterans (HCHV):** This program offers outreach, case management and residential treatment services to help Veterans transition from living on the street or in institutions to stable housing situations.
 - **Homeless Patient Aligned Care Teams (HPACTs) Program:** Located on the campuses of VA medical centers (VAMCs), community-based outpatient clinics and Community Resource and Referral Centers,

HPACT clinics provide a coordinated “medical home” tailored to the needs of homeless Veterans. They integrate clinical care, social services, enhanced access and community coordination.

- **Veterans Justice Outreach (VJO) and Health Care for Reentry Veterans (HCRV) Programs:** VJO aims to prevent homelessness by helping justice-involved Veterans who have mental health or substance use issues access needed VA clinical services. HCRV specialists work with Veterans to ease their transition from prison back into the community.
- **Veterans Transportation Service:** The Veterans Transportation Service (VTS) provides safe and reliable transportation to Veterans who require assistance traveling to and from VA health care facilities and authorized non-VA health care appointments. VTS also partners with service providers in local communities to serve Veterans’ transportation needs.

- **Veterans Recovery Resources**

- **Phone Number:** (251) 405-3677
- **Email Address:** info@vetsrecover.org
- **Address:** 1200 Springhill Ave., Mobile, AL 36604
- **Web Address:** <https://vetsrecover.org/>
- **Programs:**
 - Vets Recover is a trusted organization dedicated to providing comprehensive care and support to veterans, first responders, and their families. Our mission is to remove barriers to care, deliver quality integrated health care, and build a better community through recovery and connection.
 - Our Outpatient Facility delivers the highest quality integrated healthcare and accelerates well-being to treat the whole person while providing hope and healing. We offer primary care screening and monitoring; psychiatric rehabilitation; behavioral health services, peer support services, transportation assistance; and more
 - We are working to remove barriers to care by offering services such as Telehealth, transportation assistance, and 24/7 Crisis Care.

- **Via! Health Fitness and Enrichment Center**

- **Phone Number:** (251) 478-3311
- **Address:** 1717 Dauphin St., Mobile, AL 36604
- **Hours:**
 - Monday – Thursday from 7:00 A.M. - 6:00 P.M.
 - Friday from 7:00 A.M. - 1:00 P.M.
 - Saturday from 8:00 A.M. - 12:00 P.M.
- **Web Address:** <https://viamobile.org/>
- **Programs:**
 - The Via Health, Fitness and Enrichment Center/Senior Citizens Services promotes a healthy, active, independent lifestyle among adults. Via/SCS advocates, teaches, and leads healthy aging programs and initiatives for the surrounding community.
 - **GrandFriends Adult Day Program** is a community service program of Via Health, Fitness and Enrichment Center. This program is designed to

offer caregivers an affordable opportunity for respite while providing supervised activities within a safe, healthy, and comfortable environment.

- **Wave Transit System**

- **Phone Number:** (251) 344-6600
- **Address:** 110 Beauregard Street Suite 104, Mobile, AL 36602
- **Web Address:** <https://www.thewavetransit.com/>
- **Programs:**
 - The Wave Transit System is the operator of public transportation in Mobile, Alabama, operated by the City of Mobile.
 - Eleven local routes service the city and suburban regions, while the modal trolley provides downtown shuttle service.
 - Crossbay service via the Bayline route service Baldwin County, Alabama.
 - The Wave Transit offers many reduced fare options for those who qualify.
 - Reduced Fare passes and fares are not available on our App.
 - To qualify for reduced fares please bring the appropriate documentation to the GM&O Customer Service.
 - If you have any questions, please call Customer Service.

Utility and Phone Assistance

- **Alabama Business Charitable Trust Fund (ABC Trust through Alabama Power)**

- **Phone Number:** (205) 257-0231
- **Web Address:** <https://powerofgood.com/abc-trust>
- **Programs:**
 - Working with 22 community action agencies across the state and the Alabama Department of Economic and Community Affairs, the ABC Trust works with families to educate them on how to live more energy efficiently and weatherize their homes.
 - The trust will also help Alabamians pay energy bills when funds are short.

- **Alabama Low-Income Home Energy Assistance Program (LIHEAP)**

- **Phone Number:**
 - (334) 242-4909
 - (251) 457-5700
- **Email Address:** LifelineSupport@usac.org
- **Address:** 461 Donald St. Mobile, AL 36617
- **Web Address:** <https://www.usa.gov/help-with-utility-bills>
- **Programs:**
 - The **Low-Income High Energy Assistance Program (LIHEAP)** assists low-income Alabama residents with the high cost of home energy.
 - To be eligible for this benefit program, you must be a resident of Alabama and need financial assistance with home energy costs.
 - A person who participates or has family members who participate in certain other benefit programs, such as SNAP, SSI, and TANF, automatically meets the eligibility requirement.

- **Christ United Church Lifegate**

- **Phone Number:** (251) 380-0583
- **Address:** 6101 Grelot Rd., Mobile, AL 36609
- **Hours:** For Appointments call Mondays and Wednesdays from 8:00 A.M. - 10:30 A.M.
- **Web Address:** <https://christunited.com/lifegate>
- **Programs:**
 - Lifegate offers food bags, Thanksgiving food baskets, utility bills, free Bibles, prayer, and spiritual guidance.
 - Lifegate **clients are seen by appointment only. Walk-in clients will not be seen.** Call (251) 380-0583 on Mondays or Wednesdays between 8:00 A.M. – 10:30 A.M.
 - Lifegate is a vital outreach ministry of love and compassion within Christ United Church. The purpose of Lifegate is to minister to church members and people in our community in a crisis situation.
 - Priority assistance is given to the elderly and the disabled.
 - If you qualify for services, you will be given an appointment for the next day that Lifegate is open.
- **Dumas Wesley Community Center**
 - **Phone Number:** (251) 479-0649
 - **Address:** 126 Mobile St., Mobile, AL 36607
 - **Web Address:** <https://www.dumaswesley.org/>
 - **Programs:**
 - **Transitional Housing Program, Sybil H. Smith Family Village, (SSFV)**
 - SSFV seeks to help homeless single women and homeless women with children establish and maintain self-sufficiency. An 18-unit facility that provides 24 months of housing for up to 150 individuals annually.
 - Contact Sybil Smith Family Village at 251-473-5526 for further information on eligibility requirements and application procedures.
 - Mandatory case management, life skills classes and job readiness courses for program participants
 - Residents are required to work full-time and/or attend school full-time
 - Childcare and after school care provided for families
 - Sober living environment
 - <https://www.dumaswesley.org/transitional-housing/>
 - **Baldwin Family Village**
 - The Baldwin Family Village provides 12 months of housing stability and wrap-around services for up to 100 single women and women with children annually from Baldwin County.
 - BFV seeks to break the cycle of homelessness and help women and children re-establish and maintain self-sufficiency by focusing on accountability, case management, life skills, and behavior modification.
 - Contact the Baldwin Family Village, at 251-210-4045 for further information on eligibility requirements and application procedures.
 - <https://www.dumaswesley.org/baldwinfamilyvillage/>
 - **Youth Programming**

- **The After School Achievement Program (ASAP)** provides a variety of academic and character-building activities for underserved youth. Programming includes: tutoring, science, technology, engineering, arts and mathematics (STEAM) workshops, career exploration, sports activities, a meal program and special "youth-empowered" events.
- **The Summer Recreation Program** serves area children ages 6-15. The fun-filled summer includes a variety of educational field trips, academic enrichment, STEAM workshops, swimming, and a five-day trip to Camp Blue Lake in Andalusia, Alabama.
- <https://www.dumaswesley.org/afterschoolachievementprogram/>
- <https://www.dumaswesley.org/summerprogram/>
- **Senior Services**
 - The Senior Activities for Independent Living (SAIL) program offers daily enrichment to low-income seniors 60 and older living in the 36607 and 36617 zip codes.
 - Congregate and homebound meals provided to seniors five days a week
 - On-site, weekly activities including: life skills classes, nutrition education, wellness checks, exercise classes and recreation
 - Transportation provided to and from the Center, as well as trips to the doctor, pharmacy and other life-sustaining services for enrolled participants
 - <https://www.dumaswesley.org/seniors/>
- **Food pantry**
 - A community partner of the Dumas Wesley Community Center, The Joseph Project (TJP), is a mission of Ashland Place United Methodist Church.
 - The food pantry is open to all in need and completely volunteer-supported and operated on the 1st and 3rd Thursday of each month. The food pantry is open from 10:00 AM – Noon at the Dumas Wesley Community Center.
 - The pantry serves 100 households on a first come, first served basis. Participants can receive supplemental food once a month.
- **Clothing Closet:**
 - Provides clothing and items free of charge to our program participants, helping them on their path to self-sustainability. Clothing assistance is also available to the local community by appointment only.
 - <https://www.dumaswesley.org/clothingcloset/>
- **Utility Assistance Program**
 - The Utility Assistance Program helps current and former Dumas Wesley participants maintain utility services. This program requires accountability as the participant must pay 50% of their utility bill.
 - Dumas Wesley subsequently pays the remainder of the bill directly to the utility company to ensure that funds are used for intended purposes. Assistance is available by appointment only.
 - <https://www.dumaswesley.org/utilityassistance/>

- **Internet Essentials by Xfinity**
 - **Phone Number:**
 - (800) 934-6489
 - (855)-846-8376
 - **Address:** 1225 Satchel Paige Dr. Suite E. 102, Mobile, AL 36606
 - **Web Address:** <https://apply.internetessentials.com/>
 - **Programs:**
 - Internet Essentials offers you low-cost, high-speed Internet at home, so you are ready for anything! Our connections are now twice as fast but at the same low cost.
 - To qualify you either need to qualify for programs like the National School Lunch Program, housing assistance, Medicaid, SNAP, SSI, or Federal Pell Grant, or have not had Comcast Internet in the last 90 days.
- **Lifeline Support**
 - **Phone Number:** (800) 234-9473
 - **Web Address:** <https://www.lifelinesupport.org/>
 - **Programs:**
 - Eligible consumers can get up to \$9.25 off the cost of phone, internet, or bundled services
- **Mobile County Community Action**
 - **Phone Number:** (251) 457-5700
 - **Address:** 461 Donald St., Mobile, AL 36617
 - **Web Address:** <https://www.mcamobile.org/departments/-community-services>
 - **Programs:**
 - Educate children
 - Feed the hungry
 - Offer assistance to the homeless
 - Provide heating and cooling assistance to those most in need
 - Adult literacy
 - Home repairs to reduce energy bills of low-income families and much more!
 - Food vouchers
 - Assistance with utility bills
 - Rent assistance.
 - We have several locations. The main office number is (251) 457-5700.
- **South Alabama Regional Planning Commission Area Agency on Aging**
 - **Phone Number:** (251) 706-4680
 - **Address:** 110 Beauregard St., Mobile, AL 36602
 - **Web Address:** <https://agingsouthalabama.org/>
 - **Programs:**
 - The agency provides various services for older adults, persons with disabilities and caregivers.
 - Over 25 **senior centers** provide recreation, transportation to the center, and a midday meal; or home-delivered meals for the homebound.
 - Other programs include in-home services through the Medicaid Waiver program, information, assistance and referral, benefits screening and

application assistance, State Health Insurance Counseling program for persons with Medicare, SenioRx.

- Prescription assistance, health promotion classes, volunteer programs, Long Term Care Ombudsman for residents of nursing or assisted living facilities, legal counseling, and annual Senior Expos.
 - Cost-cutting internet/Wi-Fi program/lower monthly food and medical costs
-

Medical Assistance

Addiction Services

- **Alcoholics Anonymous**
 - **Phone Number:** (251) 479-9994
 - **Email Address:** swacoaa@gmail.com
 - **Address:** 600 Bel Air Blvd., Suite 224, Mobile, AL 36606
 - **Web Address:** <https://mobileaa.org/>
 - **Programs:**
 - Our phone service can reach someone 24 hours a day for those in immediate need, as it pertains to an urgent need to stop drinking.
- **AltaPointe Health**
 - **Phone Number:**
 - Access To Care: (251) 450-2211
 - Patient Relations: (833) 921-1811
 - Human Resources: (251) 450-5919
 - **Address:** 5750 Southland Dr. # A. Mobile, AL 36693
 - **Web Address:** <https://altapointe.org/>
 - **Programs:**
 - Shelter Plus Care
 - Projects for Assistance in Transition from Homelessness PATH
 - Semi-Independent Living
 - Rehabilitative Day Program
 - Jail Diversion
 - Substance Abuse
 - Children's Day Treatment (Mobile and Baldwin)
 - Reaching & Encouraging Active Parenting (REAP)
 - **Crisis Services for Children and Teens:** call (251) 450-2211 / (888) 335-3044 any time of the day or night
 - **Project Achieve:** Addresses the complex challenges of families with children diagnosed with mental illness and developmental disability.
 - **The Independent Living Program:** prepares young people for the challenges and opportunities they face as self-sufficient adults. The program serves young adults ages 16 to 21 who have either gainful employment or are in school full time. *Residents must be referred by the Alabama Department of Human Resources*
 - **Adolescent Independence Program:** Through a contract with the Alabama Department of Human Resources, Alta Pointe provides intensive services and support to young adults, ages 16 to 21, who are under DHR care. This home-like facility in Mobile County can accommodate ten young men. Group homes and a supported employment program are also available.

- **Bradford Health Services**
 - **Phone Number:**
 - (251) 295-9717
 - (888) 762-3740
 - **Address:** 1000 Hillcrest Rd. #304, Mobile, AL 36695
 - **Web Address:** <https://bradfordhealth.com/>
 - **Programs:**
 - Bradford Recovery Communities provides treatment programs, resources, and community for every aspect of recovery.
 - Through our premier drug and alcohol rehab facilities across the Southeast, we provide affordable, evidence-based addiction treatment with proven outcomes at every level of care.
- **Christ United Church - Celebrate Recovery**
 - **Phone Number:** (251) 342-0462
 - **Email Address:** donna.alexander@christunited.com
 - **Address:** 6101 Grelot Rd., Mobile, AL 36609
 - **Web Address:** <https://christunited.com/celebraterecovery>
 - **Programs:**
 - Meetings are Thursdays at 6:30 P.M. in the Fellowship Hall
 - Celebrate Recovery is a Christ-centered 12-step program that works to identify the root causes of compulsive and addictive behaviors. There is hope at Celebrate Recovery.
 - Join us each week as we meet to enjoy a meal, praise and worship, and a lesson and/or testimony on recovering from your hurts, habits and hang-ups.
 - If you want help or would like to help, please email Donna Alexander to get started at donna.alexander@christunited.com
- **Door to Serenity**
 - **Phone Number:** (251) 610-3389
 - **Web Address:** <https://www.doortoserenity.org/>
 - **Programs:**
 - Within the structure of the Twelve Steps, Door to Serenity is being created to address the needs of those who seek our help on their road to recovery.
 - Without respect to race, ethnicity, religion, sexual orientation or gender identity, Door to Serenity welcomes the under-served who have tried unsuccessfully to address the pain of living through substance use disorder and want to start a new chapter.
- **Franklin Medical and Dental Express**
 - **Phone Number:** (251) 432-4117
 - **Address:** 1303 Dr. Martin Luther King Jr. Ave., Mobile, AL 36603
 - **Hours:** Monday - Friday from 8:00 A.M. – 5:00 P.M.
 - **Web Address:** <https://franklinprimary.org/>
 - **Programs:**
 - Dental: Exams, cleanings, sealants temporary fillings, extractions, partials, dentures, flippers, whitening
 - Franklin Medical & Dental Express: by appointment only.

- Pediatrics
 - OB/GYN
 - Family medicine
 - Internal medicine
 - Geriatrics
 - Rheumatology
 - Optometry
 - Physical therapy
 - Nutrition services, wellness & fitness services
 - Social services
 - **Substance abuse prevention and treatment**
 - HIV/AIDS services including case management and health education
 - Pharmacy
 - Laboratory and x-ray
 - Transportation services for the homeless
- **Home of Grace for Women**
 - **Phone Number:** (251) 456-7807
 - **Address:** 394 Aldock Rd., Eight Mile, AL 36613
 - **Web Address:** <https://homeofgraceforwomen.com/>
 - **Programs:**
 - Our mission is to provide a comprehensive alcohol and drug recovery program for females ages 18 and up.
 - We provide a twelve-week residential program that embraces all aspects of addiction and recovery, including spirituality.
- **Mission of Hope for Men and Women**
 - **Phone Number:** (251) 649-0830
 - **Address:** 14970 Mission Rd., Mobile, AL 36608
 - **Web Address:** <https://www.missionofhopeministries.net/campuses/>
 - **Programs:**
 - Mission of Hope (Men's Program) - The initial Mission of Hope men's program is a three-month, in-house program. They can house up to 50 men in these dorms.
 - Mission of Hope (Women's Program) - Our services provided are free of charge. We are a non-profit para-church organization, and our ministry is funded through the kindness of churches, organizations, and individuals.
 - Our services are provided free of charge.
- **OneWay Restoration Ministries**
 - **Phone Number:**
 - **Men's Intake:** (251) 217-8675
 - **Women's Intake:** (251) 217-8728
 - **Address:** 5225 Gunn Rd., Mobile, AL 36619
 - **Web Address:** <https://www.onewayrestoration.org/>
 - **Programs:**
 - Our program is a 9-month, in-house, faith-based recovery program.
 - Each resident in the program receives free room and board during the length of the program. We are here to help individuals with family issues,

drug or alcohol addictions, or any type of life struggle through a balanced program of restoration.

- Our program includes pastoral counseling, biblical therapy, daily bible study, meaningful work within the ministry, and life skills training. We do not charge any intake or program fees.
- We will do an intake phone interview they would need to call our intake numbers.

- **People Engaged in Recovery**

- **Phone Number:** (251) 219-7811
- **Address:** 3103 Airport Blvd. Suite 160, Mobile, AL 36606
- **Web Address:** <https://peopleengagedinrecovery.org/>
- **Programs:**
 - Peer-led support groups
 - Peer mentoring
 - Yoga and Meditation
 - Basic living skills
 - Veterans support groups
 - Relapse prevention planning

- **Ryan's Refuge**

- **Phone Number:**
 - Eric Overstreet - (251) 228-8454
 - Heather Overstreet - (207) 267-0530
- **Address:** 554 South Craft Hwy., Mobile, AL 36617
- **Web Address:** <https://www.ryanrefuge.com/>
- **Programs:**
 - Mission Statement: Stabilization of Displaced Persons.
 - **We are a First Steps Program with the goal of getting men off the streets and into the kingdom!**
 - Our 1st step and number one goal is stabilization. We do this through providing housing, mental health care, rehabilitation, detox, and health care.
 - Step 2 is Legalization. We will make sure they have all documentation (birth cert, SS card, ID, etc.) We will also handle legal issues such as probation, warrants, fines, etc.
 - Step 3 is referral to Next Step Programs and job training to prepare these men to be active and successful member of society.

- **Salvation Army**

- **Phone Number:** (251) 438-1625
- **Address:** 1009 Dauphin St., Mobile, AL 36604
- **Web Address:** <https://www.salvationarmyusa.org/usn/>
- **Programs:**
 - Rehabilitation
 - Missing persons
 - Adult rehabilitation center
 - Disaster services
 - Casework services
 - Emergency shelter

- Community recreation programs
 - Food pantry
 - Alcohol, and drug treatment
 - Day camp activities
- **Shoulder Rehab**
 - **Phone Number:** (251) 626-2199
 - **Address:** P.O. Box 637, Daphne, AL 36526
 - **Web Address:** <https://theshoulder.org/>
 - **Programs:**
 - The mission of The Shoulder is to restore individuals and their families who are affected by alcohol/drug abuse by providing quality, affordable treatment in a safe, secure Christian environment.
- **The Bridge**
 - **Phone Number** (256) 546-6324
 - **Web Address:** <https://www.bridgeinc.org/>
 - **Programs:**
 - With 50 years of experience, The Bridge is a leading treatment provider in Alabama for adolescents with substance use disorders and for those who need behavioral rehabilitation.
 - Our services include early intervention, outpatient, residential and intensive in-home care. We have locations in 30 counties in Alabama and our caring, professional staff provide services that are individualized for each adolescent and their family.
- **Veterans Recovery Resources**
 - **Phone Number:** (251) 405-3677
 - **Email Address:** info@vetsrecover.org
 - **Address:** 1200 Springhill Ave., Mobile, AL 36604
 - **Web Address:** <https://vetsrecover.org/>
 - **Programs:**
 - Vets Recover is a trusted organization dedicated to providing comprehensive care and support to veterans, first responders, and their families. Our mission is to remove barriers to care, deliver quality integrated health care, and build a better community through recovery and connection.
 - Our Outpatient Facility delivers the highest quality integrated healthcare and accelerates well-being to treat the whole person while providing hope and healing. We offer primary care screening and monitoring; psychiatric rehabilitation; behavioral health services, peer support services, transportation assistance; and more
 - We are working to remove barriers to care by offering services such as Telehealth, transportation assistance, and 24/7 Crisis Care.
- **Volunteers of America**
 - **Phone Number:** (251) 300-3500
 - **Address:** 1204 Hillcrest Rd., Mobile, AL 36695
 - **Web Address:** <https://voase.org/>
 - **Programs:**

- Volunteers of America Southeast offers direct human-care services, affordable housing, faith-based resource programs, and community outreach.
- Some of our services provide care for people with intellectual and developmental disabilities, mental health issues, substance abuse, low-income seniors, and the homeless
- **Wings of Life**
 - **Phone Number:**
 - **Office:** (251) 751-5433
 - **Female Intake:** (251) 333-5557
 - **Male Intake:** (251) 333-4800
 - **Address:** 3401 Newman Rd., Mobile, AL 36695
 - **Web Address:** <https://www.wings-of-life.org/>
 - **Programs:**
 - We are a non-profit, faith-based, life recovery center empowering individuals and families through spiritual enrichment, education, and personal responsibility.
 - We offer a 90-day residential alcohol and drug recovery program for men and women. Our program includes intense, Christian-based teaching and life skills training in an atmosphere of excellence and honor.
 - Graduates may also be eligible for transition, extended term, and ministry training programs.

Advocacy

- **Alabama Department of Rehabilitation**
 - **Phone Number:**
 - (800) 879-8163
 - (251) 432-4560
 - **Address:** 1610 Center St. Suite A., Mobile, AL 36604
 - **Web Address:** <https://www.rehab.alabama.gov/>
 - **Programs:**
 - Early Intervention (EI) Birth to 3
 - Children's Rehabilitation (CRS) Under 21
 - Vocational Rehabilitation (VRS) Job Training
 - VRS – Blind and Deaf (VRS-BD) Specialized
 - Independent Living (SAIL) Homebound
 - From birth through adulthood, we have programs and a highly skilled, compassionate staff who can help assess your situation and provide the most appropriate treatment, therapies, and services. Whatever we can do to help you reach your maximum potential, we'll be with you and your family all the way.
- **Alabama Disabilities Advocacy Program (ADAP)**
 - **Phone Number:** (205) 348-4928
 - **Web Address:** <https://sites.ua.edu/adap/>

- **Programs:**
 - Housing
 - Employment
 - Healthcare Access
 - Treatment and supports in the least restrictive environment
 - Community Access: Individuals with SMI or SED will have access to services and opportunities that will enhance their ability to live and work independently, as active and equal members of their communities
 - Individual special education advocacy services to families of children with SED, engage in systems change activities to ensure that youth with SED are afforded equal educational opportunities
 - Educational Opportunities: youth with SED will be provided a free appropriate public education in their least restrictive environment.
- **Alabama Governor's Office on Disability (Good)**
 - **Phone Number:** 888-879-3582
 - **Address:** 602 South Lawrence St., Montgomery, AL 36104
 - **Web Address:** <https://www.good.alabama.gov/>
 - **Programs:**
 - Our mission is to facilitate the inclusion of Alabamians with disabilities in education, employment, housing, transportation, health care, and leisure.
- **Alabama Institute for the Deaf and Blind (AIDB)**
 - **Phone Number:** (251) 432-7777
 - **Address:** 1050 Government St., Mobile, AL 36604
 - **Web Address:** <https://www.aidb.org/Mobile>
 - **Programs:**
 - Recognized leader of diverse residential and community-based education
 - Rehabilitation
 - Employment programs that prepare individuals who are deaf, blind, deafblind, and multi-disabled to reach their potential in education, independence, and career
 - Sign Language Interpreter Services
- **Alabama Possible**
 - **Phone Number:** (205) 939-1408
 - **Email Address:** info@alabamapossible.org
 - **Web Address:** <https://alabamapossible.org/>
 - **Programs:**
 - Alabama Goes to College Campaign provides FAFSA and college application completion support to students across the state.
 - The **Alabama Direct Admission Initiative** allows ALL high school seniors across Alabama to now be admitted to participating in-state colleges and universities – **no applications required**. Through this direct admission approach, students are recognized for their hard work with no stress, no applications, and no rejections. It's a simpler, more supportive way to start the college journey.
 - Poverty simulations which are designed to sensitize those who frequently support families living in poverty, as well as to create a broader

awareness of the realities of poverty among policymakers, business and community leaders, students, faculty, administrators, and more.

- **Autism Support of Alabama**

- **Phone Number:** 1-877-428-8476
- **Web Address:** <https://autism-alabama.org/>
- **Programs:**
 - Information and resource assistance
 - Resource directory
 - Community education (i.e., parents, providers, family members) through our quarterly e-newsletter, exhibitions, speaking engagements, conferences, workshops and more.
 - Parent networking and support across the state. CARE Binders provide crucial resources for families in a binder which is designed to also be used as a mechanism for organizing medical, personal, and educational documents so that such information is easily accessible.
 - Community Events such as sensory sensitive activities, in addition to, events which promote awareness and acceptance of autism.
 - Safety Resources such as autism-related training for first responders and other safety resources for families to help in keeping their loved ones safe.
 - **Family Grants** which provide financial assistance with providing respite care, ABA therapy or swim lessons, collaboration efforts with other state agencies to improve services for persons with autism spectrum disorders, **Sibshops** which provide an avenue for children and teens who have a brother or sister with autism to connect.
 - **Family Camps** which provide families with a weekend to get away, unplug and connect with each other and other families of children with autism from across the state by participating in traditional camp activities which are adapted for special needs.

- **Department of Human Resources: Adult Services**

- **Phone Number:**
 - Office: (251) 450-7000
 - Adult Abuse Hotline 1-800-458-7214
- **Address:** 3103 Airport Blvd., Mobile, AL 36606
- **Hours:** Monday - Friday from 8:00 A.M. – 4:30 P.M.
- **Web Address:** <https://dhr.alabama.gov/adult-protective-services/>
- **Programs:**
 - The mission of the Adult Protective Services Division is to support and enable County Departments to protect elderly and disabled adults from abuse, neglect, and exploitation and prevent unnecessary institutionalization

- **Epilepsy Foundation Alabama**

- **Phone Number:**
 - **Office:** (205) 453-8205
 - **Helpline:** 800-332-1000
 - Monday through Friday 8:00 A.M. to 8:00 P.M. ET
 - <https://www.epilepsy.com/helpline>

- **Address:** 3100 Lorna Rd., Suite 311, Birmingham, AL 35216
- **Web Address:** <https://www.epilepsy.com/local/alabama>
- **Programs:**
 - Provides epilepsy-related information & referral. Can help identify local resources and treatment providers specializing in epilepsy care and treatment. Provides information on agency outreach and education programs.
- **Family Voices**
 - **Phone Number:** (781) 674-7224 or Toll-free: 888-835-5669
 - **Web Address:** <https://familyvoices.org/about/>
 - **Programs:**
 - Develop family and youth leaders, particularly those from underserved and underrepresented populations
 - Maintain and strengthen Family Voices' leadership role for children and youth with special health care needs (SHCN) and disabilities through advocacy and partnerships
 - Create and support policy positions for children and youth with SHCN and disabilities
 - Connect and enhance a vibrant national network of family organizations that reflect the diversity of the population they serve
 - Maintain and strengthen organizational structure and capacity.
- **Independent Living Center of Mobile**
 - **Phone Number:** (251) 460-0301
 - **Address:** 6750 Howell's Ferry Rd., Mobile, AL 36618
 - **Web Address:** <https://ilcmobile.org/>
 - **Programs:**
 - We provide several core services, including information and referral, advocacy, skills and training, peer support, transition to home setting, and additional services.
- **Individual & Family Support of South Alabama**
 - **Phone Number:** (251) 438-1609
 - **Address:** 1050 Government St., Mobile, AL 36604
 - **Web Address:** <https://famsupport.com/>
 - **Programs:**
 - I&FS strives to meet the unmet needs of individuals with developmental disabilities developed before the age of 22.
 - Assist with funds for transportation, bills, etc.
 - Help connect people with other resources and have an annual food, summer building program and toy drive.
- **Mercy Life of Alabama**
 - **Phone Number:** (251) 287-8427
 - **Address:** 2900 Springhill Ave., Mobile, AL 36607
 - **Web Address:** <https://www.trinityhealthpace.org/alabama/mercy-life-of-alabama>

- **Programs:**
 - Medical care
 - Transport
 - Physical therapy
 - Recreational therapy
 - Social services
 - Home help
 - Nutritional planning
 - Our unique care model provides a full spectrum of healthcare services, so seniors can live at home, stay connected to their community and ultimately maintain their independence.
 - Participants receive all healthcare services from Mercy Life of Alabama and our network of providers.
 - Social workers on call 24/7
 - Medication pick up assistance
 - Laundry and light housekeeping assistance
- **Mobile Area Interfaith Conference**
 - **Phone Number:** (251) 308-8725
 - **Address:** 67 Midtown Park E., Mobile, AL 36606
 - **Web Address:** <https://mobileareainterfaith.org/>
 - **Programs:**
 - **Mobile County Metro Chaplaincy Programs:** Through the pre-release services at Mobile County Metro Jail Chaplaincy Program, inmates can attend GED classes, job readiness classes and religious services.
 - **The Neighbor Center:** Neighbors returning from incarceration to the Mobile Area can receive reentry case management services along with assistance with housing, employment, transportation, identification, and other needs.
 - **Academy for Workforce Development:** The Academy offers Neighbors assistance with Job Placement, Job Training, Internships, Preparatory Classes, and Employment Case Management.
 - Mobile Area Interfaith Conference, Inc (MAIC) is a collaborative effort involving faith-based organizations and religious congregations. The organization is dedicated to fostering the development of community resources to address unmet human needs, with a primary focus on serving marginalized citizens.
- **National Domestic Violence Hotline**
 - **Phone Number:** (800) 799-7233
 - **Web Address:** <https://www.thehotline.org/>
 - **Programs:**
 - The Family Violence Prevention and Services Act (FVPSA) provides funding for the ongoing operation of a 24-hour, national, toll-free telephone hotline.
- **National Helpline for Male Survivors**
 - **Phone Number:** 800-656-4673
 - **Web Address:** <https://1in6.org/>

- **Programs:**
 - For male abuse survivors
 - Online chat hotline
- **Penelope House**
 - **Phone Number:** (251) 342-8994
 - **Web Address:** <https://penelopehouse.org/>
 - **Programs:**
 - The crisis line is answered 24 hours a day, 365 days a year to provide emergency shelter, Domestic Violence counseling, information, and referral services to victims of Domestic Violence and their children.
 - **Males and Females are welcome.**
- **Prism United**
 - **Phone Number:** (251) 219-8441
 - **Email Address:** Info@prismunited.org
 - **Web Address:** <https://prismunited.org/>
 - **Programs:**
 - Facilitated, curriculum-based virtual and in-person gatherings through our Prism Teens (14-18), Prism Pre-Teens (10-13), and Prism Families programs
 - Mental health support and free therapy services with our Prism Healing Fund
 - Referral Network of LGBTQ+-competent therapists, health professionals, and lawyers in Mobile and Baldwin counties
 - Access to HIV/STI testing and education
 - Special events and activities, such as workshops, seminars, and celebrations like our Prism Prom, Wig Walk, Gala, and Jack O' Lantern Jubilee, aimed at fostering community and providing opportunities for personal growth
 - Cultural competency training for students, educators, clinicians, employers, and other community members to enhance their understanding of LGBTQ+ issues and promote a more accepting environment
 - Prism United responds to the comprehensive needs of LGBTQ+ youth in Southwest Alabama. Specifically, Prism works to mitigate the psychological, socio-economic, and academic disadvantages caused by repression and victimization.
- **Rape Crisis Center**
 - **Phone Number:**
 - **Local:** (251) 602-0909
 - **24/7 Hotline:** (800) 718-7273
 - **Address:** 705 Oak Cir. Dr. E., Mobile, AL 36609
 - **Web Address:** <https://www.lifelinesmobile.org/>
 - **Programs:**
 - **Counseling:** Free and confidential crisis counseling is provided to survivors of sexual violence. This is available for the survivor and their family, friends, intimate partners, or other secondary survivors.

- **Legal Advocacy:** If a client wishes to press charges against her/his assailant, our staff will serve as an advocate throughout the law enforcement and criminal justice proceedings.
 - **Forensic Examination**, where do I go? - Specially trained to handle sexual assault cases, Sexual Assault Nurse Examiners (SANE) are available 24 hours a day at USA Children's and Women's Hospital in Mobile, AL. If you have been assaulted, a forensic exam can be performed and evidence collected up to 120 (preferably within 72) hours after the assault. Victim participation is at the discretion of the victim while at the hospital. A victim may decline any or all parts of the exam and choose whether to report to law enforcement. Trained volunteer advocates will meet you at the hospital.
 - **The Child Therapeutic Unit:** The Child Therapeutic Unit works with children of sexual and domestic abuse. Children and their families are referred through the Department of Human Resources, the Mobile Police Department, the Mobile Sheriff's Office, the Prichard Police Department or by calling the Rape Crisis Center Sexual Assault Hotline.
- **Rebuilding Together of South Alabama**
 - **Phone Number:** (251) 289-1684
 - **Email Address:** Twalker@rebuildingtogethersa.org
 - **Address:** P.O. Box 1752, Mobile, AL 36633
 - **Hours:** Monday- Friday from 8:00 A.M. – 4:00 P.M.
 - **Web Address:** <https://www.rebuildingtogethersa.org/>
 - **Programs:**
 - Minor Home Repairs
 - Accessibility Supports/Modification
 - Lawn Care Services
 - Disaster Preparedness
 - Disaster Response
 - Disaster Long Term Recovery/Repair/Rebuild
 - Community Revitalization (Playgrounds, Community Org Projects, etc)
 - Volunteer Services
 - Services are free to low-income homeowners in Choctaw, Clarke, Mobile, and Washington counties. Our client base is veterans, senior citizens, those living with disabilities, and single-parent households. Our services are offered by volunteers-skilled and unskilled.
 - Requirements are: must own the home (no rental property or heir properties), have resided in the home for more than 3 years, and meet our income requirements.
- **Ryan's Refuge**
 - **Phone Number:**
 - Eric Overstreet - (251) 228-8454
 - Heather Overstreet - (207) 267-0530
 - **Address:** 554 South Craft Hwy., Mobile, AL 36617
 - **Web Address:** <https://www.ryanrefuge.com/>
 - **Programs:**
 - Mission Statement: Stabilization of Displaced Persons.

- **We are a First Steps Program with the goal of getting men off the streets and into the kingdom!**
 - Our 1st step and number one goal is stabilization. We do this through providing housing, mental health care, rehabilitation, detox, and health care.
 - Step 2 is Legalization. We will make sure they have all documentation (birth cert, SS card, ID, etc.) We will also handle legal issues such as probation, warrants, fines, etc.
 - Step 3 is referral to Next Step Programs and job training to prepare these men to be active and successful member of society.
- **Volunteers of America**
 - **Phone Number:** (251) 300-3500
 - **Address:** 1204 Hillcrest Rd., Mobile, AL 36695
 - **Web Address:** <https://voase.org/>
 - **Programs:**
 - Volunteers of America Southeast offers direct human-care services, affordable housing, faith-based resource programs, and community outreach.
 - Some of our services provide care for people with intellectual and developmental disabilities, mental health issues, substance abuse, low-income seniors, and the homeless
 - **Wilmer Hall**
 - **Phone Number:** (251) 342-4931
 - **Address:** 3811 Old Shell Rd., Mobile, AL 36608
 - **Web Address:** <https://www.wilmerhall.org/>
 - **Programs:**
 - Non-Profit Faith-Based Residential and Educational Program for children and young adults.
 - Transitional living programs, education programs, and community-based education programs.

Counseling Services

- **AIDS Alabama South**
 - **Phone Number:** (251) 471-5277
 - **Address:** 4321 Downtowner Loop N., Mobile, AL 36609
 - **Hours:**
 - Client Services:
 - Monday-Friday, 8am-4:00pm, with appointment.
 - 4321 Downtowner Loop N., Mobile, AL 36609
 - 251-471-5277
 - **Web Address:** <https://www.aidsalabamasouth.org/>
 - **Programs:**
 - **Free HIV & STI Testing, Treatment & PrEP:** SHELL Health Services (AIDS Alabama South's clinic)
 - Walk-ins Welcome

- 717 Downtowner Loop W., Mobile, AL 36609
 - 251-694-6049
- When someone tests positive for HIV at our clinic, we connect them with a dedicated social worker who helps coordinate comprehensive care. This includes medical support, financial assistance, housing help, mental health counseling, nutrition programs, peer support groups, and transportation services.
- **Our services include:**
 - Free HIV & STI testing
 - HIV & STI Treatment and PrEP
 - Case management
 - Food support program
 - Housing assistance
 - Utility assistance
 - Transportation
 - Dental treatment
 - Linkage to care coordination
 - Mental health counseling
 - Support groups
- **Alabama Department of Rehabilitation**
 - **Phone Number:**
 - (800) 879-8163
 - (251) 432-4560
 - **Address:** 1610 Center St. Suite A., Mobile, AL 36604
 - **Web Address:** <https://www.rehab.alabama.gov/>
 - **Programs:**
 - Early Intervention (EI) Birth to 3
 - Children's Rehabilitation (CRS) Under 21
 - Vocational Rehabilitation (VRS) Job Training
 - VRS – Blind and Deaf (VRS-BD) Specialized
 - Independent Living (SAIL) Homebound
 - From birth through adulthood, we have programs and a highly skilled, compassionate staff who can help assess your situation and provide the most appropriate treatment, therapies, and services. Whatever we can do to help you reach your maximum potential, we'll be with you and your family all the way.
- **Christ United Church - Christian Cancer Support**
 - **Phone Number:** (251) 367-8395
 - **Email Address:** tratkins2812@gmail.com
 - **Address:** 6101 Grelot Rd., Mobile, AL 36609
 - **Web Address:** <https://christunited.com/ccs>
 - **Programs:**
 - 2nd Tuesday of each month from 1:00 P.M. - 2:00 P.M. in room A-201
 - Christian Cancer Support is a community-wide support/education group for patients, survivors, and caregivers who are dealing with and overcoming cancer. Please join us as we provide education, faithful testimony, information/referral, and prayer.

- For more information or a start date, please contact Teresa Atkins at tratkins2812@gmail.com.
- **Christ United Church - Grace for Grandmothers**
 - **Phone Number:** (251) 510-0905
 - **Email Address:** donna.alexander@christunited.com
 - **Address:** 6101 Grelot Rd., Mobile, AL 36609
 - **Web Address:** <https://christunited.com/grandmothers>
 - **Programs:**
 - Grace for Grandmothers is a support group for those who are experiencing alienation or estrangement from their grandchildren.
 - To see if this support is right for you, contact Donna Alexander at (251) 510-0905.
- **Christ United Church - Widowed Persons Services**
 - **Phone Number:** (251) 709-7869
 - **Address:** 6101 Grelot Rd., Mobile, AL 36609
 - **Web Address:** <https://christunited.com/widowed>
 - **Programs:**
 - Tuesdays from 1:30 p.m. - 3:00 p.m. in room A-202
 - Widowed Persons Services mission is to support and encourage persons who are grieving the death of a spouse as they journey into a renewed life of purpose and fulfillment.
 - For more information, call Jack Nichols at (251) 709-7869.
- **Lifelines/Family Counseling Center of Mobile, Inc.**
 - **Phone Number:** (251) 602-0909
 - **Address:** 705 Oak Circle Drive E., Mobile, AL 36609
 - **Web Address:** <https://www.lifelinesmobile.org/>
 - **Programs:**
 - Mental & Emotional Wellness & Anger Counseling
 - Family, Marital & Divorce Counseling
 - Children & Adolescent Counseling
 - Grief & Loss
 - Budget & Debt Counseling
 - Housing Counseling
 - Suicide Support and Resources
 - Prevention Education
 - **Rape Crisis Center** 24/7 Victim Services call
 - (251) 602-0909 or 800-718-7273
 - Early Intervention
 - Regardless of if you are someone in need of services, or someone who wants to give back to the community, or both – there is a place for you at Lifelines. At Lifelines, we CARE. Through Counseling, Assistance, Referrals and Education, it is our goal to provide Real Solutions for Real Problems that are experienced as a part of daily living.

- **Mobile VA Clinic**
 - **Phone Number:**
 - Main phone: (251) 219-3900
 - VA health connect: 833-363-1063
 - Mental health care: (251) 219-3918
 - **Address:** 4444 Demetropolis Rd. Mobile, AL 36619
 - **Hours:** Monday - Friday from 8:00 A.M. - 4:30 P.M.
 - **Web Address:** <https://www.va.gov/gulf-coast-health-care/locations/mobile-vaclinic/>
 - **Programs:**
 - Labs and blood work
 - Mental health care
 - Women's health care
 - Radiology
 - Social services
 - Telehealth
 - A strong network of family and internal medicine specialists and services can offer you the best possible care. Internal medicine doctors (internists) prevent, diagnose, and treat adult diseases. Doctors who specialize in family medicine provide primary health care to the entire family.
- **Mobile Vet Center**
 - **Phone Number:** (251) 478-5906
 - **Address:** 3221 Springhill Ave. Building 2, Suite C., Mobile, AL 36607
 - **Web Address:** <https://www.va.gov/mobile-vet-center/>
 - **Programs:**
 - We offer confidential help for Veterans, service members, and their families at no cost in a non-medical setting.
 - Counseling for needs such as depression, posttraumatic stress disorder (PTSD), and the psychological effects of military sexual trauma (MST).
 - We can also connect you with more support in VA and your community.
- **National Helpline for Male Survivors**
 - **Phone Number:** 800-656-4673
 - **Web Address:** <https://1in6.org/>
 - **Programs:**
 - For male abuse survivors
 - Online chat hotline
- **National Suicide and Crisis Line**
 - **Phone Number:** Dial 988
 - **Web Address:** <https://988lifeline.org/>
 - **Programs:**
 - Dial 988
 - For TTY Users: Use your preferred relay service or dial 711 then 988
 - Please call us 24 hours a day.

- **Penelope House**
 - **Phone Number:** (251) 342-8994
 - **Web Address:** <https://penelopehouse.org/>
 - **Programs:**
 - The crisis line is answered 24 hours a day, 365 days a year to provide emergency shelter, Domestic Violence counseling, information, and referral services to victims of Domestic Violence and their children.
 - **Males and Females are welcome.**

- **Rape Crisis Center**
 - **Phone Number:**
 - **Local:** (251) 602-0909
 - **24/7 Hotline:** (800) 718-7273
 - **Address:** 705 Oak Cir. Dr. E., Mobile, AL 36609
 - **Web Address:** <https://www.lifelinesmobile.org/>
 - **Programs:**
 - **Counseling:** Free and confidential crisis counseling is provided to survivors of sexual violence. This is available for the survivor and their family, friends, intimate partners, or other secondary survivors.
 - **Legal Advocacy:** If a client wishes to press charges against her/his assailant, our staff will serve as an advocate throughout the law enforcement and criminal justice proceedings.
 - **Forensic Examination**, where do I go? - Specially trained to handle sexual assault cases, Sexual Assault Nurse Examiners (SANE) are available 24 hours a day at USA Children's and Women's Hospital in Mobile, AL. If you have been assaulted, a forensic exam can be performed and evidence collected up to 120 (preferably within 72) hours after the assault. Victim participation is at the discretion of the victim while at the hospital. A victim may decline any or all parts of the exam and choose whether to report to law enforcement. Trained volunteer advocates will meet you at the hospital.
 - **The Child Therapeutic Unit:** The Child Therapeutic Unit works with children of sexual and domestic abuse. Children and their families are referred through the Department of Human Resources, the Mobile Police Department, the Mobile Sheriff's Office, the Prichard Police Department or by calling the Rape Crisis Center Sexual Assault Hotline.

- **Salvation Army**
 - **Phone Number:** (251) 438-1625
 - **Address:** 1009 Dauphin St., Mobile, AL 36604
 - **Web Address:** <https://www.salvationarmyusa.org/usn/>
 - **Programs:**
 - Rehabilitation
 - Missing persons
 - Adult rehabilitation center
 - Disaster services
 - Casework services
 - Emergency shelter
 - Community recreation programs
 - Food pantry

- Alcohol, and drug treatment
- Day camp activities
- **The Family Center**
 - **Phone Number:** (251) 479-5700
 - **Email Address:**
 - To register for a class please email us at ParentProject@gulfcoastfamilycenter.org
 - To sign up for a service please email us at contact@familycentermobile.org
 - **Address:** 3100 Cottage Hill Rd., Mobile, AL 36606
 - **Web Address:** <https://familycentermobile.org/>
 - **Programs:**
 - **Positive Parenting Classes:** built on the premise that maltreatment of children can be treated and prevented through a systematic application of family-based parenting classes.
 - **Elevate Healthy Relationships:** free classes for couples that focus on strengthening communication skills, deepening emotional connections, conflict resolution techniques, and more.
 - **Strengthening Families Responsible Parenting Program** is a year-long program that strengthens families through parenting classes, workshops, case management, and supporting and establishing high-quality, emotionally supportive parent-child relationships. The target population for our program is custodial and non-custodial fathers and mothers who are underemployed or unemployed. Some may also need a high school diploma or GED, and others may need more skills or knowledge to obtain gainful career employment.
 - **A-RESET** is a 90-day program that aims to help SNAP recipients meet work requirements by gaining skills, training, education, or work experience to make them more self-sufficient. All program participants who want to become employed or find better employment must receive SNAP benefits or meet eligibility requirements. Participants will work on skills such as resume building, interviewing preparation, supervised job searches, and individualized case management to reduce barriers to employment. We are currently serving Mobile and Baldwin Counties.
 - **We provide Supervised Visitation** for non-custodial parents with physical locations in Baldwin and Mobile Counties. Our trained specialist offers one-on-one supervision to ensure children's safety and well-being during their visit in a home-like atmosphere in our offices. These visits are structured to mimic a home environment while the children create lifelong memories in a safe and nurturing space. Domestic, criminal, and juvenile courts, community programs, and parents can make referrals for supervised visitation. There are fees associated with this program, with discounts offered if parents engage in other Family Center programs. Visitation is available by appointment only in both offices, seven days a week.
 - **Monitored Exchanges** are available to those parents who need to avoid contact when transferring children for visitation. This service is available to any parent but focuses on parents with restraining orders or other domestic violence concerns. The goal is to provide children with safe and

secure custody exchanges and a safe and secure place to visit with their non-custodial parent or grandparent. These exchanges are free, thanks to a generous grant from the Alabama Office of the Courts.

- **Healthy Start - Never Shake a Baby** is a prevention program that deals directly with one of the most serious forms of child abuse in children: Shaken Baby Syndrome (SBS). We are currently partnered with USA Children's and Women's Hospital where we teach basic information about calming your baby, reducing stress, and finding support and services. They also learn about the deadly effects that can happen when a baby is shaken. We also provide a demonstration with our Shaken Baby Simulator.
- **Loving Solutions** is a parent program for parents raising difficult or out-of-control children ages 5 to 10. It offers step-by-step solutions for parents raising adolescent children in today's complex society. A built-in parent support group provides parents with both emotional and practical support as they make necessary changes at home.
- **Parent Project Senior - Changing Destructive Adolescent Behavior** is a parent program to meet the needs of parents raising strong-willed or out-of-control adolescents. It uniquely focuses on the most destructive adolescent behaviors (alcohol and drug use, violence, sexual activity, etc.). Most parents in this course believe "nothing works with my child." Using 'Steps for Success,' parents will see positive changes at home. Preparing our Students for Success is a 2-hour virtual program focused on helping children improve their school attendance and performance. The strategies provided in this training program are to help reduce truancy and poor academic performance.
- **Parent Community Liaison Program:** aims to strengthen family well-being and student academic performance for families with students in the Mobile County Public School System. Services include Parent Coaching and Support, Emergency Assistance, Housing Assistance, Employment Assistance, Educational Skills, and training.

- **Veterans Crisis Line**

- **Phone Number:**
 - Dial 988 then Press 1
 - Text 838255
- **Web Address:** <https://www.veteranscrisisline.net/>
- **Programs:**
 - You're not alone, the Veterans Crisis Line is here for you. You don't have to be enrolled in VA benefits or health care to call.
 - Please call us 24 hours a day.

- **Volunteers of America**

- **Phone Number:** (251) 300-3500
- **Address:** 1204 Hillcrest Rd., Mobile, AL 36695
- **Web Address:** <https://voase.org/>
- **Programs:**
 - Volunteers of America Southeast offers direct human-care services, affordable housing, faith-based resource programs, and community outreach.

- Some of our services provide care for people with intellectual and developmental disabilities, mental health issues, substance abuse, low-income seniors, and the homeless

General Care

- **AARP Foundation**
 - **Phone Number:**
 - (877) 926-8300
 - (251) 470-5235
 - **Address:** 1717 Dauphin St., Mobile, AL 36604
 - **Web Address:** <https://www.aarp.org/aarp-foundation/>
 - **Programs:**
 - **AARP Foundation**, the charitable affiliate of AARP, provides resources so millions of older adults living with low income can secure good jobs, get the benefits and refunds they've earned, and stay connected to their communities. Our programs and services are available to AARP members and nonmembers alike.
 - **Workforce Assistance and Financial Resilience programs**, AARP Foundation SCSEP (Senior Community Service Employment program) offers unemployed adults 55 and older work-based training and skill-building opportunities within a variety of community service organizations and agencies, AARP Foundation Tax-Aide.
- **AIDS Alabama South**
 - **Phone Number:** (251) 471-5277
 - **Address:** 4321 Downtowner Loop N., Mobile, AL 36609
 - **Hours:**
 - Client Services:
 - Monday-Friday, 8am-4:00pm, with appointment.
 - 4321 Downtowner Loop N., Mobile, AL 36609
 - 251-471-5277
 - **Web Address:** <https://www.aidsalabamasouth.org/>
 - **Programs:**
 - **Free HIV & STI Testing, Treatment & PrEP:** SHELL Health Services (AIDS Alabama South's clinic)
 - Walk-ins Welcome
 - 717 Downtowner Loop W., Mobile, AL 36609
 - 251-694-6049
 - When someone tests positive for HIV at our clinic, we connect them with a dedicated social worker who helps coordinate comprehensive care. This includes medical support, financial assistance, housing help, mental health counseling, nutrition programs, peer support groups, and transportation services.
 - **Our services include:**
 - Free HIV & STI testing
 - HIV & STI Treatment and PrEP
 - Case management

- Food support program
 - Housing assistance
 - Utility assistance
 - Transportation
 - Dental treatment
 - Linkage to care coordination
 - Mental health counseling
 - Support groups
- **Alabama Disabilities Advocacy Program (ADAP)**
 - **Phone Number:** (205) 348-4928
 - **Web Address:** <https://sites.ua.edu/adap/>
 - **Programs:**
 - Housing
 - Employment
 - Healthcare Access
 - Treatment and supports in the least restrictive environment
 - Community Access: Individuals with SMI or SED will have access to services and opportunities that will enhance their ability to live and work independently, as active and equal members of their communities
 - Individual special education advocacy services to families of children with SED, engage in systems change activities to ensure that youth with SED are afforded equal educational opportunities
 - Educational Opportunities: youth with SED will be provided a free appropriate public education in their least restrictive environment.
- **Alabama Governor's Office on Disability (Good)**
 - **Phone Number:** 888-879-3582
 - **Address:** 602 South Lawrence St., Montgomery, AL 36104
 - **Web Address:** <https://www.good.alabama.gov/>
 - **Programs:**
 - Our mission is to facilitate the inclusion of Alabamians with disabilities in education, employment, housing, transportation, health care, and leisure.
- **AltaPointe Health**
 - **Phone Number:**
 - Access To Care: (251) 450-2211
 - Patient Relations: (833) 921-1811
 - Human Resources: (251) 450-5919
 - **Address:** 5750 Southland Dr. # A. Mobile, AL 36693
 - **Web Address:** <https://altapointe.org/>
 - **Programs:**
 - Shelter Plus Care
 - Projects for Assistance in Transition from Homelessness PATH
 - Semi-Independent Living
 - Rehabilitative Day Program
 - Jail Diversion
 - Substance Abuse
 - Children's Day Treatment (Mobile and Baldwin)

- Reaching & Encouraging Active Parenting (REAP)
 - **Crisis Services for Children and Teens:** call (251) 450-2211 / (888) 335-3044 any time of the day or night
 - **Project Achieve:** Addresses the complex challenges of families with children diagnosed with mental illness and developmental disability.
 - **The Independent Living Program:** prepares young people for the challenges and opportunities they face as self-sufficient adults. The program serves young adults ages 16 to 21 who have either gainful employment or are in school full time. *Residents must be referred by the Alabama Department of Human Resources*
 - **Adolescent Independence Program:** Through a contract with the Alabama Department of Human Resources, Alta Pointe provides intensive services and support to young adults, ages 16 to 21, who are under DHR care. This home-like facility in Mobile County can accommodate ten young men. Group homes and a supported employment program are also available.
- **Franklin Medical and Dental Express**
 - **Phone Number:** (251) 432-4117
 - **Address:** 1303 Dr. Martin Luther King Jr. Ave., Mobile, AL 36603
 - **Hours:** Monday through Friday from 8:00 A.M. – 5:00 P.M.
 - **Web Address:** <https://franklinprimary.org/>
 - **Programs:**
 - **Dental:** Exams, cleanings, sealants temporary fillings, extractions, partials, dentures, flippers, whitening
 - **Franklin Medical & Dental Express:** by appointment only.
 - Pediatrics
 - OB/GYN
 - **Family medicine**
 - **Internal medicine**
 - Geriatrics
 - Rheumatology
 - Optometry
 - Physical therapy
 - Nutrition services, wellness & fitness services
 - Social services
 - Substance abuse prevention and treatment
 - HIV/AIDS services including case management and health education
 - **Pharmacy**
 - Laboratory and x-ray
 - Transportation services for the homeless
- **Mercy Life of Alabama**
 - **Phone Number:** (251) 287-8427
 - **Address:** 2900 Springhill Ave., Mobile, AL 36607
 - **Web Address:** <https://www.trinityhealthpace.org/alabama/mercy-life-of-alabama>
 - **Programs:**
 - Medical care
 - Transport
 - Physical therapy

- Recreational therapy
 - Social services
 - Home help
 - Nutritional planning
 - Our unique care model provides a full spectrum of healthcare services, so seniors can live at home, stay connected to their community and ultimately maintain their independence.
 - Participants receive all healthcare services from Mercy Life of Alabama and our network of providers.
 - Social workers on call 24/7
 - Medication pick up assistance
 - Laundry and light housekeeping assistance
- **Mobile County Health Department - Community Outreach Programs**
 - **Phone Number:** (251) 690-8155
 - **Address:** 248 Cox Street, Mobile, AL 36604
 - **Web Address:** <https://mchd.org/>
 - **Programs:**
 - Healthy Start Enhanced (Home Visitations)
 - Overdose Prevention
- **Mobile County Health Department - Community Prevention Programs**
 - **Phone Number:** (251) 690-7525
 - **Address:** 248 Cox Street, Mobile, AL 36604
 - **Web Address:** <https://mchd.org/community-health/>
 - **Programs:**
 - Lead Poisoning Prevention
 - Maternal & Child Health
 - Community Health Workers
- **Mobile County Health Department - Downtown Health Center**
 - **Phone Number:** (251) 690-8158
 - **Address:** 251 N. Bayou St., Mobile, AL 36603
 - **Web Address:** <https://mchd.org/>
 - **Programs:**
 - **The Bureau of Community and Nutrition Services** includes the Fatherhood Initiative, Faith-based Initiatives & Outreaches, Community Prevention programs (Students Working Against Tobacco, Teen Pregnancy Prevention, Family Support, Maternal & Child Health, Lead Prevention, Community Health Workers), Health Equity Office, Overdose Prevention, Vital Records (birth and death certificates, marriage and divorce decrees), Fetal & Infant Mortality Review plus Women, Infants & Children (WIC) supplemental nutrition services.
 - **The Bureau of Disease Surveillance and Control** includes Tuberculosis Surveillance and Control, Sexually Transmitted Disease Surveillance and Control (based at the Southwest Public Health Center in Tillman's Corner), Infectious Diseases and Outbreaks (Rabies Control and Vaccine Preventable Diseases), an COVID-19 Response.

- **The Bureau of Environmental Health** includes Inspection Services (restaurant ratings, food inspections), Onsite Services (septic tanks) and Vector Services (mosquito and rodent control).
 - Emergency Preparedness (natural and manmade disasters).
- **Mobile County Health Department - Family Health and Primary Care**
 - **Phone Number:** (251) 690-8158
 - **Address:** 251 N. Bayou St., Mobile, AL 36603
 - **Web Address:** <https://mchd.org/family-health/>
 - **Programs:**
 - Since its inception in 1979, Family Health has provided services (adult health, pediatric health, women's health, dental services) to the uninsured, underinsured, insured, and medically underserved populations of Mobile County.
 - In addition to the general population, the center has also targeted special populations (such as migrant and seasonal workers, refugees, public housing residents, and people living with HIV/AIDS)
 - With the addition of **Mobile Medical Unit II**, Family Health now operates 13 Federally Qualified Health Center service delivery sites conveniently located throughout Mobile County. This includes the original MMU I, which has been in service since 2001.
- **Mobile Infirmary**
 - **Phone Number:** (251) 435-2400
 - **Address:** 5 Mobile Infirmary Cir., Mobile, AL 36607
 - **Web Address:** <https://www.infirmarhealth.org/patients-visitors/financial-assistance/>
 - **Programs:**
 - Infirmary Health's flagship hospital, Mobile Infirmary, was founded in 1910. With 667 licensed beds, including J.L. Bedsole / Rotary Rehabilitation Hospital, it is among the leading hospitals in the state for surgical volume, houses a comprehensive cardiovascular program with a hybrid OR/Cath lab, the region's only long-term acute care hospital and a freestanding emergency department in Saraland.
 - Mobile Infirmary also boasts a renowned cancer program, Infirmary Cancer Care with surgical, radiation and medical oncology
 - Financial assistance program
- **Mobile VA Clinic**
 - **Phone Number:**
 - Main phone: (251) 219-3900
 - VA health connect: 833-363-1063
 - Mental health care: (251) 219-3918
 - **Address:** 4444 Demetropolis Rd. Mobile, AL 36619
 - **Hours:** Monday - Friday from 8:00 A.M. - 4:30 P.M.
 - **Web Address:** <https://www.va.gov/gulf-coast-health-care/locations/mobile-vaclinic/>
 - **Programs:**
 - Labs and blood work
 - Mental health care

- Women's health care
 - Radiology
 - Social services
 - Telehealth
 - A strong network of family and internal medicine specialists and services can offer you the best possible care. Internal medicine doctors (internists) prevent, diagnose, and treat adult diseases. Doctors who specialize in family medicine provide primary health care to the entire family.
- **Mt. Zion Baptist Church**
 - **Phone Number:** (251) 432-2997
 - **Address:** 1012 Adams St. Mobile, AL 36603
 - **Web Address:** <https://www.mtzionmissionary.org/>
 - **Programs:**
 - **Food Pantry:** 3rd Saturday of the month from 9:00 AM - 2:00 PM.
 - **The Soup Kitchen:** Hot meals each Wednesday.
 - **Health Fair:** twice a year to provide non-invasive health and wellness screenings to families in our community.
 - **Clothing Closet:** operates on a quarterly basis to provide clothing to needy families in the community.
- **Prism United**
 - **Phone Number:** (251) 219-8441
 - **Email Address:** Info@prismunited.org
 - **Web Address:** <https://prismunited.org/>
 - **Programs:**
 - Facilitated, curriculum-based virtual and in-person gatherings through our Prism Teens (14-18), Prism Pre-Teens (10-13), and Prism Families programs
 - Mental health support and free therapy services with our Prism Healing Fund
 - Referral Network of LGBTQ+-competent therapists, health professionals, and lawyers in Mobile and Baldwin counties
 - Access to HIV/STI testing and education
 - Special events and activities, such as workshops, seminars, and celebrations like our Prism Prom, Wig Walk, Gala, and Jack O' Lantern Jubilee, aimed at fostering community and providing opportunities for personal growth
 - Cultural competency training for students, educators, clinicians, employers, and other community members to enhance their understanding of LGBTQ+ issues and promote a more accepting environment
 - Prism United responds to the comprehensive needs of LGBTQ+ youth in Southwest Alabama. Specifically, Prism works to mitigate the psychological, socio-economic, and academic disadvantages caused by repression and victimization.

- **South Alabama Regional Planning Commission Area Agency on Aging**
 - **Phone Number:** (251) 706-4680
 - **Address:** 110 Beauregard St., Mobile, AL 36602
 - **Web Address:** <https://agingsouthalabama.org/>
 - **Programs:**
 - The agency provides various services for older adults, persons with disabilities and caregivers.
 - Over 25 **senior centers** provide recreation, transportation to the center, and a midday meal; or home-delivered meals for the homebound.
 - Other programs include in-home services through the Medicaid Waiver program, information, assistance and referral, benefits screening and application assistance, State Health Insurance Counseling program for persons with Medicare, SenioRx.
 - Prescription assistance, health promotion classes, volunteer programs, Long Term Care Ombudsman for residents of nursing or assisted living facilities, legal counseling, and annual Senior Expos.
 - Cost-cutting internet/Wi-Fi program/lower monthly food and medical costs
- **Springhill Medical Center**
 - **Phone Number:** (251) 344-9630
 - **Address:** 3719 Dauphin St., Mobile, AL 36608
 - **Web Address:** <https://www.springhillmedicalcenter.com/>
 - **Programs:**
 - Springhill Medical Center is a 263-bed acute care hospital located in the U.S. city of Mobile, Alabama. It is accredited by The Joint Commission.
- **USA Health: Children's & Women's Hospital**
 - **Phone Number:** (251) 415-1000
 - **Address:** 1700 Center St., Mobile, AL 36604
 - **Web Address:** <https://www.usahealthsystem.com/locations/childrens-womens-hospital>
 - **Programs:**
 - We provide highly regarded surgical, oncological, clinical and acute care to women and children. Our team of physician specialists, nurses and technicians care for the medical needs of women and children with a family-centered approach.
- **USA Health: Providence Hospital**
 - **Phone Number:** (251) 633-1000
 - **Address:** 6801 Airport Blvd., Mobile, AL 36608
 - **Web Address:** <https://www.usahealthsystem.com/locations/providence>
 - **Programs:**
 - USA Health Providence in Mobile, Alabama, is a full-service 349-bed hospital with 24/7 emergency care that also operates an outpatient diagnostic center and a freestanding rehabilitation and wellness center.
 - We provide advanced surgical care for serious and life-threatening injuries and illnesses. Our care teams listen to understand your health needs and deliver care that's right for you. Ascension Providence is a destination for specialty care. We offer a wide range of minimally invasive

procedures, imaging, lab tests, wound care, rehabilitation services and diabetes care, all on one campus.

- **Financial assistance** available at <https://www.usahealthsystem.com/bill-pay/financial-assistance>

- **USA Health: University Hospital**

- **Phone Number:** (251) 471-7000
- **Address:** 2451 University Hospital Dr., Mobile, AL 36617
- **Web Address:** <https://www.usahealthsystem.com/locations/university-hospital>
- **Programs:**
 - USA Health University Hospital is an acute care facility serving as the major referral center for southwest Alabama, southeast Mississippi, and portions of northwest Florida.
 - We offer centers for Level I trauma, burn, stroke, cardiovascular disease, and sickle cell disease.
 - As a teaching and research facility for the Frederick P. Whiddon College of Medicine at the University of South Alabama, University Hospital plays a key role in the development of new technology, treatments, and training of future healthcare professionals.
 - The hospital also includes outpatient care services such as cardiology, medicine, and surgery.
 - **Financial assistance** available at <https://www.usahealthsystem.com/bill-pay/financial-assistance>

- **Victory Health Partners**

- **Phone Number:** (251) 460-0999
- **Address:** 3750 Professional Pkwy., Mobile, AL 36609
- **Hours: By appointment only:**
 - Monday through Thursday from 7:30 A.M. to 5:00 P.M.
 - Friday from 8:00 A.M. to 12:00 P.M.
- **Web Address:** <https://victoryhealth.org/>
- **Programs:**
 - Patient copays range between \$35 and \$55 per visit, and our Patient Assistance Program offers access to most prescriptions at no cost. With licensed marriage and family therapists and care counselors, mental health counseling is available for all patients at no cost.
 - If you do not have health insurance and need to see a doctor, please get in touch with our New Patient Services at 251.445.0038 or email NPS@victoryhealth.org to schedule your first appointment.
 - Victory Health Partners is a faith-based nonprofit medical practice that offers compassionate, affordable, and comprehensive primary healthcare to adults aged 19-64 who are not covered by health insurance and do not qualify for Medicaid, Medicare, or VA Benefits.
 - Victory patients also have access to specialty care, including dental, optometry, and more, through partnerships with 170 medical providers in our community.

Mental Health

- **Alabama Department of Rehabilitation**
 - **Phone Number:**
 - (800) 879-8163
 - (251) 432-4560
 - **Address:** 1610 Center St. Suite A., Mobile, AL 36604
 - **Web Address:** <https://www.rehab.alabama.gov/>
 - **Programs:**
 - Early Intervention (EI) Birth to 3
 - Children's Rehabilitation (CRS) Under 21
 - Vocational Rehabilitation (VRS) Job Training
 - VRS – Blind and Deaf (VRS-BD) Specialized
 - Independent Living (SAIL) Homebound
 - From birth through adulthood, we have programs and a highly skilled, compassionate staff who can help assess your situation and provide the most appropriate treatment, therapies, and services. Whatever we can do to help you reach your maximum potential, we'll be with you and your family all the way.
- **AltaPointe Health**
 - **Phone Number:**
 - Access To Care: (251) 450-2211
 - Patient Relations: (833) 921-1811
 - Human Resources: (251) 450-5919
 - **Address:** 5750 Southland Dr. # A. Mobile, AL 36693
 - **Web Address:** <https://altapointe.org/>
 - **Programs:**
 - Shelter Plus Care
 - Projects for Assistance in Transition from Homelessness PATH
 - Semi-Independent Living
 - Rehabilitative Day Program
 - Jail Diversion
 - Substance Abuse
 - Children's Day Treatment (Mobile and Baldwin)
 - Reaching & Encouraging Active Parenting (REAP)
 - **Crisis Services for Children and Teens:** call (251) 450-2211 / (888) 335-3044 any time of the day or night
 - **Project Achieve:** Addresses the complex challenges of families with children diagnosed with mental illness and developmental disability.
 - **The Independent Living Program:** prepares young people for the challenges and opportunities they face as self-sufficient adults. The program serves young adults ages 16 to 21 who have either gainful employment or are in school full time. *Residents must be referred by the Alabama Department of Human Resources*
 - **Adolescent Independence Program:** Through a contract with the Alabama Department of Human Resources, Alta Pointe provides intensive services and support to young adults, ages 16 to 21, who are under DHR care. This home-like facility in Mobile County can

accommodate ten young men. Group homes and a supported employment program are also available.

- **Autism Support of Alabama**

- **Phone Number:** 1-877-428-8476
- **Web Address:** <https://autism-alabama.org/>
- **Programs:**
 - Information and resource assistance
 - Resource directory
 - Community education (i.e., parents, providers, family members) through our quarterly e-newsletter, exhibitions, speaking engagements, conferences, workshops and more.
 - Parent networking and support across the state. CARE Binders provide crucial resources for families in a binder which is designed to also be used as a mechanism for organizing medical, personal, and educational documents so that such information is easily accessible.
 - Community Events such as sensory sensitive activities, in addition to, events which promote awareness and acceptance of autism.
 - Safety Resources such as autism-related training for first responders and other safety resources for families to help in keeping their loved ones safe.
 - **Family Grants** which provide financial assistance with providing respite care, ABA therapy or swim lessons, collaboration efforts with other state agencies to improve services for persons with autism spectrum disorders, **Sibshops** which provide an avenue for children and teens who have a brother or sister with autism to connect.
 - **Family Camps** which provide families with a weekend to get away, unplug and connect with each other and other families of children with autism from across the state by participating in traditional camp activities which are adapted for special needs.

- **East Coast Migrant Head Start Project (ECMHS)**

- **Phone Number:** (251) 415-5002
- **Address:** 851 East Interstate 65 Service Road South, Suite 506, Mobile, AL 36606
- **Web Address:** <https://www.ecmhsp.org/alabama>
- **Programs**
 - We provide free educational services for the children of agricultural workers, from 6 weeks to 5 years old.
 - The families that qualify and enroll in our program do not have to pay for any of the services they receive.
 - Parenting education, parent training on topics related to child development, nutrition, and health & safety, adult education in financial literacy, computer basics, ESL and more.
 - ECMHSP actively recruits and provides services to children suspected of or diagnosed with a disability.
 - The agency partners with local providers to ensure children with disabilities receive appropriate services in the least restrictive environment, ensuring full inclusion with non-disabled peers.

- Active recruitment of children with disabilities. Children enrolled in our program visit their medical provider on a schedule of preventive and primary health care to ensure that growth is as expected, and any problem is identified early. This early identification can reduce complications, improve health outcomes, and ensure each child attending our program is ready to learn and succeed.
- **Franklin Medical and Dental Express**
 - **Phone Number:** (251) 432-4117
 - **Address:** 1303 Dr. Martin Luther King Jr. Ave., Mobile, AL 36603
 - **Hours:** Monday - Friday from 8:00 A.M. – 5:00 P.M.
 - **Web Address:** <https://franklinprimary.org/>
 - **Programs:**
 - Dental: Exams, cleanings, sealants temporary fillings, extractions, partials, dentures, flippers, whitening
 - Franklin Medical & Dental Express: by appointment only.
 - Pediatrics
 - OB/GYN
 - Family medicine
 - Internal medicine
 - Geriatrics
 - Rheumatology
 - Optometry
 - Physical therapy
 - Nutrition services, wellness & fitness services
 - Social services
 - Substance abuse prevention and treatment
 - HIV/AIDS services including case management and health education
 - Pharmacy
 - Laboratory and x-ray
 - Transportation services for the homeless
- **Mobile VA Clinic**
 - **Phone Number:**
 - Main phone: (251) 219-3900
 - VA health connect: 833-363-1063
 - Mental health care: (251) 219-3918
 - **Address:** 4444 Demetropolis Rd. Mobile, AL 36619
 - **Hours:** Monday - Friday from 8:00 A.M. - 4:30 P.M.
 - **Web Address:** <https://www.va.gov/gulf-coast-health-care/locations/mobile-v-a-clinic/>
 - **Programs:**
 - Labs and blood work
 - Mental health care
 - Women's health care
 - Radiology
 - Social services
 - Telehealth
 - A strong network of family and internal medicine specialists and services can offer you the best possible care. Internal medicine doctors (internists)

prevent, diagnose, and treat adult diseases. Doctors who specialize in family medicine provide primary health care to the entire family.

- **National Alliance of Mental Illness (Nami)**
 - **Phone Number:** (251) 461-3450
 - **Address:** P. O. Box 161522, Mobile, AL 36616
 - **Web Address:** <https://namimobile.org/>
 - **Programs:**
 - The peer-led programs and support groups offer education, skill training and support and are provided free to the community; connections recovery support group;
 - Offered virtually: Basics, Homefront
 - In our Own Voice, Peer-to-Peer, Family to Family, Family & Friends
- **Prism United**
 - **Phone Number:** (251) 219-8441
 - **Email Address:** Info@prismunited.org
 - **Web Address:** <https://prismunited.org/>
 - **Programs:**
 - Facilitated, curriculum-based virtual and in-person gatherings through our Prism Teens (14-18), Prism Pre-Teens (10-13), and Prism Families programs
 - Mental health support and free therapy services with our Prism Healing Fund
 - Referral Network of LGBTQ+-competent therapists, health professionals, and lawyers in Mobile and Baldwin counties
 - Access to HIV/STI testing and education
 - Special events and activities, such as workshops, seminars, and celebrations like our Prism Prom, Wig Walk, Gala, and Jack O' Lantern Jubilee, aimed at fostering community and providing opportunities for personal growth
 - Cultural competency training for students, educators, clinicians, employers, and other community members to enhance their understanding of LGBTQ+ issues and promote a more accepting environment
 - Prism United responds to the comprehensive needs of LGBTQ+ youth in Southwest Alabama. Specifically, Prism works to mitigate the psychological, socio-economic, and academic disadvantages caused by repression and victimization.
- **Rape Crisis Center**
 - **Phone Number:**
 - **Local:** (251) 602-0909
 - **24/7 Hotline:** (800) 718-7273
 - **Address:** 705 Oak Cir. Dr. E., Mobile, AL 36609
 - **Web Address:** <https://www.lifelinesmobile.org/>
 - **Programs:**
 - **Counseling:** Free and confidential crisis counseling is provided to survivors of sexual violence. This is available for the survivor and their family, friends, intimate partners, or other secondary survivors.

- **Legal Advocacy:** If a client wishes to press charges against her/his assailant, our staff will serve as an advocate throughout the law enforcement and criminal justice proceedings.
 - **Forensic Examination**, where do I go? - Specially trained to handle sexual assault cases, Sexual Assault Nurse Examiners (SANE) are available 24 hours a day at USA Children's and Women's Hospital in Mobile, AL. If you have been assaulted, a forensic exam can be performed and evidence collected up to 120 (preferably within 72) hours after the assault. Victim participation is at the discretion of the victim while at the hospital. A victim may decline any or all parts of the exam and choose whether to report to law enforcement. Trained volunteer advocates will meet you at the hospital.
 - **The Child Therapeutic Unit:** The Child Therapeutic Unit works with children of sexual and domestic abuse. Children and their families are referred through the Department of Human Resources, the Mobile Police Department, the Mobile Sheriff's Office, the Prichard Police Department or by calling the Rape Crisis Center Sexual Assault Hotline.
- **Veterans Crisis Line**
 - **Phone Number:**
 - Dial 988 then Press 1
 - Text 838255
 - **Web Address:** <https://www.veteranscrisisline.net/>
 - **Programs:**
 - You're not alone, the Veterans Crisis Line is here for you. You don't have to be enrolled in VA benefits or health care to call.
 - Please call us 24 hours a day.
- **Veterans Recovery Resources**
 - **Phone Number:** (251) 405-3677
 - **Email Address:** info@vetsrecover.org
 - **Address:** 1200 Springhill Ave., Mobile, AL 36604
 - **Web Address:** <https://vetsrecover.org/>
 - **Programs:**
 - Vets Recover is a trusted organization dedicated to providing comprehensive care and support to veterans, first responders, and their families. Our mission is to remove barriers to care, deliver quality integrated health care, and build a better community through recovery and connection.
 - Our Outpatient Facility delivers the highest quality integrated healthcare and accelerates well-being to treat the whole person while providing hope and healing. We offer primary care screening and monitoring; psychiatric rehabilitation; behavioral health services, peer support services, transportation assistance; and more
 - We are working to remove barriers to care by offering services such as Telehealth, transportation assistance, and 24/7 Crisis Care.

- **Victory Health Partners**
 - **Phone Number:** (251) 460-0999
 - **Address:** 3750 Professional Pkwy., Mobile, AL 36609
 - **Hours: By appointment only:**
 - Monday through Thursday from 7:30 A.M. to 5:00 P.M.
 - Friday from 8:00 A.M. to 12:00 P.M.
 - **Web Address:** <https://victoryhealth.org/>
 - **Programs:**
 - Patient copays range between \$35 and \$55 per visit, and our Patient Assistance Program offers access to most prescriptions at no cost. With licensed marriage and family therapists and care counselors, mental health counseling is available for all patients at no cost.
 - If you do not have health insurance and need to see a doctor, please get in touch with our New Patient Services at 251.445.0038 or email NPS@victoryhealth.org to schedule your first appointment.
 - Victory Health Partners is a faith-based nonprofit medical practice that offers compassionate, affordable, and comprehensive primary healthcare to adults aged 19-64 who are not covered by health insurance and do not qualify for Medicaid, Medicare, or VA Benefits.
 - Victory patients also have access to specialty care, including dental, optometry, and more, through partnerships with 170 medical providers in our community.

- **Volunteers of America**
 - **Phone Number:** (251) 300-3500
 - **Address:** 1204 Hillcrest Rd., Mobile, AL 36695
 - **Web Address:** <https://voase.org/>
 - **Programs:**
 - Volunteers of America Southeast offers direct human-care services, affordable housing, faith-based resource programs, and community outreach.
 - Some of our services provide care for people with intellectual and developmental disabilities, mental health issues, substance abuse, low-income seniors, and the homeless

Pharmacy

- **Franklin Medical and Dental Express**
 - **Phone Number:** (251) 432-4117
 - **Address:** 1303 Dr. Martin Luther King Jr. Ave., Mobile, AL 36603
 - **Hours:** Monday - Friday from 8:00 A.M. – 5:00 P.M.
 - **Web Address:** <https://franklinprimary.org/>
 - **Programs:**
 - Dental: Exams, cleanings, sealants temporary fillings, extractions, partials, dentures, flippers, whitening
 - Franklin Medical & Dental Express: by appointment only.
 - Pediatrics
 - OB/GYN
 - Family medicine

- Internal medicine
 - Geriatrics
 - Rheumatology
 - Optometry
 - Physical therapy
 - Nutrition services, wellness & fitness services
 - Social services
 - Substance abuse prevention and treatment
 - HIV/AIDS services including case management and health education
 - **Pharmacy**
 - Laboratory and x-ray
 - Transportation services for the homeless
- **Ozanam Charitable Pharmacy, Inc.**
 - **Phone Number:**
 - Prescription Line: (251) 432-4111
 - Prescription Fax: (251) 432-4119
 - Serving Washington County Ph. (251) 847-2721
 - **Address:** 2424 Gordon Smith Dr., Mobile, AL 36617
 - **Hours:**
 - Monday – Thursday from 9:00 A.M. – 2:30 P.M.
 - Friday from 9:00 A.M. – 1:00 P.M.
 - **Web Address:** <https://ozanampharmacy.org/>
 - **Programs:**
 - Ozanam Charitable Pharmacy serves as Alabama’s only licensed charitable pharmacy, **which provides free prescription medications to uninsured individuals** in Mobile, Baldwin, Escambia, and Washington counties.
 - Ozanam Pharmacy services are based on household income.
 - As a licensed 501(c)(3) non-profit organization, we focus primarily on maintenance medications for chronic illnesses – such as heart disease, diabetes, and high blood pressure.
- **PureLife Pharmacy**
 - **Phone Number:** (251) 424-1544
 - **Address:** 1518 N. McKenzie St., Mobile, AL 36535
 - **Web Address:** <https://pureliferx.com/>
 - **Programs:**
 - No insurance is required for Low to no-cost medication in Baldwin County, Gulf Shores, and Mobile.
 - Prescriptions can be picked up in person, delivered within Baldwin County, or mailed to other locations. o Most Medications are less than \$10 and Antibiotics are free.
 - **RxAngels** allows a customer 3 free months of medications per year.
 - The Free Children’s Vitamins program is for families who are going through a difficult time and are in need. Just come by our pharmacy and pick up a free bottle of L’il Critters Children’s Gummy Vites. One bottle per child, per month. These are for children 2-12 years of age.

- **Victory Health Partners**
 - **Phone Number:** (251) 460-0999
 - **Address:** 3750 Professional Pkwy., Mobile, AL 36609
 - **Hours: By appointment only:**
 - Monday through Thursday from 7:30 A.M. to 5:00 P.M.
 - Friday from 8:00 A.M. to 12:00 P.M.
 - **Web Address:** <https://victoryhealth.org/>
 - **Programs:**
 - Patient copays range between \$35 and \$55 per visit, and our Patient Assistance Program offers access to most prescriptions at no cost. With licensed marriage and family therapists and care counselors, mental health counseling is available for all patients at no cost.
 - If you do not have health insurance and need to see a doctor, please get in touch with our New Patient Services at 251.445.0038 or email NPS@victoryhealth.org to schedule your first appointment.
 - Victory Health Partners is a faith-based nonprofit medical practice that offers compassionate, affordable, and comprehensive primary healthcare to adults aged 19-64 who are not covered by health insurance and do not qualify for Medicaid, Medicare, or VA Benefits.
 - Victory patients also have access to specialty care, including dental, optometry, and more, through partnerships with 170 medical providers in our community.

Specialized Care

- **AIDS Alabama South**
 - **Phone Number:** (251) 471-5277
 - **Address:** 4321 Downtowner Loop N., Mobile, AL 36609
 - **Hours:**
 - Client Services:
 - Monday-Friday, 8am-4:00pm, with appointment.
 - 4321 Downtowner Loop N., Mobile, AL 36609
 - 251-471-5277
 - **Web Address:** <https://www.aidsalabamasouth.org/>
 - **Programs:**
 - **Free HIV & STI Testing, Treatment & PrEP:** SHELL Health Services (AIDS Alabama South's clinic)
 - Walk-ins Welcome
 - 717 Downtowner Loop W., Mobile, AL 36609
 - 251-694-6049
 - When someone tests positive for HIV at our clinic, we connect them with a dedicated social worker who helps coordinate comprehensive care. This includes medical support, financial assistance, housing help, mental health counseling, nutrition programs, peer support groups, and transportation services.
 - **Our services include:**
 - Free HIV & STI testing
 - HIV & STI Treatment and PrEP

- Case management
 - Food support program
 - Housing assistance
 - Utility assistance
 - Transportation
 - Dental treatment
 - Linkage to care coordination
 - Mental health counseling
 - Support groups
- **Alabama Department of Mental Health - Office of Autism Services**
 - **Phone Number:** 1-800-499-1816
 - **Address:** 100 North Union St., Montgomery, AL 36130
 - **Web Address:** <https://mh.alabama.gov/autism-services/>
 - **Programs:**
 - Autism services are available for Medicaid-eligible children and youth with autism, aged birth through 20, who require more intensive support.
- **Alabama Department of Rehabilitation**
 - **Phone Number:**
 - (800) 879-8163
 - (251) 432-4560
 - **Address:** 1610 Center St. Suite A., Mobile, AL 36604
 - **Web Address:** <https://www.rehab.alabama.gov/>
 - **Programs:**
 - Early Intervention (EI) Birth to 3
 - Children's Rehabilitation (CRS) Under 21
 - Vocational Rehabilitation (VRS) Job Training
 - VRS – Blind and Deaf (VRS-BD) Specialized
 - Independent Living (SAIL) Homebound
 - From birth through adulthood, we have programs and a highly skilled, compassionate staff who can help assess your situation and provide the most appropriate treatment, therapies, and services. Whatever we can do to help you reach your maximum potential, we'll be with you and your family all the way.
- **Alabama Institute for the Deaf and Blind (AIDB)**
 - **Phone Number:** (251) 432-7777
 - **Address:** 1050 Government St., Mobile, AL 36604
 - **Web Address:** <https://www.aidb.org/Mobile>
 - **Programs:**
 - Recognized leader of diverse residential and community-based education
 - Rehabilitation
 - Employment programs that prepare individuals who are deaf, blind, deafblind, and multi-disabled to reach their potential in education, independence, and career
 - Sign Language Interpreter Services

- **AltaPointe Health**

- **Phone Number:**

- Access To Care: (251) 450-2211
 - Patient Relations: (833) 921-1811
 - Human Resources: (251) 450-5919

- **Address:** 5750 Southland Dr. # A. Mobile, AL 36693

- **Web Address:** <https://altapointe.org/>

- **Programs:**

- Shelter Plus Care
 - Projects for Assistance in Transition from Homelessness PATH
 - Semi-Independent Living
 - Rehabilitative Day Program
 - Jail Diversion
 - Substance Abuse
 - Children's Day Treatment (Mobile and Baldwin)
 - Reaching & Encouraging Active Parenting (REAP)
 - **Crisis Services for Children and Teens:** call (251) 450-2211 / (888) 335-3044 any time of the day or night
 - **Project Achieve:** Addresses the complex challenges of families with children diagnosed with mental illness and developmental disability.
 - **The Independent Living Program:** prepares young people for the challenges and opportunities they face as self-sufficient adults. The program serves young adults ages 16 to 21 who have either gainful employment or are in school full time. *Residents must be referred by the Alabama Department of Human Resources*
 - **Adolescent Independence Program:** Through a contract with the Alabama Department of Human Resources, Alta Pointe provides intensive services and support to young adults, ages 16 to 21, who are under DHR care. This home-like facility in Mobile County can accommodate ten young men. Group homes and a supported employment program are also available.

- **Autism Support of Alabama**

- **Phone Number:** 1-877-428-8476

- **Web Address:** <https://autism-alabama.org/>

- **Programs:**

- Information and resource assistance
 - Resource directory
 - Community education (i.e., parents, providers, family members) through our quarterly e-newsletter, exhibitions, speaking engagements, conferences, workshops and more.
 - Parent networking and support across the state. CARE Binders provide crucial resources for families in a binder which is designed to also be used as a mechanism for organizing medical, personal, and educational documents so that such information is easily accessible.
 - Community Events such as sensory sensitive activities, in addition to, events which promote awareness and acceptance of autism.
 - Safety Resources such as autism-related training for first responders and other safety resources for families to help in keeping their loved ones safe.

- **Family Grants** which provide financial assistance with providing respite care, ABA therapy or swim lessons, collaboration efforts with other state agencies to improve services for persons with autism spectrum disorders, **Sibshops** which provide an avenue for children and teens who have a brother or sister with autism to connect.
 - **Family Camps** which provide families with a weekend to get away, unplug and connect with each other and other families of children with autism from across the state by participating in traditional camp activities which are adapted for special needs.
- **Camp ASCCA**
 - **Phone Number:** (256) 825-9226
 - **Web Address:** <https://www.campascca.org/>
 - **Programs:**
 - Mission Statement: The Camp ASCCA mission is to help eligible individuals with disabilities and/or health impairments achieve equality, dignity, and maximum independence. This is to be accomplished through a safe and quality program of camping, therapeutic recreation, virtual programming, and education in a year-round barrier-free environment.
 - Our goal is to serve those who can derive maximum benefit from the resident camp experience and provide a healthier, happier, longer, and more productive life for children and adults of all abilities.
- **Catholic Social Services**
 - **Phone Number:** (251) 434-1500
 - **Address:** 188 S Florida St., Mobile, AL 36606
 - **Web Address:** <https://catholicsocialservices.org/ministries-and-services>
 - **Programs:**
 - Appointments for Emergency Assistance are made by phone, beginning at 8:45 A.M. on Friday, for the following week. All other program appointments can be made by calling (251) 434-1550.
 - Food Pantry:
 - Monday - Friday from 8:45 A.M. - 11:30 A.M.
 - And from 1:30 P.M. - 4:00 P.M.
 - Emergency Assistance
 - Pregnancy and parenting education
 - Adoption services counseling
 - Disability ministries and services
 - Refugee resettlement
 - St. Teresa of Calcutta Senior Ministries (non-medical) for seniors ages 60+
 - The Curiosity Shoppe is a resale store adjacent to our office.
 - Monday from Noon - 4:00 P.M.
 - Wednesday and Friday from 9:00 A.M. - 4:00 P.M.
- **East Coast Migrant Head Start Project (ECMHS)**
 - **Phone Number:** (251) 415-5002
 - **Address:** 851 East Interstate 65 Service Road South, Suite 506, Mobile, AL 36606

- **Web Address:** <https://www.ecmhsp.org/alabama>
- **Programs**
 - We provide free educational services for the children of agricultural workers, from 6 weeks to 5 years old.
 - The families that qualify and enroll in our program do not have to pay for any of the services they receive.
 - Parenting education, parent training on topics related to child development, nutrition, and health & safety, adult education in financial literacy, computer basics, ESL and more.
 - ECMHSP actively recruits and provides services to children suspected of or diagnosed with a disability.
 - The agency partners with local providers to ensure children with disabilities receive appropriate services in the least restrictive environment, ensuring full inclusion with non-disabled peers.
 - Active recruitment of children with disabilities. Children enrolled in our program visit their medical provider on a schedule of preventive and primary health care to ensure that growth is as expected, and any problem is identified early. This early identification can reduce complications, improve health outcomes, and ensure each child attending our program is ready to learn and succeed.
- **Epilepsy Foundation Alabama**
 - **Phone Number:**
 - **Office:** (205) 453-8205
 - **Helpline:** 800-332-1000
 - Monday through Friday 8:00 A.M. to 8:00 P.M. ET
 - <https://www.epilepsy.com/helpline>
 - **Address:** 3100 Lorna Rd., Suite 311, Birmingham, AL 35216
 - **Web Address:** <https://www.epilepsy.com/local/alabama>
 - **Programs:**
 - Provides epilepsy-related information & referral. Can help identify local resources and treatment providers specializing in epilepsy care and treatment. Provides information on agency outreach and education programs.
- **Epilepsy Treatment Program - USA Health**
 - **Phone Number:** (251) 660-5108
 - **Address:** 1601 Center St., Mobile, AL 36604
 - **Web Address:** <https://www.usahealthsystem.com/services/epilepsy-treatment-program>
 - **Programs:**
 - At USA Health, our neurologists provide a unique level of specialized care to patients with epilepsy by using advanced technology and an interdisciplinary approach.
 - We bring together specialists from multiple disciplines to collaborate on individualized epilepsy treatments for each patient. This team includes epileptologists (neurologists specially trained to treat people with epilepsy), neurosurgeons, neuropathologists, and nurses who specialize in epilepsy treatment.

- **Franklin Medical and Dental Express**
 - **Phone Number:** (251) 432-4117
 - **Address:** 1303 Dr. Martin Luther King Jr. Ave., Mobile, AL 36603
 - **Hours:** Monday - Friday from 8:00 A.M. – 5:00 P.M.
 - **Web Address:** <https://franklinprimary.org/>
 - **Programs:**
 - Dental: Exams, cleanings, sealants temporary fillings, extractions, partials, dentures, flippers, whitening
 - Franklin Medical & Dental Express: by appointment only.
 - Pediatrics
 - OB/GYN
 - Family medicine
 - Internal medicine
 - Geriatrics
 - Rheumatology
 - Optometry
 - Physical therapy
 - Nutrition services, wellness & fitness services
 - Social services
 - Substance abuse prevention and treatment
 - HIV/AIDS services including case management and health education
 - **Pharmacy**
 - Laboratory and x-ray
 - Transportation services for the homeless

- **Goodwill Gulf Coast**
 - **Phone Number:** (251) 471-1581
 - **Address:** 2440 Gordon Smith Dr., Mobile, AL 36617
 - **Web Address:** <https://www.goodwillgulfcoast.org/>
 - **Programs:**
 - Early childhood resources
 - GED and English Language Learner classes
 - Goodwill Gulf Coast is partnering with Mobile Public Library to offer small GED classes, tailored to YOU, on Tuesday and Thursday evenings beginning at 4:00 p.m. in the Technology Center at the Ben Main May Library. You must sign up in advance before joining the class. Complete the form to be entered into the state system and enroll in the class. For more information about GED classes, call LaToya with Goodwill Gulf Coast at 251-300-6278.
 - Work training and job search assistance
 - Medical and disability services are available as well.
 - **The We Share program** provides equipment such as wheelchairs, walkers, and personal care items, available at no cost, with limited funding from the Alabama Department of Rehab (STAR program). Medical equipment is available for anyone at all our retail stores (ask a cashier, items subject to availability).
 - **Kaleidoscope** is a program for younger adults who have recently transitioned out of high school and other non-senior adults who desire to remain active and engaged in structured daytime learning and

recreational activities. Our goal is to help adults with developmental and/or other disabilities to enhance skills and characteristics important to personal growth, happiness, and self-sufficiency through meaningful and challenging group activities. The program operates in Mobile on our Gordon Smith campus, Monday – Friday (7:30 – 5:00).

- Through the **Volunteer Income Tax Assistance (VITA)** program, low- to moderate-income families can file a Federal and State return for free with help from a volunteer, IRS-certified and trained tax preparer.
- **Child development center** in partnership with the local school system in Mobile. Children of all abilities receive high quality instruction with small child-staff ratios. Our center is in Mobile off Old Shell Road at Spring Hill Presbyterian Church.

- **Independent Living Center of Mobile**

- **Phone Number:** (251) 460-0301
- **Address:** 6750 Howell's Ferry Rd., Mobile, AL 36618
- **Web Address:** <https://ilcmobile.org/>
- **Programs:**
 - We provide several core services, including information and referral, advocacy, skills and training, peer support, transition to home setting, and additional services.

- **Individual & Family Support of South Alabama**

- **Phone Number:** (251) 438-1609
- **Address:** 1050 Government St., Mobile, AL 36604
- **Web Address:** <https://famsupport.com/>
- **Programs:**
 - I&FS strives to meet the unmet needs of individuals with developmental disabilities developed before the age of 22.
 - Assist with funds for transportation, bills, etc.
 - Help connect people with other resources and have an annual food, summer building program and toy drive.

- **Infirmity Cancer Care**

- **Phone Number:** (251) 435-2273
- **Address:** 5 Mobile Infirmity Cir., Mobile, AL 36607
- **Web Address:** <https://www.infirmityhealth.org/infirmity-cancer-care/>
- **Programs:**
 - Infirmity Cancer Care, an affiliate of the UAB O'Neal Comprehensive Cancer Center, provides comprehensive oncology services to the Mobile area and surrounding communities.
 - Access Infirmity Health's full network of resources, along with the research and expertise available through the UAB O'Neal Comprehensive Cancer Center.
 - From diagnosis, to treatment, and beyond, Infirmity Cancer Care is here to provide patients with cancer the care that they need.

- **Lifelines/Family Counseling Center of Mobile, Inc.**
 - **Phone Number:** (251) 602-0909
 - **Address:** 705 Oak Circle Drive E., Mobile, AL 36609
 - **Web Address:** <https://www.lifelinesmobile.org/>
 - **Programs:**
 - Mental & Emotional Wellness & Anger Counseling
 - Family, Marital & Divorce Counseling
 - Children & Adolescent Counseling
 - Grief & Loss
 - Budget & Debt Counseling
 - Housing Counseling
 - Suicide Support and Resources
 - Prevention Education
 - **Rape Crisis Center** 24/7 Victim Services call
 - (251) 602-0909 or 800-718-7273
 - Early Intervention
 - Regardless of if you are someone in need of services, or someone who wants to give back to the community, or both – there is a place for you at Lifelines. At Lifelines, we CARE. Through Counseling, Assistance, Referrals and Education, it is our goal to provide Real Solutions for Real Problems that are experienced as a part of daily living.
- **Mercy Life of Alabama**
 - **Phone Number:** (251) 287-8427
 - **Address:** 2900 Springhill Ave., Mobile, AL 36607
 - **Web Address:** <https://www.trinityhealthpace.org/alabama/mercy-life-of-alabama>
 - **Programs:**
 - Medical care
 - Transport
 - Physical therapy
 - Recreational therapy
 - Social services
 - Home help
 - Nutritional planning
 - Our unique care model provides a full spectrum of healthcare services, so seniors can live at home, stay connected to their community and ultimately maintain their independence.
 - Participants receive all healthcare services from Mercy Life of Alabama and our network of providers.
 - Social workers on call 24/7
 - Medication pick up assistance
 - Laundry and light housekeeping assistance
- **Mobile Infirmary**
 - **Phone Number:** (251) 435-2400
 - **Address:** 5 Mobile Infirmary Cir., Mobile, AL 36607
 - **Web Address:** <https://www.infirmaryhealth.org/>
 - **Programs:**
 - Infirmary Health's flagship hospital, Mobile Infirmary, was founded in 1910. With 667 licensed beds, including J.L. Bedsole / Rotary

Rehabilitation Hospital, it is among the leading hospitals in the state for surgical volume, houses a comprehensive cardiovascular program with a hybrid OR/Cath lab, the region's only long-term acute care hospital and a freestanding emergency department in Saraland.

- Mobile Infirmary also boasts a renowned cancer program, Infirmary Cancer Care with surgical, radiation and medical oncology
- Financial assistance program

- **New Age Academy**

- **Phone Number:** (251) 599-7621
- **Address:** 1000 Hillcrest Rd., Mobile, AL 36695
- **Web Address:** <https://www.facebook.com/tutoringnewage/>
- **Programs:**
 - Low-cost childcare after school
 - Sign Language Classes
 - Programs for Autistic Children.

- **Prism United**

- **Phone Number:** (251) 219-8441
- **Email Address:** Info@prismunited.org
- **Web Address:** <https://prismunited.org/>
- **Programs:**
 - Facilitated, curriculum-based virtual and in-person gatherings through our Prism Teens (14-18), Prism Pre-Teens (10-13), and Prism Families programs
 - Mental health support and free therapy services with our Prism Healing Fund
 - Referral Network of LGBTQ+-competent therapists, health professionals, and lawyers in Mobile and Baldwin counties
 - Access to HIV/STI testing and education
 - Special events and activities, such as workshops, seminars, and celebrations like our Prism Prom, Wig Walk, Gala, and Jack O' Lantern Jubilee, aimed at fostering community and providing opportunities for personal growth
 - Cultural competency training for students, educators, clinicians, employers, and other community members to enhance their understanding of LGBTQ+ issues and promote a more accepting environment
 - Prism United responds to the comprehensive needs of LGBTQ+ youth in Southwest Alabama. Specifically, Prism works to mitigate the psychological, socio-economic, and academic disadvantages caused by repression and victimization.

- **Project Life Saver**

- **Phone Number:** (251) 402-6811
- **Address:** 510 S. Royal St., Mobile, AL 36603
- **Web Address:** <https://www.mobileso.com/project/project-lifesaver/>
- **Programs:**
 - This program is designed to track participants who are traveling on foot; however, it also has proved to be an asset when other scenarios arise.

- If you are a caregiver of an individual with Alzheimer's, Autism, Down Syndrome, or a related disorder, and are interested in applying for Project Life Saver, call or email the contact information below.
 - This is a free service offered by Sheriff Paul Burch, so call today
- **Rape Crisis Center**
 - **Phone Number:**
 - **Local:** (251) 602-0909
 - **24/7 Hotline:** (800) 718-7273
 - **Address:** 705 Oak Cir. Dr. E., Mobile, AL 36609
 - **Web Address:** <https://www.lifelinesmobile.org/>
 - **Programs:**
 - **Counseling:** Free and confidential crisis counseling is provided to survivors of sexual violence. This is available for the survivor and their family, friends, intimate partners, or other secondary survivors.
 - **Legal Advocacy:** If a client wishes to press charges against her/his assailant, our staff will serve as an advocate throughout the law enforcement and criminal justice proceedings.
 - **Forensic Examination**, where do I go? - Specially trained to handle sexual assault cases, Sexual Assault Nurse Examiners (SANE) are available 24 hours a day at USA Children's and Women's Hospital in Mobile, AL. If you have been assaulted, a forensic exam can be performed and evidence collected up to 120 (preferably within 72) hours after the assault. Victim participation is at the discretion of the victim while at the hospital. A victim may decline any or all parts of the exam and choose whether to report to law enforcement. Trained volunteer advocates will meet you at the hospital.
 - **The Child Therapeutic Unit:** The Child Therapeutic Unit works with children of sexual and domestic abuse. Children and their families are referred through the Department of Human Resources, the Mobile Police Department, the Mobile Sheriff's Office, the Prichard Police Department or by calling the Rape Crisis Center Sexual Assault Hotline.
- **Ronald McDonald House Charities of Mobile**
 - **Phone Number:** (251) 694-6873
 - **Address:** 1626 Springhill Ave., Mobile, AL 36604
 - **Web Address:** <https://rmhcmobile.org/>
 - **Programs:**
 - Ronald McDonald House Charities Mobile provides a supportive home environment offering care, compassion, and hope to families with seriously ill and injured children being treated at area hospitals.
 - To qualify, families must have a child 21 years of age or younger being treated in one of our area hospitals and live at least 20-25 miles away, respite is also available upon request for those who qualify. Hospital staff must provide a referral for accommodation.
 - The building has 38 guest rooms that are assigned on a first-come, first-served basis and a waiting list will be used during periods of high demand.

- We provide all the comforts of home, meals, drinks and snacks, laundry facilities, a beautiful kitchen, dining room, playroom, playground, computer room and even a workout room.
 - For questions, call the on-duty manager at (251) 694-6873.
- **Shell Health**
 - **Phone Number:** (251) 694-6049
 - **Address:** 4321 Downtowner Loop N. Mobile, AL 36609
 - **Hours:**
 - Monday–Thursday, 9:00 A.M. – 4:00 P.M.
 - Friday by appointment only
 - **Web Address:** <https://www.shellhealth.org/>
 - **Programs:**
 - SHELL Health is a clinic within AIDS Alabama South aimed at helping individuals take control of their sexual health in an uplifting, affirming, and radically inclusive environment.
 - HIV treatment and care
 - Hepatitis C testing and treatment
 - PrEP (Pre-Exposure Prophylaxis)
 - PEP (Post-Exposure Prophylaxis)
 - Sexually transmitted infection (STI) testing and treatment
- **Sickle Cell Disease Association of America, Mobile Chapter**
 - **Phone Number:** (251) 432-0301
 - **Address:** 1453 Springhill Ave., Mobile, AL 36604
 - **Hours:** Monday - Friday from 8:30 A.M. - 5:00 P.M.
 - **Web Address:** <https://www.scdmobile.org/>
 - **Programs:**
 - Our mission is to advocate for and enhance our membership's ability to improve the quality of health, life, and services for individuals, families, and communities affected by sickle cell disease and related conditions while promoting the search for a cure for all people in the world with sickle cell disease.
 - In addition to Mobile County, the SCDA – Mobile Chapter serves eight additional counties in Alabama: Baldwin, Escambia, Choctaw, Clarke, Conecuh, Covington, Monroe, and Washington.
- **Southern Cancer Center**
 - **Phone Number:** (888) 625-6896
 - **Address:** 6701 Airport Blvd. Building B., Mobile, AL 36695
 - **Web Address:** <https://www.southerncancercenter.com/>
 - **Programs:**
 - We're dedicated to delivering targeted cancer therapies with supportive cancer care services. Our specialists routinely review your care plan to help improve your survivorship and quality of life.
 - Your multispecialty care team may include medical oncologists, radiation oncologists, surgeons, and other cancer specialists who diagnose and treat many types of cancer, including: Blood disorders, anemia, blood clots (DVT, PE); Brain cancer (primary and benign); Breast cancer; Cancers of the blood, including leukemia, multiple myeloma, non-

Hodgkin's lymphoma, Hodgkin's disease and myeloproliferative neoplasm; Gastrointestinal (GI) cancers, including colon, liver and pancreatic; Genitourinary (GU) cancers, including bladder, prostate and kidney; Gynecologic cancers, including endometrial, ovarian and cervical; Head and neck cancers; Lung and esophageal cancer; Skin cancer, including basal cell, melanoma and squamous cell; Other types of cancer.

- **USA Health: Children's & Women's Hospital**

- **Phone Number:** (251) 415-1000
- **Address:** 1700 Center St., Mobile, AL 36604
- **Web Address:** <https://www.usahealthsystem.com/locations/childrens-womens-hospital>
- **Programs:**
 - We provide highly regarded surgical, oncological, clinical and acute care to women and children. Our team of physician specialists, nurses and technicians care for the medical needs of women and children with a family-centered approach.

- **USA Health: Mitchell Cancer Institute**

- **Phone Number:** (251) 665-8000
- **Address:** 1660 SpringHill Ave., Mobile, AL 36604
- **Hours:** Monday – Friday from 8 A.M. to 5 P.M.
- **Web Address:** <https://www.usahealthsystem.com/locations/mitchell-cancer-institute>
- **Programs:**
 - Our mission is to discover, develop and deliver innovative solutions to improve cancer outcomes. Every breakthrough we make is built on an advancement of knowledge through science.

- **USA Health: Providence Hospital**

- **Phone Number:** (251) 633-1000
- **Address:** 6801 Airport Blvd., Mobile, AL 36608
- **Web Address:** <https://www.usahealthsystem.com/locations/providence>
- **Programs:**
 - USA Health Providence in Mobile, Alabama, is a full-service 349-bed hospital with 24/7 emergency care that also operates an outpatient diagnostic center and a freestanding rehabilitation and wellness center.
 - We provide advanced surgical care for serious and life-threatening injuries and illnesses. Our care teams listen to understand your health needs and deliver care that's right for you. Ascension Providence is a destination for specialty care. We offer a wide range of minimally invasive procedures, imaging, lab tests, wound care, rehabilitation services and diabetes care, all on one campus.

- **USA Health: Regional Autism Network**

- **Phone Number:** (251) 410-4533
- **Web Address:** <https://www.usahealthsystem.com/services/usa-regional-autism-network>

- **Programs:**
 - Provides community members with general information about autism spectrum disorder, guides callers to resources available to meet individualized needs, and assists with problem-solving for individuals, families, and professionals who work with individuals with autism spectrum disorder
 - Provides information about best practice standards developed, and endorsed by the AIACC
 - Provides opportunities for training and consultation to parents and professionals that are specific to needs identified in the region by utilizing the collective expertise of various departments and programs within the University of South Alabama.
 - Identifies and promotes development of programs that are underrepresented in the region, to benefit individuals with autism spectrum disorder, their care providers and educators
- **USA Health: University Hospital**
 - **Phone Number:** (251) 471-7000
 - **Address:** 2451 University Hospital Dr., Mobile, AL 36617
 - **Web Address:** <https://www.usahealthsystem.com/locations/university-hospital>
 - **Programs:**
 - USA Health University Hospital is an acute care facility serving as the major referral center for southwest Alabama, southeast Mississippi, and portions of northwest Florida.
 - We offer centers for Level I trauma, burn, stroke, cardiovascular disease, and sickle cell disease.
 - As a teaching and research facility for the Frederick P. Whiddon College of Medicine at the University of South Alabama, University Hospital plays a key role in the development of new technology, treatments, and training of future healthcare professionals.
 - The hospital also includes outpatient care services such as cardiology, medicine, and surgery.
 - **Financial assistance** available at <https://www.usahealthsystem.com/bill-pay/financial-assistance>
- **Veterans Recovery Resources**
 - **Phone Number:** (251) 405-3677
 - **Email Address:** info@vetsrecover.org
 - **Address:** 1200 Springhill Ave., Mobile, AL 36604
 - **Web Address:** <https://vetsrecover.org/>
 - **Programs:**
 - Welcome to Vets Recover, a trusted organization dedicated to providing comprehensive care and support to veterans, first responders, and their families. Our mission is to remove barriers to care, deliver quality integrated health care, and build a better community through recovery and connection.
 - Our Outpatient Facility delivers the highest quality integrated healthcare and accelerates well-being to treat the whole person while providing hope and healing. We offer primary care screening and monitoring; psychiatric

rehabilitation; behavioral health services, peer support services, transportation assistance, and more

- We are working to remove barriers to care by offering services such as Telehealth, transportation assistance, and 24/7 Crisis Care.

- **Workforce Alabama**

- **Phone Number:** (251) 461-4146
- **Address:** 515 Springhill Plaza Ct., Mobile, AL 36608
- **Web Address:** <https://alabamaworks.alabama.gov/vosnet/default.aspx>
- **Programs:**
 - Alabama's network of 57 **One-Stop Alabama Career Centers** and satellites are strategically located throughout the state.
 - Job search and development, occupational and educational training, vocational rehabilitation, veterans' services, and unemployment insurance information are offered.